



Arena Grand Prix Puchar Polski  
O wi cim, 26 - 27/10/2019



Konkurencja 13  
26/10/2019 - 16:18

M czyzn, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.					Czas	Pkt.
1.	W growski Marcel		99	AZS Politechniki Łódzkiej				<b>4:15.89</b>	779
	50m:	26.94 26.94	150m:	1:30.91 32.32	250m:	2:39.74 37.07	350m:	3:46.80 30.38	
	100m:	58.59 31.65	200m:	2:02.67 31.76	300m:	3:16.42 36.68	400m:	4:15.89 29.09	
2.	Dubas Mateusz		01	AZS AWF Katowice				<b>4:19.66</b>	746
	50m:	28.15 28.15	150m:	1:34.50 34.03	250m:	2:43.62 35.02	350m:	3:49.81 30.49	
	100m:	1:00.47 32.32	200m:	2:08.60 34.10	300m:	3:19.32 35.70	400m:	4:19.66 29.85	
3.	Sucha ski Przemysław		01	Unia O wi cim				<b>4:20.63</b>	737
	50m:	28.32 28.32	150m:	1:33.96 32.50	250m:	2:42.66 37.22	350m:	3:51.26 31.25	
	100m:	1:01.46 33.14	200m:	2:05.44 31.48	300m:	3:20.01 37.35	400m:	4:20.63 29.37	
4.	Ciasto Sebastian		99	AZS AWF Katowice				<b>4:24.27</b>	707
	50m:	28.94 28.94	150m:	1:36.01 33.75	250m:	2:46.43 36.88	350m:	3:54.70 31.42	
	100m:	1:02.26 33.32	200m:	2:09.55 33.54	300m:	3:23.28 36.85	400m:	4:24.27 29.57	
5.	Koziejko Bartłomiej		00	AZS UWM Olsztyn				<b>4:26.81</b>	687
	50m:	29.40 29.40	150m:	1:38.22 35.73	250m:	2:50.74 38.09	350m:	3:57.59 28.77	
	100m:	1:02.49 33.09	200m:	2:12.65 34.43	300m:	3:28.82 38.08	400m:	4:26.81 29.22	
6.	Kuczak Adam		00	AZS AWF Katowice				<b>4:28.86</b>	672
	50m:	28.53 28.53	150m:	1:35.73 34.45	250m:	2:47.71 38.79	350m:	3:58.22 31.45	
	100m:	1:01.28 32.75	200m:	2:08.92 33.19	300m:	3:26.77 39.06	400m:	4:28.86 30.64	
7.	Oller Krzysztof		00	AZS UMCS Lublin				<b>4:30.80</b>	657
	50m:	29.17 29.17	150m:	1:38.20 35.71	250m:	2:50.93 38.75	350m:	4:01.18 31.46	
	100m:	1:02.49 33.32	200m:	2:12.18 33.98	300m:	3:29.72 38.79	400m:	4:30.80 29.62	
8.	Jaworski Norbert		98	AZS UMCS Lublin				<b>4:30.85</b>	657
	50m:	29.35 29.35	150m:	1:40.49 37.05	250m:	2:52.93 37.20	350m:	4:01.15 32.04	
	100m:	1:03.44 34.09	200m:	2:15.73 35.24	300m:	3:29.11 36.18	400m:	4:30.85 29.70	
9.	Chmielewski Krzysztof		04	Muszelka Warszawa				<b>4:30.91</b>	656
	50m:	28.74 28.74	150m:	1:36.24 34.47	250m:	2:50.68 40.92	350m:	4:01.42 30.82	
	100m:	1:01.77 33.03	200m:	2:09.76 33.52	300m:	3:30.60 39.92	400m:	4:30.91 29.49	
10.	Kadrow Konrad		97	AZS UMCS Lublin				<b>4:33.14</b>	640
	50m:	29.90 29.90	150m:	1:41.75 38.06	250m:	2:55.85 37.24	350m:	4:04.19 31.06	
	100m:	1:03.69 33.79	200m:	2:18.61 36.86	300m:	3:33.13 37.28	400m:	4:33.14 28.95	
11.	Walczyso Jakub		00	AZS AGH Kraków				<b>4:33.47</b>	638
	50m:	29.39 29.39	150m:	1:38.17 35.09	250m:	2:51.08 38.58	350m:	4:02.63 31.97	
	100m:	1:03.08 33.69	200m:	2:12.50 34.33	300m:	3:30.66 39.58	400m:	4:33.47 30.84	
12.	Boboryk Wojciech		02	Delfin Gdynia				<b>4:33.90</b>	635
	50m:	29.10 29.10	150m:	1:37.78 35.36	250m:	2:50.89 38.84	350m:	4:03.16 32.38	
	100m:	1:02.42 33.32	200m:	2:12.05 34.27	300m:	3:30.78 39.89	400m:	4:33.90 30.74	
13.	Mróz Adam		03	AZS UMCS Lublin				<b>4:34.19</b>	633
	50m:	28.84 28.84	150m:	1:38.12 35.94	250m:	2:52.20 37.91	350m:	4:04.52 33.72	
	100m:	1:02.18 33.34	200m:	2:14.29 36.17	300m:	3:30.80 38.60	400m:	4:34.19 29.67	
14.	Kosi ski Filip		04	Olimpijczyk Suwałki				<b>4:34.22</b>	633
	50m:	28.77 28.77	150m:	1:34.29 33.10	250m:	2:46.89 40.31	350m:	4:02.06 33.89	
	100m:	1:01.19 32.42	200m:	2:06.58 32.29	300m:	3:28.17 41.28	400m:	4:34.22 32.16	
15.	Blachura Oskar		02	Unia O wi cim				<b>4:34.55</b>	631
	50m:	29.20 29.20	150m:	1:38.98 35.68	250m:	2:53.67 38.92	350m:	4:04.39 31.28	
	100m:	1:03.30 34.10	200m:	2:14.75 35.77	300m:	3:33.11 39.44	400m:	4:34.55 30.16	
16.	Guzy Marcel		01	Vega Dobrodzie				<b>4:35.20</b>	626
	50m:	30.55 30.55	150m:	1:40.39 35.78	250m:	2:53.85 36.89	350m:	4:04.13 32.63	
	100m:	1:04.61 34.06	200m:	2:16.96 36.57	300m:	3:31.50 37.65	400m:	4:35.20 31.07	





