



Arena Grand Prix Puchar Polski
O wi cim, 27 - 28/10/2018



Konkurencja 22
27/10/2018 - 18:50

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2018

Pozycja				Rok ur.					Czas	Pkt.		
1.	Piechota Paulina			99	UKS 190 Łódź				4:11.89	807		
	50m:	29.80	29.80	150m:	1:33.63	31.99	250m:	2:37.42	31.91	350m:	3:41.14	31.70
	100m:	1:01.64	31.84	200m:	2:05.51	31.88	300m:	3:09.44	32.02	400m:	4:11.89	30.75
2.	ukowska Paula			93	AZS AWF Katowice				4:17.51	755		
	50m:	30.44	30.44	150m:	1:36.52	33.15	250m:	2:41.98	32.49	350m:	3:46.28	31.95
	100m:	1:03.37	32.93	200m:	2:09.49	32.97	300m:	3:14.33	32.35	400m:	4:17.51	31.23
3.	Nita Daria			01	Korona Kraków				4:19.01	742		
	50m:	30.10	30.10	150m:	1:35.17	32.77	250m:	2:41.01	32.99	350m:	3:47.43	32.99
	100m:	1:02.40	32.30	200m:	2:08.02	32.85	300m:	3:14.44	33.43	400m:	4:19.01	31.58
4.	Andrzejewska Kamila			99	AZS UMCS Lublin				4:20.66	728		
	50m:	30.36	30.36	150m:	1:36.91	33.56	250m:	2:43.05	32.99	350m:	3:48.71	32.59
	100m:	1:03.35	32.99	200m:	2:10.06	33.15	300m:	3:16.12	33.07	400m:	4:20.66	31.95
5.	Kossakowska Dominika			01	AZS AWF Katowice				4:20.69	728		
	50m:	29.73	29.73	150m:	1:34.26	32.23	250m:	2:40.39	33.25	350m:	3:47.87	33.93
	100m:	1:02.03	32.30	200m:	2:07.14	32.88	300m:	3:13.94	33.55	400m:	4:20.69	32.82
6.	Zaborowicz Julia			01	Górnik Sosnowiec				4:20.70	727		
	50m:	30.71	30.71	150m:	1:37.09	33.35	250m:	2:43.38	32.74	350m:	3:49.56	33.04
	100m:	1:03.74	33.03	200m:	2:10.64	33.55	300m:	3:16.52	33.14	400m:	4:20.70	31.14
7.	Jaszczuk Ewa			02	Kormoran Olsztyn				4:20.90	726		
	50m:	31.06	31.06	150m:	1:37.33	33.17	250m:	2:43.53	32.78	350m:	3:48.87	32.50
	100m:	1:04.16	33.10	200m:	2:10.75	33.42	300m:	3:16.37	32.84	400m:	4:20.90	32.03
8.	Wardzi ska Martyna			98	AZS AWF Warszawa				4:24.77	694		
	50m:	31.00	31.00	150m:	1:38.55	34.04	250m:	2:46.63	33.97	350m:	3:53.53	33.07
	100m:	1:04.51	33.51	200m:	2:12.66	34.11	300m:	3:20.46	33.83	400m:	4:24.77	31.24
	Pisarek Justyna			00	Unia O wi cim				4:24.77	694		
	50m:	30.35	30.35	150m:	1:36.79	33.41	250m:	2:44.07	33.79	350m:	3:51.75	33.70
	100m:	1:03.38	33.03	200m:	2:10.28	33.49	300m:	3:18.05	33.98	400m:	4:24.77	33.02
10.	Rabiniak Zuzanna			01	AZS UMCS Lublin				4:25.35	690		
	50m:	30.22	30.22	150m:	1:37.39	33.67	250m:	2:45.28	34.03	350m:	3:53.32	34.02
	100m:	1:03.72	33.50	200m:	2:11.25	33.86	300m:	3:19.30	34.02	400m:	4:25.35	32.03
11.	Bociek Wiktoria			04	Górnik Sosnowiec				4:26.25	683		
	50m:	31.27	31.27	150m:	1:38.66	33.75	250m:	2:46.09	33.78	350m:	3:53.74	33.70
	100m:	1:04.91	33.64	200m:	2:12.31	33.65	300m:	3:20.04	33.95	400m:	4:26.25	32.51
12.	Kołodziej Katarzyna			00	AZS UMCS Lublin				4:26.78	679		
	50m:	30.32	30.32	150m:	1:37.62	33.45	250m:	2:45.40	33.66	350m:	3:53.04	34.05
	100m:	1:04.17	33.85	200m:	2:11.74	34.12	300m:	3:18.99	33.59	400m:	4:26.78	33.74
13.	Mazurkiewicz Barbara			01	AZS UMCS Lublin				4:28.80	664		
	50m:	30.82	30.82	150m:	1:39.30	34.48	250m:	2:47.76	34.54	350m:	3:56.26	33.98
	100m:	1:04.82	34.00	200m:	2:13.22	33.92	300m:	3:22.28	34.52	400m:	4:28.80	32.54
14.	Kosi ska Dominika			01	AZS AWF Katowice				4:30.01	655		
	50m:	32.19	32.19	150m:	1:41.93	34.64	250m:	2:51.10	34.65	350m:	3:58.15	33.23
	100m:	1:07.29	35.10	200m:	2:16.45	34.52	300m:	3:24.92	33.82	400m:	4:30.01	31.86
15.	Nowak Maja			03	AZS AWF Warszawa				4:30.20	653		
	50m:	30.34	30.34	150m:	1:38.25	34.10	250m:	2:47.42	34.79	350m:	3:57.23	34.69
	100m:	1:04.15	33.81	200m:	2:12.63	34.38	300m:	3:22.54	35.12	400m:	4:30.20	32.97
16.	Cioch-Gradzik Wiktoria			03	Manta Kochłowice Ruda l.				4:30.36	652		
	50m:	31.82	31.82	150m:	1:39.55	34.08	250m:	2:47.93	34.48	350m:	3:57.39	34.68
	100m:	1:05.47	33.65	200m:	2:13.45	33.90	300m:	3:22.71	34.78	400m:	4:30.36	32.97

