



Arena Grand Prix Puchar Polski  
O wi cim, 27 - 28/10/2018



Konkurencja 25  
28/10/2018 - 8:48

M czyzn, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2018

Pozycja	Rok ur.	Czas	Pkt.
1. W growski Marcel	99 AZS Politechniki Łódzkiej	<b>4:18.97</b>	752
50m: 27.45 27.45	150m: 1:33.13 33.65	250m: 2:42.69 36.49	350m: 3:50.02 30.12
100m: 59.48 32.03	200m: 2:06.20 33.07	300m: 3:19.90 37.21	400m: 4:18.97 28.95
2. Dubas Mateusz	01 AZS AWF Katowice	<b>4:25.25</b>	699
50m: 28.43 28.43	150m: 1:34.51 34.15	250m: 2:45.16 36.10	350m: 3:53.86 32.09
100m: 1:00.36 31.93	200m: 2:09.06 34.55	300m: 3:21.77 36.61	400m: 4:25.25 31.39
3. Malec Mikołaj	01 Trójka Łód	<b>4:28.49</b>	674
50m: 28.62 28.62	150m: 1:34.87 33.39	250m: 2:48.00 40.25	350m: 3:59.20 30.86
100m: 1:01.48 32.86	200m: 2:07.75 32.88	300m: 3:28.34 40.34	400m: 4:28.49 29.29
4. Sucha ski Przemysław	01 Unia O wi cim	<b>4:28.83</b>	672
50m: 28.67 28.67	150m: 1:36.01 33.38	250m: 2:47.13 38.99	350m: 3:58.75 32.36
100m: 1:02.63 33.96	200m: 2:08.14 32.13	300m: 3:26.39 39.26	400m: 4:28.83 30.08
5. Ciasto Sebastian	99 AZS AWF Katowice	<b>4:31.11</b>	655
50m: 29.59 29.59	150m: 1:37.65 34.97	250m: 2:50.38 38.09	350m: 4:00.47 31.74
100m: 1:02.68 33.09	200m: 2:12.29 34.64	300m: 3:28.73 38.35	400m: 4:31.11 30.64
6. Oller Krzysztof	00 Kormoran Olsztyn	<b>4:33.31</b>	639
50m: 29.09 29.09	150m: 1:38.34 36.38	250m: 2:52.79 40.17	350m: 4:03.67 31.73
100m: 1:01.96 32.87	200m: 2:12.62 34.28	300m: 3:31.94 39.15	400m: 4:33.31 29.64
7. Uryniuk Paweł	03 G-8 Bielany Warszawa	<b>4:34.49</b>	631
50m: 27.92 27.92	150m: 1:34.48 34.75	250m: 2:46.89 37.22	350m: 4:02.11 34.10
100m: 59.73 31.81	200m: 2:09.67 35.19	300m: 3:28.01 41.12	400m: 4:34.49 32.38
8. Chmielewski Krzysztof	04 Muszelka Warszawa	<b>4:35.77</b>	622
50m: 28.21 28.21	150m: 1:34.88 33.84	250m: 2:50.67 42.31	350m: 4:05.52 31.37
100m: 1:01.04 32.83	200m: 2:08.36 33.48	300m: 3:34.15 43.48	400m: 4:35.77 30.25
9. Kempa Mikołaj	99 AZS UMCS Lublin	<b>4:37.12</b>	613
50m: 28.59 28.59	150m: 1:36.86 35.95	250m: 2:52.02 39.35	350m: 4:05.53 32.78
100m: 1:00.91 32.32	200m: 2:12.67 35.81	300m: 3:32.75 40.73	400m: 4:37.12 31.59
10. Szarpak Marcin	01 AZS AWF Katowice	<b>4:38.63</b>	603
50m: 28.61 28.61	150m: 1:36.72 35.48	250m: 2:52.46 41.38	350m: 4:07.85 32.51
100m: 1:01.24 32.63	200m: 2:11.08 34.36	300m: 3:35.34 42.88	400m: 4:38.63 30.78
11. Chmielewski Michał	04 Muszelka Warszawa	<b>4:39.74</b>	596
50m: 29.83 29.83	150m: 1:38.29 35.47	250m: 2:55.16 42.45	350m: 4:09.88 32.14
100m: 1:02.82 32.99	200m: 2:12.71 34.42	300m: 3:37.74 42.58	400m: 4:39.74 29.86
12. Woronko Krzysztof	02 Kormoran Olsztyn	<b>4:39.90</b>	595
50m: 29.01 29.01	150m: 1:38.67 35.58	250m: 2:54.10 40.86	350m: 4:08.58 32.85
100m: 1:03.09 34.08	200m: 2:13.24 34.57	300m: 3:35.73 41.63	400m: 4:39.90 31.32
13. Walczysko Jakub	00 AZS UMCS Lublin	<b>4:40.21</b>	593
50m: 29.61 29.61	150m: 1:40.10 36.22	250m: 2:55.95 40.20	350m: 4:08.42 32.50
100m: 1:03.88 34.27	200m: 2:15.75 35.65	300m: 3:35.92 39.97	400m: 4:40.21 31.79
14. Goleniec Kamil	99 AZS AWF Katowice	<b>4:40.43</b>	592
50m: 29.39 29.39	150m: 1:39.23 36.79	250m: 2:55.71 40.35	350m: 4:09.52 32.78
100m: 1:02.44 33.05	200m: 2:15.36 36.13	300m: 3:36.74 41.03	400m: 4:40.43 30.91
15. Ja kiewicz Adrian	02 G-8 Bielany Warszawa	<b>4:41.53</b>	585
50m: 28.02 28.02	150m: 1:35.13 35.48	250m: 2:50.90 41.49	350m: 4:08.61 34.24
100m: 59.65 31.63	200m: 2:09.41 34.28	300m: 3:34.37 43.47	400m: 4:41.53 32.92
16. Popiołek Dawid	02 Skarpa Lublin	<b>4:42.31</b>	580
50m: 28.92 28.92	150m: 1:39.92 36.84	250m: 2:57.57 41.17	350m: 4:11.98 32.64
100m: 1:03.08 34.16	200m: 2:16.40 36.48	300m: 3:39.34 41.77	400m: 4:42.31 30.33