Arena Grand Prix Puchar Polski  
O wicim, 26 - 27/10/2019



Konkurencja 13, M czynn, 400m zmienny, 14 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.		
17.	Popiołek Dawid			02	AZS UMCS Lublin				<b>4:36.58</b>	617		
	50m:	28.49	28.49	150m:	1:37.11	35.59	250m:	2:53.64	41.90	350m:	4:05.85	31.92
	100m:	1:01.52	33.03	200m:	2:11.74	34.63	300m:	3:33.93	40.29	400m:	4:36.58	30.73
18.	Chmielewski Michał			04	Muszelka Warszawa				<b>4:37.57</b>	610		
	50m:	28.80	28.80	150m:	1:36.99	35.24	250m:	2:52.77	41.78	350m:	4:07.45	32.12
	100m:	1:01.75	32.95	200m:	2:10.99	34.00	300m:	3:35.33	42.56	400m:	4:37.57	30.12
19.	Synowiec Mikołaj			02	SMS Galicja Kraków				<b>4:37.60</b>	610		
	50m:	29.46	29.46	150m:	1:39.34	35.99	250m:	2:55.09	40.88	350m:	4:07.64	31.78
	100m:	1:03.35	33.89	200m:	2:14.21	34.87	300m:	3:35.86	40.77	400m:	4:37.60	29.96
20.	Staniszewski Bartosz			05	UKP Ruda I ska				<b>4:38.90</b>	602		
	50m:	29.10	29.10	150m:	1:41.37	37.27	250m:	2:55.44	38.66	350m:	4:08.37	32.67
	100m:	1:04.10	35.00	200m:	2:16.78	35.41	300m:	3:35.70	40.26	400m:	4:38.90	30.53
21.	Zdybel Adam			05	Delfin Gdynia				<b>4:39.11</b>	600		
	50m:	29.06	29.06	150m:	1:38.50	36.68	250m:	2:56.04	42.09	350m:	4:08.94	31.30
	100m:	1:01.82	32.76	200m:	2:13.95	35.45	300m:	3:37.64	41.60	400m:	4:39.11	30.17
22.	Kempa Mikołaj			99	AZS UMCS Lublin				<b>4:40.63</b>	590		
	50m:	27.96	27.96	150m:	1:36.60	35.95	250m:	2:52.04	39.38	350m:	4:06.93	33.97
	100m:	1:00.65	32.69	200m:	2:12.66	36.06	300m:	3:32.96	40.92	400m:	4:40.63	33.70
23.	Skierski Radosław			00	AZS AGH Kraków				<b>4:41.40</b>	586		
	50m:	28.41	28.41	150m:	1:39.01	36.99	250m:	2:54.40	38.93	350m:	4:08.82	33.70
	100m:	1:02.02	33.61	200m:	2:15.47	36.46	300m:	3:35.12	40.72	400m:	4:41.40	32.58
24.	Sowa Łukasz			03	SMS Galicja Kraków				<b>4:41.41</b>	586		
	50m:	29.61	29.61	150m:	1:39.93	36.05	250m:	2:54.85	39.76	350m:	4:08.73	33.29
	100m:	1:03.88	34.27	200m:	2:15.09	35.16	300m:	3:35.44	40.59	400m:	4:41.41	32.68
25.	Adamczyk Jan			03	AZS UMCS Lublin				<b>4:42.23</b>	580		
	50m:	30.11	30.11	150m:	1:41.59	37.45	250m:	2:58.28	41.03	350m:	4:11.15	32.28
	100m:	1:04.14	34.03	200m:	2:17.25	35.66	300m:	3:38.87	40.59	400m:	4:42.23	31.08
26.	Michalak Jan			03	Nawa Skierniewice				<b>4:42.68</b>	578		
	50m:	29.21	29.21	150m:	1:38.63	35.96	250m:	2:53.90	40.08	350m:	4:09.57	35.42
	100m:	1:02.67	33.46	200m:	2:13.82	35.19	300m:	3:34.15	40.25	400m:	4:42.68	33.11
27.	Kwiecie Paweł			04	AZS AWF Katowice				<b>4:43.41</b>	573		
	50m:	30.72	30.72	150m:	1:44.15	38.23	250m:	2:58.95	40.58	350m:	4:12.74	34.33
	100m:	1:05.92	35.20	200m:	2:18.37	34.22	300m:	3:38.41	39.46	400m:	4:43.41	30.67
28.	Oleski Tomasz			03	AZS Politechniki Łódzkiej				<b>4:43.87</b>	570		
	50m:	29.15	29.15	150m:	1:38.57	36.21	250m:	2:55.56	40.71	350m:	4:11.43	33.85
	100m:	1:02.36	33.21	200m:	2:14.85	36.28	300m:	3:37.58	42.02	400m:	4:43.87	32.44
29.	Lewicki Filip			03	SMS Galicja Kraków				<b>4:45.20</b>	563		
	50m:	29.71	29.71	150m:	1:41.69	37.50	250m:	2:59.13	41.21	350m:	4:13.34	32.90
	100m:	1:04.19	34.48	200m:	2:17.92	36.23	300m:	3:40.44	41.31	400m:	4:45.20	31.86
30.	Tomaszowski Michał			03	Wodnik Siemianowice I.				<b>4:47.97</b>	546		
	50m:	29.77	29.77	150m:	1:41.63	36.61	250m:	3:00.54	42.43	350m:	4:15.92	32.45
	100m:	1:05.02	35.25	200m:	2:18.11	36.48	300m:	3:43.47	42.93	400m:	4:47.97	32.05
31.	Szczerba Igor			05	SMS Galicja Kraków				<b>4:48.49</b>	543		
	50m:	30.04	30.04	150m:	1:40.77	36.27	250m:	2:58.21	41.62	350m:	4:15.85	34.44
	100m:	1:04.50	34.46	200m:	2:16.59	35.82	300m:	3:41.41	43.20	400m:	4:48.49	32.64
32.	Romanowski Kamil			97	AZS AWF Katowice				<b>4:48.56</b>	543		
	50m:	29.55	29.55	150m:	1:43.44	38.91	250m:	3:00.06	38.30	350m:	4:14.16	35.24
	100m:	1:04.53	34.98	200m:	2:21.76	38.32	300m:	3:38.92	38.86	400m:	4:48.56	34.40
33.	Kalisiak Norbert			02	Nawa Skierniewice				<b>4:49.31</b>	539		
	50m:	30.50	30.50	150m:	1:43.73	38.08	250m:	3:01.35	40.96	350m:	4:16.57	34.22
	100m:	1:05.65	35.15	200m:	2:20.39	36.66	300m:	3:42.35	41.00	400m:	4:49.31	32.74

