

Zimowe Mistrzostwa Okręgu Małopolskiego
Zabierzów, 13. - 14.12.2008

Konkurencja 18
13.12.2008 - 17:10

Ch³opców, 400m dowolny

10 - 12 lat
Wyniki

Punkty: FINA 2008

Pozycja			Rok ur.					Czas	Pkt.
10 - 11 lat									
1.	Skrzypek Grzegorz		97	MKS Jordan Kraków				5:26.57	297
	50m:	38.20 38.20	150m:	2:04.48	250m:	3:28.48 41.94	350m:	4:49.95	40.22
	100m:	2:12.23 1:34.03	200m:	2:46.54 42.06	300m:	4:09.73 41.25	400m:	5:26.57	36.62
2.	Ruszkowski Kacper		97	UKS Ósemka Oświęcim				5:27.32	295
	50m:	37.23 37.23	150m:	2:00.48	250m:	3:25.45 42.62	350m:	4:48.89	41.09
	100m:	1:18.42 41.19	200m:	2:42.83 42.35	300m:	4:07.80 42.35	400m:	5:27.32	38.43
3.	Lechowicz Filip		97	MKS Jordan Kraków				5:27.36	295
	50m:	38.51 38.51	150m:	2:04.08	250m:	3:29.95 42.65	350m:	4:50.64	39.06
	100m:	1:20.86 42.35	200m:	2:47.30 43.22	300m:	4:11.58 41.63	400m:	5:27.36	36.72
4.	Węglarz Kamil		97	UKS Ósemka Oświęcim				5:33.42	279
	50m:	37.80 37.80	150m:	2:03.39	250m:	3:28.51 42.41	350m:	4:52.89	42.19
	100m:	1:20.13 42.33	200m:	2:46.10 42.71	300m:	4:10.70 42.19	400m:	5:33.42	40.53
5.	Sowier Wojciech		97	MKS Jordan Kraków				5:36.04	272
	50m:	38.04 38.04	150m:	2:06.23	250m:	3:33.00 43.14	350m:	4:55.64	41.44
	100m:	1:22.20 44.16	200m:	2:49.86 43.63	300m:	4:14.20 41.20	400m:	5:36.04	40.40
6.	M ³ ynarczyk Adrian		97	MKS Jordan Kraków				5:44.54	253
	50m:	38.26 38.26	150m:	2:06.26	250m:	3:35.36 43.97	350m:	5:03.17	43.37
	100m:	1:22.00 43.74	200m:	2:51.39 45.13	300m:	4:19.80 44.44	400m:	5:44.54	41.37
7.	Wojcieszko Marcin		97	TS P ³ ywak Bochnia				5:51.42	238
	50m:	38.80 38.80	150m:	2:07.08	250m:	3:38.14 46.03	350m:	5:08.51	45.49
	100m:	1:21.95 43.15	200m:	2:52.11 45.03	300m:	4:23.02 44.88	400m:	5:51.42	42.91
12 lat									
1.	Wojdak Wojciech		96	KS Wiking Brzesko				4:34.05	502
	50m:	31.56 31.56	150m:	1:40.10	250m:	2:50.69 35.18	350m:	4:00.16	34.34
	100m:	1:05.47 33.91	200m:	2:15.51 35.41	300m:	3:25.82 35.13	400m:	4:34.05	33.89
2.	Mucha Kamil		96	MKS Jordan Kraków				4:44.82	447
	50m:	32.48 32.48	150m:	1:44.70	250m:	2:58.81 37.74	350m:	4:09.64	36.00
	100m:	1:08.36 35.88	200m:	2:21.07 36.37	300m:	3:33.64 34.83	400m:	4:44.82	35.18
3.	Cho ³ da Jakub		96	MKS Jordan Kraków				4:55.13	402
	50m:	33.04 33.04	150m:	1:46.39	250m:	3:01.76 37.76	350m:	4:18.04	38.34
	100m:	1:09.29 36.25	200m:	2:24.00 37.61	300m:	3:39.70 37.94	400m:	4:55.13	37.09
4.	Kica Pawe ³		96	MKS Jordan Kraków				4:55.23	402
	50m:	33.73 33.73	150m:	1:50.07	250m:	3:05.51 36.91	350m:	4:19.48	36.56
	100m:		200m:	2:28.60 38.53	300m:	3:42.92 37.41	400m:	4:55.23	35.75
5.	Ko ³ odziejczyk Patryk		96	UKS Ósemka Oświęcim				4:56.42	397
	50m:	33.51 33.51	150m:	1:47.29	250m:	3:03.16 37.93	350m:	4:19.29	37.97
	100m:	1:10.00 36.49	200m:	2:25.23 37.94	300m:	3:41.32 38.16	400m:	4:56.42	37.13
6.	Miko ³ e Dawid		96	MKS Jordan Kraków				5:10.16	347
	50m:	35.13 35.13	150m:	1:54.95	250m:	3:14.36 39.16	350m:	4:33.23	39.16
	100m:	1:14.86 39.73	200m:	2:35.20 40.25	300m:	3:54.07 39.71	400m:	5:10.16	36.93
7.	Wo ³ niak Piotr		96	MKS Jordan Kraków				5:12.16	340
	50m:	36.19 36.19	150m:	1:53.80	250m:	3:13.54 40.15	350m:	4:34.02	40.21
	100m:	1:14.64 38.45	200m:	2:33.39 39.59	300m:	3:53.81 40.27	400m:	5:12.16	38.14
8.	Stankiewicz Dominik		96	UKS Ósemka Oświęcim				5:12.26	340
	50m:	34.54 34.54	150m:	1:52.45	250m:	3:13.04 40.30	350m:	4:33.23	40.53
	100m:	1:12.89 38.35	200m:	2:32.74 40.29	300m:	3:52.70 39.66	400m:	5:12.26	39.03
9.	Lelek Mateusz		96	MKS Jordan Kraków				5:16.20	327
	50m:	36.20 36.20	150m:	1:57.70	250m:	3:18.82 40.25	350m:	4:38.67	39.44
	100m:	1:16.54 40.34	200m:	2:38.57 40.87	300m:	3:59.23 40.41	400m:	5:16.20	37.53

