



Grand Prix Polski
Kraków, 22 - 23/10/2016



Event 14
22/10/2016 - 19:25

Men, 400m Medley

14 years and older
Results

Points: FINA 2016

Rank			YB						Time	Pts
1.	Zbutowicz Karol SOL		98		Kormoran Olsztyn				4:16.18	776
	50m:	28.50 28.50	150m:	1:33.88 33.18	250m:	2:41.45 35.70	350m:	3:47.91 30.42		
	100m:	1:00.70 32.20	200m:	2:05.75 31.87	300m:	3:17.49 36.04	400m:	4:16.18 28.27		
2.	Wagrowski Marcel Sms Aleksandrow L99zki		99		Olimpijczyk - SMS Aleksandrow				4:18.88	752
	50m:	27.10 27.10	150m:	1:31.02 33.05	250m:	2:40.98 37.58	350m:	3:49.20 30.51		
	100m:	57.97 30.87	200m:	2:03.40 32.38	300m:	3:18.69 37.71	400m:	4:18.88 29.68		
3.	Szwedzki Dawid		94		Slask Wroclaw				4:20.34	740
	50m:	27.99 27.99	150m:	1:32.69 32.97	250m:	2:41.59 36.24	350m:	3:49.97 31.50		
	100m:	59.72 31.73	200m:	2:05.35 32.66	300m:	3:18.47 36.88	400m:	4:20.34 30.37		
4.	Kubkowski Bartlomiej		95		Kormoran Olsztyn				4:23.08	717
	50m:	29.04 29.04	150m:	1:35.16 33.92	250m:	2:44.76 36.26	350m:	3:52.99 31.11		
	100m:	1:01.24 32.20	200m:	2:08.50 33.34	300m:	3:21.88 37.12	400m:	4:23.08 30.09		
5.	Koziejko Bartlomiej SOL		00		Kormoran Olsztyn				4:24.97	702
	50m:	28.93 28.93	150m:	1:36.21 34.86	250m:	2:47.58 37.10	350m:	3:55.84 30.68		
	100m:	1:01.35 32.42	200m:	2:10.48 34.27	300m:	3:25.16 37.58	400m:	4:24.97 29.13		
6.	Kaczmarski Marcin		94		AZS AWF Warszawa				4:26.26	691
	50m:	27.30 27.30	150m:	1:31.18 32.75	250m:	2:44.86 41.07	350m:	3:57.09 30.54		
	100m:	58.43 31.13	200m:	2:03.79 32.61	300m:	3:26.55 41.69	400m:	4:26.26 29.17		
7.	Dubiel Adam		93		AZS AWF Warszawa				4:32.76	643
	50m:	28.41 28.41	150m:	1:35.43 34.18	250m:	2:49.01 39.99	350m:	4:01.56 32.14		
	100m:	1:01.25 32.84	200m:	2:09.02 33.59	300m:	3:29.42 40.41	400m:	4:32.76 31.20		
8.	Morawski Krzysztof		94		TP Zielona Gora				4:33.53	638
	50m:	29.05 29.05	150m:	1:36.81 34.45	250m:	2:49.78 39.23	350m:	4:02.49 32.76		
	100m:	1:02.36 33.31	200m:	2:10.55 33.74	300m:	3:29.73 39.95	400m:	4:33.53 31.04		