Obsługa zawodów: SMS SwimArt My Lenice

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27/10/2019 13:15 - Strona 2



Ministerstwo  
Sportu i Turystyki

VARIO POOL  
THE REAL DEPTH INVESTMENT





Arena Grand Prix Puchar Polski  
O wi cim, 26 - 27/10/2019



Konkurencja 13, M czyzn, 400m zmienny, 14 lat i starsi

Pozycja					Rok ur.					Czas	Pkt.	
34.	Mochnał Kacper				05	Jedynka Łód				<b>4:52.78</b>	520	
	50m:	30.48	30.48	150m:	1:42.58	38.04	250m:	3:03.27	43.42	350m:	4:20.98	34.47
	100m:	1:04.54	34.06	200m:	2:19.85	37.27	300m:	3:46.51	43.24	400m:	4:52.78	31.80
35.	Lewicki Jakub				04	Sikret Gliwice				<b>4:53.56</b>	516	
	50m:	30.58	30.58	150m:	1:44.90	38.82	250m:	3:04.38	42.54	350m:	4:21.32	34.06
	100m:	1:06.08	35.50	200m:	2:21.84	36.94	300m:	3:47.26	42.88	400m:	4:53.56	32.24
36.	Dołowy Grzegorz				02	Muszelka Warszawa				<b>4:54.77</b>	509	
	50m:	31.24	31.24	150m:	1:44.13	37.71	250m:	3:04.35	43.50	350m:	4:23.03	33.67
	100m:	1:06.42	35.18	200m:	2:20.85	36.72	300m:	3:49.36	45.01	400m:	4:54.77	31.74
37.	Piekaru Dawid				02	Avia widnik				<b>4:55.39</b>	506	
	50m:	30.71	30.71	150m:	1:48.86	42.07	250m:	3:06.86	39.13	350m:	4:22.99	35.63
	100m:	1:06.79	36.08	200m:	2:27.73	38.87	300m:	3:47.36	40.50	400m:	4:55.39	32.40
38.	Stefanowski Bartosz				03	Nawa Skierniewice				<b>4:55.59</b>	505	
	50m:	29.85	29.85	150m:	1:42.57	39.03	250m:	3:06.51	44.62	350m:	4:24.34	32.37
	100m:	1:03.54	33.69	200m:	2:21.89	39.32	300m:	3:51.97	45.46	400m:	4:55.59	31.25
39.	Cierpiął Wiktor				04	UKS 190 Łód				<b>4:56.02</b>	503	
	50m:	31.81	31.81	150m:	1:49.11	39.97	250m:	3:06.81	39.62	350m:	4:23.39	35.06
	100m:	1:09.14	37.33	200m:	2:27.19	38.08	300m:	3:48.33	41.52	400m:	4:56.02	32.63
40.	Plewka Przemysław				04	Sikret Gliwice				<b>4:57.19</b>	497	
	50m:	31.41	31.41	150m:	1:48.33	41.41	250m:	3:08.12	39.90	350m:	4:23.84	35.18
	100m:	1:06.92	35.51	200m:	2:28.22	39.89	300m:	3:48.66	40.54	400m:	4:57.19	33.35
41.	Jarczewski Franciszek				05	UKS 190 Łód				<b>5:00.06</b>	483	
	50m:	31.15	31.15	150m:	1:45.77	38.06	250m:	3:06.98	43.95	350m:	4:25.50	34.73
	100m:	1:07.71	36.56	200m:	2:23.03	37.26	300m:	3:50.77	43.79	400m:	5:00.06	34.56
42.	Filozof Adam				05	Park Wodny Tarn. Góry				<b>5:00.80</b>	479	
	50m:	31.86	31.86	150m:	1:48.53	39.56	250m:	3:08.76	41.70	350m:	4:26.16	35.52
	100m:	1:08.97	37.11	200m:	2:27.06	38.53	300m:	3:50.64	41.88	400m:	5:00.80	34.64
43.	Niedziałek Michał				03	Kormoran Olsztyn				<b>5:00.97</b>	479	
	50m:	32.62	32.62	150m:	1:49.84	39.28	250m:	3:11.95	45.02	350m:	4:29.95	33.71
	100m:	1:10.56	37.94	200m:	2:26.93	37.09	300m:	3:56.24	44.29	400m:	5:00.97	31.02
44.	Jancik Samuel				03	Matador Púchov				<b>5:04.84</b>	461	
	50m:	30.53	30.53	150m:	1:45.23	39.60	250m:	3:08.26	43.76	350m:	4:29.44	36.62
	100m:	1:05.63	35.10	200m:	2:24.50	39.27	300m:	3:52.82	44.56	400m:	5:04.84	35.40
45.	laski Filip				04	Fenix O arów Maz.				<b>5:06.41</b>	454	
	50m:	31.44	31.44	150m:	1:47.25	39.14	250m:	3:09.95	43.72	350m:	4:31.04	36.22
	100m:	1:08.11	36.67	200m:	2:26.23	38.98	300m:	3:54.82	44.87	400m:	5:06.41	35.37
46.	Róg Adrian				01	Sokół Rzeszów				<b>5:06.61</b>	453	
	50m:	30.24	30.24	150m:	1:46.00	40.75	250m:	3:10.31	45.24	350m:	4:31.94	36.49
	100m:	1:05.25	35.01	200m:	2:25.07	39.07	300m:	3:55.45	45.14	400m:	5:06.61	34.67
47.	Basaez Claudio				05	Pi tka Chorzów				<b>5:07.25</b>	450	
	50m:	31.77	31.77	150m:	1:46.43	38.04	250m:	3:09.40	45.81	350m:	4:32.46	36.49
	100m:	1:08.39	36.62	200m:	2:23.59	37.16	300m:	3:55.97	46.57	400m:	5:07.25	34.79
48.	Domalewski Bartłomiej				05	Kormoran Olsztyn				<b>5:09.64</b>	439	
	50m:	33.67	33.67	150m:	1:52.69	40.14	250m:	3:17.45	46.71	350m:	4:37.83	33.09
	100m:	1:12.55	38.88	200m:	2:30.74	38.05	300m:	4:04.74	47.29	400m:	5:09.64	31.81
49.	Pawlica Mateusz				05	Pi tka Chorzów				<b>5:14.36</b>	420	
	50m:	32.98	32.98	150m:	1:53.43	40.19	250m:	3:17.51	45.38	350m:	4:39.55	35.74
	100m:	1:13.24	40.26	200m:	2:32.13	38.70	300m:	4:03.81	46.30	400m:	5:14.36	34.81
50.	aba Mateusz				05	UKS MOS Opole				<b>5:16.89</b>	410	
	50m:	33.13	33.13	150m:	1:53.60	40.88	250m:	3:17.10	44.17	350m:	4:40.93	38.57
	100m:	1:12.72	39.59	200m:	2:32.93	39.33	300m:	4:02.36	45.26	400m:	5:16.89	35.96