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Arena Grand Prix Puchar Polski
O wi cim, 27 - 28/10/2018



Konkurencja 22, Kobiet, 400m dowolny, 14 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.		
17.	Pogo Milena			03	CSiR MOS D	browa Grn.			4:31.87	641		
	50m:	32.29	32.29	150m:	1:41.09	34.55	250m:	2:49.37	34.20	350m:	3:58.44	34.74
	100m:	1:06.54	34.25	200m:	2:15.17	34.08	300m:	3:23.70	34.33	400m:	4:31.87	33.43
18.	Mo d an Milena			03	Shark	Rudna			4:32.19	639		
	50m:	30.99	30.99	150m:	1:39.67	34.89	250m:	2:48.96	34.11	350m:	3:58.64	34.69
	100m:	1:04.78	33.79	200m:	2:14.85	35.18	300m:	3:23.95	34.99	400m:	4:32.19	33.55
19.	Prochownik Martyna			02	AZS UMCS	Lublin			4:33.42	631		
	50m:	31.98	31.98	150m:	1:41.61	34.88	250m:	2:50.72	34.55	350m:	3:57.33	32.27
	100m:	1:06.73	34.75	200m:	2:16.17	34.56	300m:	3:25.06	34.34	400m:	4:33.42	36.09
20.	Skarwecka Wiktoria			02	Unia O wi cim				4:34.48	623		
	50m:	31.83	31.83	150m:	1:41.18	34.74	250m:	2:50.77	34.67	350m:	4:00.71	35.01
	100m:	1:06.44	34.61	200m:	2:16.10	34.92	300m:	3:25.70	34.93	400m:	4:34.48	33.77
21.	Kusion Weronika			02	Unia O wi cim				4:34.69	622		
	50m:	31.79	31.79	150m:	1:41.77	35.25	250m:	2:51.93	35.00	350m:	4:01.70	34.92
	100m:	1:06.52	34.73	200m:	2:16.93	35.16	300m:	3:26.78	34.85	400m:	4:34.69	32.99
22.	Kwiatkowska Zofia			01	AZS UMCS	Lublin			4:34.73	622		
	50m:	30.96	30.96	150m:	1:41.02	35.17	250m:	2:51.82	35.44	350m:	4:02.09	34.85
	100m:	1:05.85	34.89	200m:	2:16.38	35.36	300m:	3:27.24	35.42	400m:	4:34.73	32.64
23.	Łysakowska Julia			01	AZS UMCS	Lublin			4:34.96	620		
	50m:	31.89	31.89	150m:	1:40.89	34.53	250m:	2:49.99	34.15	350m:	3:59.76	35.09
	100m:	1:06.36	34.47	200m:	2:15.84	34.95	300m:	3:24.67	34.68	400m:	4:34.96	35.20
24.	Ko cielniak Aleksandra			02	Shark	Rudna			4:35.10	619		
	50m:	30.53	30.53	150m:	1:38.41	34.13	250m:	2:48.94	35.56	350m:	4:00.21	35.50
	100m:	1:04.28	33.75	200m:	2:13.38	34.97	300m:	3:24.71	35.77	400m:	4:35.10	34.89