9.	Lechowicz Filip		97		AZS AGH Krakow				4:33.69	637
	50m:	29.48 29.48	150m:	1:39.51 35.10	250m:	2:52.85 38.81	350m:	4:04.00 31.94		
	100m:	1:04.41 34.93	200m:	2:14.04 34.53	300m:	3:32.06 39.21	400m:	4:33.69 29.69		
10.	Jarosz Dawid SWwa		99		Wodnik Konskie				4:33.73	636
	50m:	29.08 29.08	150m:	1:38.82 36.34	250m:	2:53.56 38.90	350m:	4:04.39 31.58		
	100m:	1:02.48 33.40	200m:	2:14.66 35.84	300m:	3:32.81 39.25	400m:	4:33.73 29.34		
11.	Palmi-Kukielko Mieszko		93		Slask Wroclaw				4:33.99	634
	50m:	28.46 28.46	150m:	1:37.82 36.58	250m:	2:53.83 39.65	350m:	4:04.22 30.71		
	100m:	1:01.24 32.78	200m:	2:14.18 36.36	300m:	3:33.51 39.68	400m:	4:33.99 29.77		
12.	Walaszek Jędrzej SOL		98		Kormoran Olsztyn				4:34.55	631
	50m:	29.57 29.57	150m:	1:42.18 38.38	250m:	2:54.77 36.31	350m:	4:03.97 33.28		
	100m:	1:03.80 34.23	200m:	2:18.46 36.28	300m:	3:30.69 35.92	400m:	4:34.55 30.58		
13.	Lapot Radoslaw SR		99		MOS Katowice				4:34.65	630
	50m:	28.86 28.86	150m:	1:37.26 34.76	250m:	2:51.25 39.41	350m:	4:03.53 32.49		
	100m:	1:02.50 33.64	200m:	2:11.84 34.58	300m:	3:31.04 39.79	400m:	4:34.65 31.12		
14.	Hojda Bartlomiej SO		98		Unia Oswiecim				4:34.79	629
	50m:	29.76 29.76	150m:	1:40.04 35.71	250m:	2:54.63 39.28	350m:	4:05.49 31.76		
	100m:	1:04.33 34.57	200m:	2:15.35 35.31	300m:	3:33.73 39.10	400m:	4:34.79 29.30		
15.	Gawron Oskar SWR		99		Slask Wroclaw				4:34.82	629
	50m:	30.19 30.19	150m:	1:39.51 35.47	250m:	2:53.09 38.40	350m:	4:04.67 32.50		
	100m:	1:04.04 33.85	200m:	2:14.69 35.18	300m:	3:32.17 39.08	400m:	4:34.82 30.15		
16.	Kempa Mikolaj		99		MMKS Kedzierzyn Kozle				4:34.94	628
	50m:	28.66 28.66	150m:	1:37.90 36.24	250m:	2:52.95 38.78	350m:	4:05.69 32.28		
	100m:	1:01.66 33.00	200m:	2:14.17 36.27	300m:	3:33.41 40.46	400m:	4:34.94 29.25		
17.	Niedzialek Dominik SL		98		Skarpa Lublin				4:36.68	616
	50m:	29.16 29.16	150m:	1:38.97 36.08	250m:	2:54.10 40.11	350m:	4:06.12 31.31		
	100m:	1:02.89 33.73	200m:	2:13.99 35.02	300m:	3:34.81 40.71	400m:	4:36.68 30.56		