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O wi cim, 26 - 27/10/2019



Konkurencja 13, M czyzn, 400m zmienny, 14 lat i starsi

Pozycja	Rok ur.		Czas		Pkt.
51. Pawłowski Jan	05	Unia O wi cim	<b>5:17.97</b>	406	
50m:	35.08	35.08	150m:	1:58.37	42.36
100m:	1:16.01	40.93	200m:	2:39.53	41.16
			250m:	3:21.53	42.00
			300m:	4:06.97	45.44
			350m:	4:43.09	36.12
			400m:	5:17.97	34.88
52. Magner Szymon	05	UKP Ruda l ska	<b>5:34.60</b>	348	
50m:	35.38	35.38	150m:	2:01.26	43.53
100m:	1:17.73	42.35	200m:	2:43.98	42.72
			250m:	3:29.82	45.84
			300m:	4:17.51	47.69
			350m:	4:56.82	39.31
			400m:	5:34.60	37.78
DYSKW. Zieli ski Konrad	03	UKS 190 Łód	<b>4:35.47</b>		
<i>K11 - Pływak wykonał nierównoczesne lub naprzemienne ruchy nóg. (Czas: 16:36)</i>					
50m:	29.90	29.90	150m:	1:38.63	35.04
100m:	1:03.59	33.69	200m:	2:12.92	34.29
			250m:	2:53.86	40.94
			300m:	3:35.34	41.48
			350m:	4:06.07	30.73
			400m:	4:35.47	29.40
DYSKW. Wo niak Piotr	05	Kormoran Olsztyn	<b>5:10.24</b>		
<i>K16 - Pływak dotkn ł cian nierównocze nie dwiema dło mi przy nawrocie lub na zako czenie wy cigu. (Czas: 19:13)</i>					
50m:	32.83	32.83	150m:	1:51.92	40.62
100m:	1:11.30	38.47	200m:	2:30.91	38.99
			250m:	3:16.94	46.03
			300m:	4:03.56	46.62
			350m:	4:37.60	34.04
			400m:	5:10.24	32.64