25.	Fuks Aleksandra			03	Gilus	Gilowice			4:35.54	616		
	50m:	31.71	31.71	150m:	1:40.42	34.77	250m:	2:51.66	35.62	350m:	4:02.25	35.05
	100m:	1:05.65	33.94	200m:	2:16.04	35.62	300m:	3:27.20	35.54	400m:	4:35.54	33.29
26.	D browska Tatiana			02	UKS 190	Łód			4:35.58	616		
	50m:	31.63	31.63	150m:	1:40.97	35.22	250m:	2:51.60	35.24	350m:	4:01.34	34.59
	100m:	1:05.75	34.12	200m:	2:16.36	35.39	300m:	3:26.75	35.15	400m:	4:35.58	34.24
27.	Maciejewska Beata			03	UKS SP-149	Łód			4:36.58	609		
	50m:	32.19	32.19	150m:	1:42.44	35.29	250m:	2:52.48	34.87	350m:	4:02.20	34.87
	100m:	1:07.15	34.96	200m:	2:17.61	35.17	300m:	3:27.33	34.85	400m:	4:36.58	34.38
28.	Piotrowicz Maja			02	AZS UMCS	Lublin			4:38.13	599		
	50m:	31.65	31.65	150m:	1:42.55	35.82	250m:	2:53.98	35.36	350m:	4:04.83	35.37
	100m:	1:06.73	35.08	200m:	2:18.62	36.07	300m:	3:29.46	35.48	400m:	4:38.13	33.30
29.	Bocian Roksana			04	Jedno	32 Przyszowice			4:38.15	599		
	50m:	31.86	31.86	150m:	1:41.23	34.81	250m:	2:51.54	35.43	350m:	4:03.42	36.18
	100m:	1:06.42	34.56	200m:	2:16.11	34.88	300m:	3:27.24	35.70	400m:	4:38.15	34.73
30.	Wilczewska Aleksandra			02	Olimpia	Lublin			4:40.49	584		
	50m:	31.93	31.93	150m:	1:41.53	35.12	250m:	2:52.85	35.70	350m:	4:05.15	36.23
	100m:	1:06.41	34.48	200m:	2:17.15	35.62	300m:	3:28.92	36.07	400m:	4:40.49	35.34
31.	Wilczek Renata			04	Płetwal	Zakopane			4:40.62	583		
	50m:	31.37	31.37	150m:	1:41.64	35.66	250m:	2:53.76	36.32	350m:	4:06.24	36.04
	100m:	1:05.98	34.61	200m:	2:17.44	35.80	300m:	3:30.20	36.44	400m:	4:40.62	34.38
32.	Sczogiel Alicja			03	Park Wodny	Tarn. Góry			4:41.42	578		
	50m:	31.44	31.44	150m:	1:41.78	35.48	250m:	2:53.24	35.97	350m:	4:05.74	36.25
	100m:	1:06.30	34.86	200m:	2:17.27	35.49	300m:	3:29.49	36.25	400m:	4:41.42	35.68
33.	Miernik Wiktoria			04	Unia O wi cim				4:42.09	574		
	50m:	32.10	32.10	150m:	1:42.97	35.65	250m:	2:55.05	36.01	350m:	4:07.93	36.30
	100m:	1:07.32	35.22	200m:	2:19.04	36.07	300m:	3:31.63	36.58	400m:	4:42.09	34.16