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Rank		YB						Time	Pts
18.	Ciaston Sebastian SO	99	Unia Oswiecim					4:36.82	615
	50m: 30.01 30.01	150m: 1:40.24	35.65	250m: 2:54.46	39.01	350m: 4:05.66	32.01		
	100m: 1:04.59 34.58	200m: 2:15.45	35.21	300m: 3:33.65	39.19	400m: 4:36.82	31.16		
19.	Urbanski Michal	97	AZS AWF Warszawa					4:37.14	613
	50m: 29.36 29.36	150m: 1:39.30	36.88	250m: 2:52.79	36.83	350m: 4:04.67	33.42		
	100m: 1:02.42 33.06	200m: 2:15.96	36.66	300m: 3:31.25	38.46	400m: 4:37.14	32.47		
20.	Jaworski Szymon	01	Salmo Zory					4:38.16	606
	50m: 29.69 29.69	150m: 1:39.58	35.51	250m: 2:54.92	40.20	350m: 4:07.37	32.04		
	100m: 1:04.07 34.38	200m: 2:14.72	35.14	300m: 3:35.33	40.41	400m: 4:38.16	30.79		
21.	Kuczak Adam SWR	00	TP Zielona Gora					4:38.21	606
	50m: 29.88 29.88	150m: 1:38.97	34.79	250m: 2:53.12	40.59	350m: 4:06.81	33.04		
	100m: 1:04.18 34.30	200m: 2:12.53	33.56	300m: 3:33.77	40.65	400m: 4:38.21	31.40		
22.	Butkiewicz Cezary	00	G-8 Bielany Warszawa					4:40.35	592
	50m: 28.80 28.80	150m: 1:39.32	36.45	250m: 2:55.07	39.86	350m: 4:08.58	32.45		
	100m: 1:02.87 34.07	200m: 2:15.21	35.89	300m: 3:36.13	41.06	400m: 4:40.35	31.77		
23.	Kaluzynski Antoni	99	Warszawianka Wodny Park W-wa					4:40.54	591
	50m: 29.58 29.58	150m: 1:41.79	37.71	250m: 2:59.73	41.31	350m: 4:11.83	30.60		
	100m: 1:04.08 34.50	200m: 2:18.42	36.63	300m: 3:41.23	41.50	400m: 4:40.54	28.71		
24.	Walczysko Jakub	00	CSiR MOS Dabrowa Grn.					4:40.74	590
	50m: 30.25 30.25	150m: 1:40.91	36.04	250m: 2:56.00	39.40	350m: 4:08.32	32.87		
	100m: 1:04.87 34.62	200m: 2:16.60	35.69	300m: 3:35.45	39.45	400m: 4:40.74	32.42		
25.	Kazmierczak Wojciech	97	Warszawianka Wodny Park W-wa					4:41.57	585
	50m: 29.44 29.44	150m: 1:39.56	36.32	250m: 2:56.53	40.94	350m: 4:10.41	32.74		
	100m: 1:03.24 33.80	200m: 2:15.59	36.03	300m: 3:37.67	41.14	400m: 4:41.57	31.16		
	Sodel Dominik	97	AZS AWF Katowice					4:41.57	585
	50m: 29.80 29.80	150m: 1:41.93	37.66	250m: 2:59.26	40.15	350m: 4:12.62	32.34		
	100m: 1:04.27 34.47	200m: 2:19.11	37.18	300m: 3:40.28	41.02	400m: 4:41.57	28.95		
27.	Marczuk Szymon SL	99	AZS UMCS Lublin					4:41.59	584
	50m: 29.37 29.37	150m: 1:39.89	35.98	250m: 2:55.86	40.83	350m: 4:10.37	32.37		
	100m: 1:03.91 34.54	200m: 2:15.03	35.14	300m: 3:38.00	42.14	400m: 4:41.59	31.22		
28.	Glyk Wojciech	92	AZS AWF Katowice					4:41.94	582
	50m: 30.47 30.47	150m: 1:42.96	37.93	250m: 2:59.71	39.63	350m: 4:12.64	32.30		
	100m: 1:05.03 34.56	200m: 2:20.08	37.12	300m: 3:40.34	40.63	400m: 4:41.94	29.30		
29.	Elgalal Sami	01	UKS SP 149 Lodz					4:43.42	573
	50m: 29.53 29.53	150m: 1:40.67	35.80	250m: 2:57.92	41.64	350m: 4:11.57	32.18		
	100m: 1:04.87 35.34	200m: 2:16.28	35.61	300m: 3:39.39	41.47	400m: 4:43.42	31.85		
30.	Mayerberg Kacper SO	00	Unia Oswiecim					4:47.01	552
	50m: 30.02 30.02	150m: 1:43.59	38.61	250m: 3:01.65	40.92	350m: 4:15.93	32.63		
	100m: 1:04.98 34.96	200m: 2:20.73	37.14	300m: 3:43.30	41.65	400m: 4:47.01	31.08		
31.	Blaszczyk Kacper Sms Aleksandrow L.00		Olimpijczyk - SMS Aleksandrow					4:47.32	550
	50m: 30.06 30.06	150m: 1:43.23	38.23	250m: 3:01.11	40.76	350m: 4:16.69	33.80		
	100m: 1:05.00 34.94	200m: 2:20.35	37.12	300m: 3:42.89	41.78	400m: 4:47.32	30.63		
32.	Zaremba Jakub	01	Slask Wroclaw					4:47.38	550
	50m: 29.77 29.77	150m: 1:41.53	37.13	250m: 2:58.32	40.44	350m: 4:14.16	34.16		
	100m: 1:04.40 34.63	200m: 2:17.88	36.35	300m: 3:40.00	41.68	400m: 4:47.38	33.22		
33.	Koziel Mikolaj SO	02	Unia Oswiecim					4:47.71	548
	50m: 30.59 30.59	150m: 1:42.70	36.51	250m: 3:00.98	41.80	350m: 4:15.95	32.87		
	100m: 1:06.19 35.60	200m: 2:19.18	36.48	300m: 3:43.08	42.10	400m: 4:47.71	31.76		
34.	Rajca Wiktor	02	UKS 190 Lodz					4:47.99	546
	50m: 30.70 30.70	150m: 1:43.02	37.62	250m: 3:02.08	41.81	350m: 4:16.86	33.85		
	100m: 1:05.40 34.70	200m: 2:20.27	37.25	300m: 3:43.01	40.93	400m: 4:47.99	31.13		