Konkurencja 13  
26/10/2019 - 16:18

Chłopców, 400m zmienny

17 - 18 lat  
Wyniki

Punkty: FINA 2019

Pozycja	Rok ur.		Czas		Pkt.
1. Dubas Mateusz	01	AZS AWF Katowice	<b>4:19.66</b>	746	
50m:	28.15	28.15	150m:	1:34.50	34.03
100m:	1:00.47	32.32	200m:	2:08.60	34.10
			250m:	2:43.62	35.02
			300m:	3:19.32	35.70
			350m:	3:49.81	30.49
			400m:	4:19.66	29.85
2. Sucha ski Przemysław	01	Unia O wi cim	<b>4:20.63</b>	737	
50m:	28.32	28.32	150m:	1:33.96	32.50
100m:	1:01.46	33.14	200m:	2:05.44	31.48
			250m:	2:42.66	37.22
			300m:	3:20.01	37.35
			350m:	3:51.26	31.25
			400m:	4:20.63	29.37
3. Boboryk Wojciech	02	Delfin Gdynia	<b>4:33.90</b>	635	
50m:	29.10	29.10	150m:	1:37.78	35.36
100m:	1:02.42	33.32	200m:	2:12.05	34.27
			250m:	2:50.89	38.84
			300m:	3:30.78	39.89
			350m:	4:03.16	32.38
			400m:	4:33.90	30.74
4. Blachura Oskar	02	Unia O wi cim	<b>4:34.55</b>	631	
50m:	29.20	29.20	150m:	1:38.98	35.68
100m:	1:03.30	34.10	200m:	2:14.75	35.77
			250m:	2:53.67	38.92
			300m:	3:33.11	39.44
			350m:	4:04.39	31.28
			400m:	4:34.55	30.16
5. Guzy Marcel	01	Vega Dobrodzie	<b>4:35.20</b>	626	
50m:	30.55	30.55	150m:	1:40.39	35.78
100m:	1:04.61	34.06	200m:	2:16.96	36.57
			250m:	2:53.85	36.89
			300m:	3:31.50	37.65
			350m:	4:04.13	32.63
			400m:	4:35.20	31.07
6. Popiołek Dawid	02	AZS UMCS Lublin	<b>4:36.58</b>	617	
50m:	28.49	28.49	150m:	1:37.11	35.59
100m:	1:01.52	33.03	200m:	2:11.74	34.63
			250m:	2:53.64	41.90
			300m:	3:33.93	40.29
			350m:	4:05.85	31.92
			400m:	4:36.58	30.73
7. Synowiec Mikołaj	02	SMS Galicja Kraków	<b>4:37.60</b>	610	
50m:	29.46	29.46	150m:	1:39.34	35.99
100m:	1:03.35	33.89	200m:	2:14.21	34.87
			250m:	2:55.09	40.88
			300m:	3:35.86	40.77
			350m:	4:07.64	31.78
			400m:	4:37.60	29.96
8. Kalisiak Norbert	02	Nawa Skierniewice	<b>4:49.31</b>	539	
50m:	30.50	30.50	150m:	1:43.73	38.08
100m:	1:05.65	35.15	200m:	2:20.39	36.66
			250m:	3:01.35	40.96
			300m:	3:42.35	41.00
			350m:	4:16.57	34.22
			400m:	4:49.31	32.74
9. Dołowy Grzegorz	02	Muszelka Warszawa	<b>4:54.77</b>	509	
50m:	31.24	31.24	150m:	1:44.13	37.71
100m:	1:06.42	35.18	200m:	2:20.85	36.72
			250m:	3:04.35	43.50
			300m:	3:49.36	45.01
			350m:	4:23.03	33.67
			400m:	4:54.77	31.74
10. Piekaru Dawid	02	Avia widnik	<b>4:55.39</b>	506	
50m:	30.71	30.71	150m:	1:48.86	42.07
100m:	1:06.79	36.08	200m:	2:27.73	38.87
			250m:	3:06.86	39.13
			300m:	3:47.36	40.50
			350m:	4:22.99	35.63
			400m:	4:55.39	32.40

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27/10/2019 13:15 - Strona 4



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Arena Grand Prix Puchar Polski  
O wi cim, 26 - 27/10/2019



Konkurencja 13, Chłopców, 400m zmienny, 17 - 18 lat

Pozycja			Rok ur.				Czas	Pkt.				
11.	Róg Adrian		01		Sokół Rzeszów		<b>5:06.61</b>	453				
	50m:	30.24	30.24	150m:	1:46.00	40.75	250m:	3:10.31	45.24	350m:	4:31.94	36.49
	100m:	1:05.25	35.01	200m:	2:25.07	39.07	300m:	3:55.45	45.14	400m:	5:06.61	34.67