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O wi cim, 27 - 28/10/2018



Konkurencja 22, Kobiet, 400m dowolny, 14 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.
34.	Krawczyk Nikola			03	Unia O wi cim				4:42.50	572
	50m: 31.91	31.91	150m: 1:42.84	35.93	250m: 2:55.61	36.58	350m: 4:07.93	35.84		
	100m: 1:06.91	35.00	200m: 2:19.03	36.19	300m: 3:32.09	36.48	400m: 4:42.50	34.57		
35.	Bednarek Aleksandra			98	UKS SP-149 Łód				4:43.80	564
	50m: 32.74	32.74	150m: 1:43.16	35.48	250m: 2:55.15	36.22	350m: 4:08.22	36.73		
	100m: 1:07.68	34.94	200m: 2:18.93	35.77	300m: 3:31.49	36.34	400m: 4:43.80	35.58		
36.	Ulicka Alicja			01	Nawa Skierniewice				4:43.83	564
	50m: 32.62	32.62	150m: 1:44.40	35.88	250m: 2:56.38	36.14	350m: 4:08.48	35.99		
	100m: 1:08.52	35.90	200m: 2:20.24	35.84	300m: 3:32.49	36.11	400m: 4:43.83	35.35		
37.	Gazda Małgorzata			04	Olimpijczyk 23 Lublin				4:44.79	558
	50m: 32.13	32.13	150m: 1:44.15	36.29	250m: 2:57.07	36.60	350m: 4:09.90	36.12		
	100m: 1:07.86	35.73	200m: 2:20.47	36.32	300m: 3:33.78	36.71	400m: 4:44.79	34.89		
38.	Bilska Natalia			01	abianka Gda sk				4:44.98	557
	50m: 32.30	32.30	150m: 1:44.95	36.71	250m: 2:58.20	36.78	350m: 4:10.58	35.99		
	100m: 1:08.24	35.94	200m: 2:21.42	36.47	300m: 3:34.59	36.39	400m: 4:44.98	34.40		
39.	Borys Zofia			04	G-8 Bielany Warszawa				4:45.23	555
	50m: 33.35	33.35	150m: 1:44.89	35.54	250m: 2:57.36	36.30	350m: 4:10.05	36.33		
	100m: 1:09.35	36.00	200m: 2:21.06	36.17	300m: 3:33.72	36.36	400m: 4:45.23	35.18		
40.	Topp Zofia			03	G-8 Bielany Warszawa				4:46.97	545
	50m: 32.63	32.63	150m: 1:44.86	36.42	250m: 2:57.70	36.63	350m: 4:11.60	37.08		
	100m: 1:08.44	35.81	200m: 2:21.07	36.21	300m: 3:34.52	36.82	400m: 4:46.97	35.37		
41.	ak Amelia			04	Unia O wi cim				4:47.17	544
	50m: 32.36	32.36	150m: 1:44.66	36.36	250m: 2:57.29	36.31	350m: 4:10.88	36.89		
	100m: 1:08.30	35.94	200m: 2:20.98	36.32	300m: 3:33.99	36.70	400m: 4:47.17	36.29		
42.	l ycka Marta			00	AZS AGH Kraków				4:48.98	534
	50m: 32.70	32.70	150m: 1:44.26	36.38	250m: 2:57.57	36.43	350m: 4:11.96	36.88		
	100m: 1:07.88	35.18	200m: 2:21.14	36.88	300m: 3:35.08	37.51	400m: 4:48.98	37.02		
43.	Zbrojewska Zofia			03	Trójka Łód				4:51.96	518
	50m: 32.39	32.39	150m: 1:45.24	36.78	250m: 2:59.49	37.26	350m: 4:14.71	37.73		
	100m: 1:08.46	36.07	200m: 2:22.23	36.99	300m: 3:36.98	37.49	400m: 4:51.96	37.25		