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Rank			YB						Time	Pts
35.	Krzywania Oskar		02	UKS SP 149 Lodz					4:52.62	521
	50m: 31.84	31.84	150m: 1:45.97	37.91	250m: 3:05.96	42.48	350m: 4:21.34	32.69		
	100m: 1:08.06	36.22	200m: 2:23.48	37.51	300m: 3:48.65	42.69	400m: 4:52.62	31.28		
36.	Wankowicz Blazej		99	Warszawianka Wodny Park W-wa					4:52.69	520
	50m: 30.31	30.31	150m: 1:44.19	39.39	250m: 3:05.04	42.85	350m: 4:21.84	34.00		
	100m: 1:04.80	34.49	200m: 2:22.19	38.00	300m: 3:47.84	42.80	400m: 4:52.69	30.85		
37.	Guzy Marcel		01	Vega Dobrodzien					4:52.92	519
	50m: 30.94	30.94	150m: 1:45.39	38.34	250m: 3:02.95	40.30	350m: 4:18.50	35.30		
	100m: 1:07.05	36.11	200m: 2:22.65	37.26	300m: 3:43.20	40.25	400m: 4:52.92	34.42		
38.	Kowalski Kacper		01	GIM 92 Ursynow W-wa					4:53.05	518
	50m: 30.58	30.58	150m: 1:41.97	35.40	250m: 3:00.33	43.18	350m: 4:19.64	35.34		
	100m: 1:06.57	35.99	200m: 2:17.15	35.18	300m: 3:44.30	43.97	400m: 4:53.05	33.41		
	Girul Radoslaw SWR		01	Slask Wroclaw					4:53.05	518
	50m: 30.61	30.61	150m: 1:43.82	38.30	250m: 3:04.54	44.01	350m: 4:21.92	33.83		
	100m: 1:05.52	34.91	200m: 2:20.53	36.71	300m: 3:48.09	43.55	400m: 4:53.05	31.13		
40.	Chromik Mateusz SO		00	Unia Oswiecim					4:53.86	514
	50m: 30.76	30.76	150m: 1:44.22	37.23	250m: 3:02.32	41.79	350m: 4:20.07	35.96		
	100m: 1:06.99	36.23	200m: 2:20.53	36.31	300m: 3:44.11	41.79	400m: 4:53.86	33.79		
41.	Sadlo Marcel		01	CSiR MOS Dabrowa Grn.					4:54.01	513
	50m: 29.93	29.93	150m: 1:43.91	38.61	250m: 3:02.40	41.00	350m: 4:19.55	35.22		
	100m: 1:05.30	35.37	200m: 2:21.40	37.49	300m: 3:44.33	41.93	400m: 4:54.01	34.46		
42.	Szymanek Sebastian		98	Warszawianka Wodny Park W-wa					4:54.72	510
	50m: 31.30	31.30	150m: 1:47.87	40.11	250m: 3:07.30	39.67	350m: 4:22.25	35.09		
	100m: 1:07.76	36.46	200m: 2:27.63	39.76	300m: 3:47.16	39.86	400m: 4:54.72	32.47		
43.	Zdziebło Piotr		02	Salmo Zory					4:54.85	509
	50m: 31.29	31.29	150m: 1:46.30	38.62	250m: 3:06.49	42.67	350m: 4:22.69	34.31		
	100m: 1:07.68	36.39	200m: 2:23.82	37.52	300m: 3:48.38	41.89	400m: 4:54.85	32.16		
44.	Zbrozek Radoslaw		99	UKS SMS Galicja Krakow					4:55.61	505
	50m: 30.81	30.81	150m: 1:45.73	39.51	250m: 3:06.53	43.22	350m: 4:23.13	33.53		
	100m: 1:06.22	35.41	200m: 2:23.31	37.58	300m: 3:49.60	43.07	400m: 4:55.61	32.48		
45.	Muc Filip		01	CSiR MOS Dabrowa Grn.					4:57.29	497
	50m: 31.70	31.70	150m: 1:47.45	38.21	250m: 3:06.89	40.73	350m: 4:23.65	34.78		
	100m: 1:09.24	37.54	200m: 2:26.16	38.71	300m: 3:48.87	41.98	400m: 4:57.29	33.64		
46.	Janecki Mateusz		01	Palac Młodzieży Katowice					4:58.53	490
	50m: 31.26	31.26	150m: 1:49.79	40.14	250m: 3:10.99	42.54	350m: 4:26.49	33.30		
	100m: 1:09.65	38.39	200m: 2:28.45	38.66	300m: 3:53.19	42.20	400m: 4:58.53	32.04		
47.	Hano Grzegorz SWR		00	Slask Wroclaw					4:59.62	485
	50m: 30.44	30.44	150m: 1:46.97	39.66	250m: 3:08.88	44.52	350m: 4:26.05	33.38		
	100m: 1:07.31	36.87	200m: 2:24.36	37.39	300m: 3:52.67	43.79	400m: 4:59.62	33.57		
48.	Pawlowski Bogdan		00	Bobry Debica					5:01.10	478
	50m: 30.92	30.92	150m: 1:47.68	39.25	250m: 3:09.53	43.94	350m: 4:27.87	34.46		
	100m: 1:08.43	37.51	200m: 2:25.59	37.91	300m: 3:53.41	43.88	400m: 5:01.10	33.23		
49.	Gozdziaszek Krystian		02	Bobry Debica					5:03.75	466
	50m: 32.89	32.89	150m: 1:52.04	41.49	250m: 3:14.97	43.08	350m: 4:32.10	34.51		
	100m: 1:10.55	37.66	200m: 2:31.89	39.85	300m: 3:57.59	42.62	400m: 5:03.75	31.65		
50.	Szynawa Wiktor		02	Wodnik Siemianowice Sl.					5:03.91	465
	50m: 33.08	33.08	150m: 1:52.84	39.96	250m: 3:11.98	40.16	350m: 4:31.21	36.47		
	100m: 1:12.88	39.80	200m: 2:31.82	38.98	300m: 3:54.74	42.76	400m: 5:03.91	32.70		
51.	Paszko Mikołaj		01	UKS SMS Galicja Krakow					5:04.03	464
	50m: 30.55	30.55	150m: 1:45.29	39.51	250m: 3:09.10	44.37	350m: 4:30.98	36.64		
	100m: 1:05.78	35.23	200m: 2:24.73	39.44	300m: 3:54.34	45.24	400m: 5:04.03	33.05		