Konkurencja 13  
26/10/2019 - 16:18

Chłopców, 400m zmienny

16 lat  
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.				Czas	Pkt.				
1.	Mróz Adam		03		AZS UMCS Lublin		<b>4:34.19</b>	633				
	50m:	28.84	28.84	150m:	1:38.12	35.94	250m:	2:52.20	37.91	350m:	4:04.52	33.72
	100m:	1:02.18	33.34	200m:	2:14.29	36.17	300m:	3:30.80	38.60	400m:	4:34.19	29.67
2.	Sowa Łukasz		03		SMS Galicja Kraków		<b>4:41.41</b>	586				
	50m:	29.61	29.61	150m:	1:39.93	36.05	250m:	2:54.85	39.76	350m:	4:08.73	33.29
	100m:	1:03.88	34.27	200m:	2:15.09	35.16	300m:	3:35.44	40.59	400m:	4:41.41	32.68
3.	Adamczyk Jan		03		AZS UMCS Lublin		<b>4:42.23</b>	580				
	50m:	30.11	30.11	150m:	1:41.59	37.45	250m:	2:58.28	41.03	350m:	4:11.15	32.28
	100m:	1:04.14	34.03	200m:	2:17.25	35.66	300m:	3:38.87	40.59	400m:	4:42.23	31.08
4.	Michalak Jan		03		Nawa Skierniewice		<b>4:42.68</b>	578				
	50m:	29.21	29.21	150m:	1:38.63	35.96	250m:	2:53.90	40.08	350m:	4:09.57	35.42
	100m:	1:02.67	33.46	200m:	2:13.82	35.19	300m:	3:34.15	40.25	400m:	4:42.68	33.11
5.	Oleski Tomasz		03		AZS Politechniki Łódzkiej		<b>4:43.87</b>	570				
	50m:	29.15	29.15	150m:	1:38.57	36.21	250m:	2:55.56	40.71	350m:	4:11.43	33.85
	100m:	1:02.36	33.21	200m:	2:14.85	36.28	300m:	3:37.58	42.02	400m:	4:43.87	32.44
6.	Lewicki Filip		03		SMS Galicja Kraków		<b>4:45.20</b>	563				
	50m:	29.71	29.71	150m:	1:41.69	37.50	250m:	2:59.13	41.21	350m:	4:13.34	32.90
	100m:	1:04.19	34.48	200m:	2:17.92	36.23	300m:	3:40.44	41.31	400m:	4:45.20	31.86
7.	Tomaszowski Michał		03		Wodnik Siemianowice l.		<b>4:47.97</b>	546				
	50m:	29.77	29.77	150m:	1:41.63	36.61	250m:	3:00.54	42.43	350m:	4:15.92	32.45
	100m:	1:05.02	35.25	200m:	2:18.11	36.48	300m:	3:43.47	42.93	400m:	4:47.97	32.05
8.	Stefanowski Bartosz		03		Nawa Skierniewice		<b>4:55.59</b>	505				
	50m:	29.85	29.85	150m:	1:42.57	39.03	250m:	3:06.51	44.62	350m:	4:24.34	32.37
	100m:	1:03.54	33.69	200m:	2:21.89	39.32	300m:	3:51.97	45.46	400m:	4:55.59	31.25
9.	Niedziątek Michał		03		Kormoran Olsztyn		<b>5:00.97</b>	479				
	50m:	32.62	32.62	150m:	1:49.84	39.28	250m:	3:11.95	45.02	350m:	4:29.95	33.71
	100m:	1:10.56	37.94	200m:	2:26.93	37.09	300m:	3:56.24	44.29	400m:	5:00.97	31.02
10.	Jancik Samuel		03		Matador Púchov		<b>5:04.84</b>	461				
	50m:	30.53	30.53	150m:	1:45.23	39.60	250m:	3:08.26	43.76	350m:	4:29.44	36.62