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Pozycja							Rok ur.					Czas	Pkt.
10.	Bijak Patryk						96	MKS Jordan Kraków				5:18.16	321
	50m:	36.89	36.89	150m:	1:57.86	40.91	250m:	3:18.80	40.00	350m:	4:39.45	40.50	
	100m:	1:16.95	40.06	200m:	2:38.80	40.94	300m:	3:58.95	40.15	400m:	5:18.16	38.71	
11.	Kawiecki Rafa ³						96	MKS Jordan Kraków				5:19.31	318
	50m:	37.09	37.09	150m:	2:00.12	41.49	250m:	3:21.43	40.21	350m:	4:40.31	39.65	
	100m:	1:18.63	41.54	200m:	2:41.22	41.10	300m:	4:00.66	39.23	400m:	5:19.31	39.00	
12.	Grzes ³ o Stanis ³ aw						96	MKS Jordan Kraków				5:26.35	297
	50m:	37.35	37.35	150m:	2:00.76	42.14	250m:	3:24.58	41.92	350m:	4:47.09	41.12	
	100m:	1:18.62	41.27	200m:	2:42.66	41.90	300m:	4:05.97	41.39	400m:	5:26.35	39.26	
13.	Skowron Tomasz						96	S ¹ deckie Tow.P ³ ywackie				5:55.63	230
	50m:	37.86	37.86	150m:	2:05.86	44.66	250m:	3:37.13	45.71	350m:	5:10.36	45.91	
	100m:	1:21.20	43.34	200m:	2:51.42	45.56	300m:	4:24.45	47.32	400m:	5:55.63	45.27	