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Konkurencja 25, M czynn, 400m zmienny, 14 lat i starsi

Pozycja			Rok ur.				Czas	Pkt.
17.	Mróz Adam		03	Olimpijczyk 23 Lublin			<b>4:42.36</b>	580
	50m: 29.39	29.39	150m: 1:40.89	37.17	250m: 2:58.77	41.03	350m: 4:12.36	33.24
	100m: 1:03.72	34.33	200m: 2:17.74	36.85	300m: 3:39.12	40.35	400m: 4:42.36	30.00
18.	Adamczak Jakub		01	Shark Rudna			<b>4:42.67</b>	578
	50m: 29.32	29.32	150m: 1:42.15	37.58	250m: 2:57.20	38.47	350m: 4:10.16	33.57
	100m: 1:04.57	35.25	200m: 2:18.73	36.58	300m: 3:36.59	39.39	400m: 4:42.67	32.51
19.	Siekaczy ski Artur		02	Fala Kra nik			<b>4:45.96</b>	558
	50m: 30.48	30.48	150m: 1:42.24	36.24	250m: 2:59.16	42.50	350m: 4:14.62	32.88
	100m: 1:06.00	35.52	200m: 2:16.66	34.42	300m: 3:41.74	42.58	400m: 4:45.96	31.34
20.	Boboryk Wojciech		02	Delfin Gdynia			<b>4:46.04</b>	558
	50m: 29.71	29.71	150m: 1:39.95	35.70	250m: 2:56.87	41.46	350m: 4:12.80	34.13
	100m: 1:04.25	34.54	200m: 2:15.41	35.46	300m: 3:38.67	41.80	400m: 4:46.04	33.24
21.	Kowolik Alex		04	Park Wodny Tarn. Góry			<b>4:47.37</b>	550
	50m: 29.43	29.43	150m: 1:40.32	37.54	250m: 2:58.52	41.34	350m: 4:14.62	34.35
	100m: 1:02.78	33.35	200m: 2:17.18	36.86	300m: 3:40.27	41.75	400m: 4:47.37	32.75
22.	Tomaszowski Michał		03	Park Wodny Tarn. Góry			<b>4:49.19</b>	540
	50m: 29.89	29.89	150m: 1:41.33	36.96	250m: 3:00.54	42.91	350m: 4:16.98	33.25
	100m: 1:04.37	34.48	200m: 2:17.63	36.30	300m: 3:43.73	43.19	400m: 4:49.19	32.21
23.	Trzcionka Maciej		03	Na Fali Bytom			<b>4:55.00</b>	508
	50m: 29.72	29.72	150m: 1:42.42	37.82	250m: 3:03.77	43.15	350m: 4:22.11	33.86
	100m: 1:04.60	34.88	200m: 2:20.62	38.20	300m: 3:48.25	44.48	400m: 4:55.00	32.89
24.	Karpi ski Jakub		03	G-8 Bielany Warszawa			<b>4:55.73</b>	504
	50m: 30.33	30.33	150m: 1:44.10	38.53	250m: 3:05.71	43.89	350m: 4:24.06	33.65
	100m: 1:05.57	35.24	200m: 2:21.82	37.72	300m: 3:50.41	44.70	400m: 4:55.73	31.67
25.	Soborski Jakub		02	Omega Olkusz			<b>4:57.62</b>	495
	50m: 31.18	31.18	150m: 1:45.52	38.43	250m: 3:05.06	41.71	350m: 4:24.35	35.40
	100m: 1:07.09	35.91	200m: 2:23.35	37.83	300m: 3:48.95	43.89	400m: 4:57.62	33.27
26.	yro Ignacy		04	UKS 307 Warszawa			<b>4:58.00</b>	493
	50m: 31.82	31.82	150m: 1:47.80	39.36	250m: 3:08.50	42.90	350m: 4:25.88	34.08
	100m: 1:08.44	36.62	200m: 2:25.60	37.80	300m: 3:51.80	43.30	400m: 4:58.00	32.12
27.	Para Mikołaj		03	Unia O wi cim			<b>4:58.61</b>	490
	50m: 30.41	30.41	150m: 1:44.33	37.45	250m: 3:05.94	44.61	350m: 4:24.82	34.40
	100m: 1:06.88	36.47	200m: 2:21.33	37.00	300m: 3:50.42	44.48	400m: 4:58.61	33.79
28.	Plewka Przemysław		04	Park Wodny Tarn. Góry			<b>5:01.63</b>	475
	50m: 31.84	31.84	150m: 1:50.21	41.13	250m: 3:10.03	40.05	350m: 4:26.93	36.24
	100m: 1:09.08	37.24	200m: 2:29.98	39.77	300m: 3:50.69	40.66	400m: 5:01.63	34.70
29.	Zwadło Piotr		02	SMS Victoria Racibórz			<b>5:03.22</b>	468
	50m: 31.09	31.09	150m: 1:48.99	42.23	250m: 3:12.68	43.29	350m: 4:31.06	34.68
	100m: 1:06.76	35.67	200m: 2:29.39	40.40	300m: 3:56.38	43.70	400m: 5:03.22	32.16
30.	egle Miłosz		04	Park Wodny Tarn. Góry			<b>5:03.58</b>	466
	50m: 31.55	31.55	150m: 1:47.17	38.31	250m: 3:08.31	44.40	350m: 4:29.41	35.68
	100m: 1:08.86	37.31	200m: 2:23.91	36.74	300m: 3:53.73	45.42	400m: 5:03.58	34.17
31.	Juda Dominik		04	Unia O wi cim			<b>5:03.61</b>	466
	50m: 31.82	31.82	150m: 1:48.32	39.18	250m: 3:11.22	44.40	350m: 4:31.09	34.10
	100m: 1:09.14	37.32	200m: 2:26.82	38.50	300m: 3:56.99	45.77	400m: 5:03.61	32.52
32.	Kalisiak Norbert		02	Nawa Skierniewice			<b>5:04.02</b>	464
	50m: 32.60	32.60	150m: 1:51.00	40.46	250m: 3:14.08	44.54	350m: 4:31.65	34.05
	100m: 1:10.54	37.94	200m: 2:29.54	38.54	300m: 3:57.60	43.52	400m: 5:04.02	32.37
33.	Koronkiewicz Antoni		04	Fenix O arów Maz.			<b>5:05.42</b>	458
	50m: 31.63	31.63	150m: 1:50.51	40.99	250m: 3:12.98	42.64	350m: 4:31.76	35.40
	100m: 1:09.52	37.89	200m: 2:30.34	39.83	300m: 3:56.36	43.38	400m: 5:05.42	33.66