	100m:	1:05.63	35.10	200m:	2:24.50	39.27	300m:	3:52.82	44.56	400m:	5:04.84	35.40
DYSKW.	Zieli ski Konrad		03		UKS 190 Łód		<b>4:35.47</b>					
	<i>K11 - Pływak wykonał nierównoczesne lub naprzemienne ruchy nóg. (Czas: 16:36)</i>											
	50m:	29.90	29.90	150m:	1:38.63	35.04	250m:	2:53.86	40.94	350m:	4:06.07	30.73
	100m:	1:03.59	33.69	200m:	2:12.92	34.29	300m:	3:35.34	41.48	400m:	4:35.47	29.40







Arena Grand Prix Puchar Polski  
O wi cim, 26 - 27/10/2019



Konkurencja 13, M czyzn, 400m zmienny

Konkurencja 13  
26/10/2019 - 16:18

Chłopców, 400m zmienny

15 lat  
Wyniki

Punkty: FINA 2019

Pozycja	Rok ur.	Czas	Pkt.
1. Chmielewski Krzysztof	04 Muszelka Warszawa	<b>4:30.91</b>	656
50m: 28.74 28.74	150m: 1:36.24 34.47	250m: 2:50.68 40.92	350m: 4:01.42 30.82
100m: 1:01.77 33.03	200m: 2:09.76 33.52	300m: 3:30.60 39.92	400m: 4:30.91 29.49
2. Kosi ski Filip	04 Olimpijczyk Suwałki	<b>4:34.22</b>	633
50m: 28.77 28.77	150m: 1:34.29 33.10	250m: 2:46.89 40.31	350m: 4:02.06 33.89
100m: 1:01.19 32.42	200m: 2:06.58 32.29	300m: 3:28.17 41.28	400m: 4:34.22 32.16
3. Chmielewski Michał	04 Muszelka Warszawa	<b>4:37.57</b>	610
50m: 28.80 28.80	150m: 1:36.99 35.24	250m: 2:52.77 41.78	350m: 4:07.45 32.12
100m: 1:01.75 32.95	200m: 2:10.99 34.00	300m: 3:35.33 42.56	400m: 4:37.57 30.12
4. Kwiecie Paweł	04 AZS AWF Katowice	<b>4:43.41</b>	573
50m: 30.72 30.72	150m: 1:44.15 38.23	250m: 2:58.95 40.58	350m: 4:12.74 34.33
100m: 1:05.92 35.20	200m: 2:18.37 34.22	300m: 3:38.41 39.46	400m: 4:43.41 30.67
5. Lewicki Jakub	04 Sikret Gliwice	<b>4:53.56</b>	516
50m: 30.58 30.58	150m: 1:44.90 38.82	250m: 3:04.38 42.54	350m: 4:21.32 34.06
100m: 1:06.08 35.50	200m: 2:21.84 36.94	300m: 3:47.26 42.88	400m: 4:53.56 32.24
6. Cierpiat Wiktor	04 UKS 190 Łód	<b>4:56.02</b>	503
50m: 31.81 31.81	150m: 1:49.11 39.97	250m: 3:06.81 39.62	350m: 4:23.39 35.06
100m: 1:09.14 37.33	200m: 2:27.19 38.08	300m: 3:48.33 41.52	400m: 4:56.02 32.63
7. Plewka Przemysław	04 Sikret Gliwice	<b>4:57.19</b>	497
50m: 31.41 31.41	150m: 1:48.33 41.41	250m: 3:08.12 39.90	350m: 4:23.84 35.18
100m: 1:06.92 35.51	200m: 2:28.22 39.89	300m: 3:48.66 40.54	400m: 4:57.19 33.35
8. laski Filip	04 Fenix O arów Maz.	<b>5:06.41</b>	454
50m: 31.44 31.44	150m: 1:47.25 39.14	250m: 3:09.95 43.72	350m: 4:31.04 36.22
100m: 1:08.11 36.67	200m: 2:26.23 38.98	300m: 3:54.82 44.87	400m: 5:06.41 35.37