44.	Kowalczyk Gabriela			04	Trójka Łód				4:52.88	513
	50m: 33.39	33.39	150m: 1:46.63	36.89	250m: 3:01.22	37.44	350m: 4:15.93	37.22		
	100m: 1:09.74	36.35	200m: 2:23.78	37.15	300m: 3:38.71	37.49	400m: 4:52.88	36.95		
45.	Kumor Aleksandra			03	Unia O wi cim				4:53.62	509
	50m: 33.32	33.32	150m: 1:46.29	37.03	250m: 3:00.84	37.38	350m: 4:16.26	37.89		
	100m: 1:09.26	35.94	200m: 2:23.46	37.17	300m: 3:38.37	37.53	400m: 4:53.62	37.36		
46.	Dyduch Martyna			04	Unia O wi cim				4:54.58	504
	50m: 32.46	32.46	150m: 1:46.48	37.87	250m: 3:02.60	37.89	350m: 4:18.85	37.98		
	100m: 1:08.61	36.15	200m: 2:24.71	38.23	300m: 3:40.87	38.27	400m: 4:54.58	35.73		
47.	D bska Julia			04	G-8 Bielany Warszawa				4:54.61	504
	50m: 33.14	33.14	150m: 1:48.57	38.10	250m: 3:04.42	37.46	350m: 4:19.95	37.77		
	100m: 1:10.47	37.33	200m: 2:26.96	38.39	300m: 3:42.18	37.76	400m: 4:54.61	34.66		
48.	Niewiadomska Nikola			03	Manta Kochłowice Ruda l.				4:54.78	503
	50m: 32.49	32.49	150m: 1:47.41	37.85	250m: 3:03.27	37.62	350m: 4:17.81	36.73		
	100m: 1:09.56	37.07	200m: 2:25.65	38.24	300m: 3:41.08	37.81	400m: 4:54.78	36.97		
49.	Nagraba Oliwia			04	UKS 307 Warszawa				4:54.88	503
	50m: 32.59	32.59	150m: 1:47.00	37.51	250m: 3:02.70	38.12	350m: 4:18.62	37.94		
	100m: 1:09.49	36.90	200m: 2:24.58	37.58	300m: 3:40.68	37.98	400m: 4:54.88	36.26		
50.	Hrapkowicz Klaudia			04	Unia O wi cim				4:55.48	499
	50m: 32.95	32.95	150m: 1:47.08	37.53	250m: 3:02.60	37.70	350m: 4:19.22	37.75		
	100m: 1:09.55	36.60	200m: 2:24.90	37.82	300m: 3:41.47	38.87	400m: 4:55.48	36.26		





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Pozycja	Rok ur.						Czas	Pkt.			
51. Witek Oliwia	04 UKS SP-149 Łód						4:57.34	490			
50m:	33.69	33.69	150m:	1:49.11	38.05	250m:	3:05.19	37.83	350m:	4:21.59	38.38
100m:	1:11.06	37.37	200m:	2:27.36	38.25	300m:	3:43.21	38.02	400m:	4:57.34	35.75
52. Kowalska Wiktoria	04 Unia O wi cim						5:03.44	461			
50m:	33.66	33.66	150m:	1:49.30	38.70	250m:	3:06.92	38.86	350m:	4:25.25	39.40
100m:	1:10.60	36.94	200m:	2:28.06	38.76	300m:	3:45.85	38.93	400m:	5:03.44	38.19
53. Mikrut Nina	04 NKP Bielsko Biała						5:04.20	458			
50m:	34.20	34.20	150m:	1:50.77	39.05	250m:	3:09.25	39.38	350m:	4:27.12	38.34
100m:	1:11.72	37.52	200m:	2:29.87	39.10	300m:	3:48.78	39.53	400m:	5:04.20	37.08