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Pozycja				Rok ur.					Czas	Pkt.		
34.	Wykr t Marcin			04	NKP Bielsko Biata				<b>5:06.64</b>	452		
	50m:	33.19	33.19	150m:	1:51.93	38.97	250m:	3:11.24	40.85	350m:	4:31.16	37.71
	100m:	1:12.96	39.77	200m:	2:30.39	38.46	300m:	3:53.45	42.21	400m:	5:06.64	35.48
35.	Kalusowski Gracjan			04	Trójka Łód				<b>5:14.67</b>	419		
	50m:	33.47	33.47	150m:	1:54.78	42.58	250m:	3:18.82	44.05	350m:	4:40.90	36.52
	100m:	1:12.20	38.73	200m:	2:34.77	39.99	300m:	4:04.38	45.56	400m:	5:14.67	33.77
36.	Cierpiat Wiktor			04	Unia O wi cim				<b>5:20.76</b>	395		
	50m:	33.64	33.64	150m:	1:56.28	43.09	250m:	3:20.57	43.93	350m:	4:44.18	38.01
	100m:	1:13.19	39.55	200m:	2:36.64	40.36	300m:	4:06.17	45.60	400m:	5:20.76	36.58
DYSKW.	Balabuch Krystian			95	BOSiR Brzesko							
	<i>G8 - Pływak uko czył wy cig w poło eniu na piersiach. (Czas: 8:56)</i>											
DYSKW.	Sobczyk Maciej			95	AZS AGH Kraków							
	<i>K16 - Pływak dotkn ł cian nierównocze nie dwiema dło mi przy nawrocie lub na zako czenie wy cigu. (Czas: 8:56)</i>											