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52.	Las Wiktor		00	Slask Wroclaw					5:05.05	460
	50m: 31.33	31.33	150m: 1:48.53	40.44	250m: 3:10.28	42.90	350m: 4:30.94	36.19		
	100m: 1:08.09	36.76	200m: 2:27.38	38.85	300m: 3:54.75	44.47	400m: 5:05.05	34.11		
53.	Petlak Tadeusz		00	Warszawianka Wodny Park W-wa					5:05.52	457
	50m: 30.79	30.79	150m: 1:51.01	41.86	250m: 3:13.41	41.51	350m: 4:31.32	36.03		
	100m: 1:09.15	38.36	200m: 2:31.90	40.89	300m: 3:55.29	41.88	400m: 5:05.52	34.20		
54.	Rogulin Bogdan SO		01	Unia Oswiecim					5:07.85	447
	50m: 31.80	31.80	150m: 1:50.86	40.66	250m: 3:12.04	41.37	350m: 4:32.25	37.16		
	100m: 1:10.20	38.40	200m: 2:30.67	39.81	300m: 3:55.09	43.05	400m: 5:07.85	35.60		
55.	Moryl Wojciech SO		02	MMKS Kedzierzyn Kozle					5:09.92	438
	50m: 33.28	33.28	150m: 1:50.11	39.13	250m: 3:14.83	46.15	350m: 4:36.19	35.13		
	100m: 1:10.98	37.70	200m: 2:28.68	38.57	300m: 4:01.06	46.23	400m: 5:09.92	33.73		
56.	Augustyn Aleksander		00	Fregata Kolbuszowa					5:12.55	427
	50m: 32.12	32.12	150m: 1:50.66	41.18	250m: 3:16.04	45.56	350m: 4:37.77	36.06		
	100m: 1:09.48	37.36	200m: 2:30.48	39.82	300m: 4:01.71	45.67	400m: 5:12.55	34.78		
57.	Bartosiewicz Remigiusz		02	Wodnik Siemianowice Sl.					5:13.95	422
	50m: 32.31	32.31	150m: 1:51.30	40.16	250m: 3:18.38	46.71	350m: 4:42.02	35.41		
	100m: 1:11.14	38.83	200m: 2:31.67	40.37	300m: 4:06.61	48.23	400m: 5:13.95	31.93		
58.	Platek Maciej SO		02	Unia Oswiecim					5:17.31	408
	50m: 34.40	34.40	150m: 1:54.36	40.51	250m: 3:18.81	44.92	350m: 4:41.51	37.00		
	100m: 1:13.85	39.45	200m: 2:33.89	39.53	300m: 4:04.51	45.70	400m: 5:17.31	35.80		
59.	Ateshev Bogdan		01	UKS SMS Galicja Krakow					5:19.55	400
	50m: 30.29	30.29	150m: 1:46.47	40.25	250m: 3:13.98	46.16	350m: 4:40.85	38.74		
	100m: 1:06.22	35.93	200m: 2:27.82	41.35	300m: 4:02.11	48.13	400m: 5:19.55	38.70		
60.	Lewandowski Jakub SO		02	Unia Oswiecim					5:22.83	388
	50m: 34.71	34.71	150m: 1:58.43	42.43	250m: 3:26.11	47.10	350m: 4:48.91	35.68		
	100m: 1:16.00	41.29	200m: 2:39.01	40.58	300m: 4:13.23	47.12	400m: 5:22.83	33.92		