Konkurencja 13  
26/10/2019 - 16:18

Chłopców, 400m zmienny

14 lat  
Wyniki

Punkty: FINA 2019

Pozycja	Rok ur.	Czas	Pkt.
1. Staniszewski Bartosz	05 UKP Ruda l ska	<b>4:38.90</b>	602
50m: 29.10 29.10	150m: 1:41.37 37.27	250m: 2:55.44 38.66	350m: 4:08.37 32.67
100m: 1:04.10 35.00	200m: 2:16.78 35.41	300m: 3:35.70 40.26	400m: 4:38.90 30.53
2. Zdybel Adam	05 Delfin Gdynia	<b>4:39.11</b>	600
50m: 29.06 29.06	150m: 1:38.50 36.68	250m: 2:56.04 42.09	350m: 4:08.94 31.30
100m: 1:01.82 32.76	200m: 2:13.95 35.45	300m: 3:37.64 41.60	400m: 4:39.11 30.17
3. Szczerba Igor	05 SMS Galicja Kraków	<b>4:48.49</b>	543
50m: 30.04 30.04	150m: 1:40.77 36.27	250m: 2:58.21 41.62	350m: 4:15.85 34.44
100m: 1:04.50 34.46	200m: 2:16.59 35.82	300m: 3:41.41 43.20	400m: 4:48.49 32.64
4. Mochnal Kacper	05 Jedylnka Łód	<b>4:52.78</b>	520
50m: 30.48 30.48	150m: 1:42.58 38.04	250m: 3:03.27 43.42	350m: 4:20.98 34.47
100m: 1:04.54 34.06	200m: 2:19.85 37.27	300m: 3:46.51 43.24	400m: 4:52.78 31.80
5. Jarczewski Franciszek	05 UKS 190 Łód	<b>5:00.06</b>	483
50m: 31.15 31.15	150m: 1:45.77 38.06	250m: 3:06.98 43.95	350m: 4:25.50 34.73
100m: 1:07.71 36.56	200m: 2:23.03 37.26	300m: 3:50.77 43.79	400m: 5:00.06 34.56
6. Filozof Adam	05 Park Wodny Tarn. Góry	<b>5:00.80</b>	479
50m: 31.86 31.86	150m: 1:48.53 39.56	250m: 3:08.76 41.70	350m: 4:26.16 35.52
100m: 1:08.97 37.11	200m: 2:27.06 38.53	300m: 3:50.64 41.88	400m: 5:00.80 34.64

Obsługa zawodów: SMS SwimArt My lenice

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Arena Grand Prix Puchar Polski  
O wi cim, 26 - 27/10/2019



Konkurencja 13, Chłopców, 400m zmienny, 14 lat

Pozycja	Rok ur.						Czas	Pkt.
7. Basaez Claudio	05 Pi tka Chorzów						<b>5:07.25</b>	450
50m: 31.77	31.77	150m: 1:46.43	38.04	250m: 3:09.40	45.81	350m: 4:32.46	36.49	
100m: 1:08.39	36.62	200m: 2:23.59	37.16	300m: 3:55.97	46.57	400m: 5:07.25	34.79	
8. Domalewski Bartłomiej	05 Kormoran Olsztyn						<b>5:09.64</b>	439
50m: 33.67	33.67	150m: 1:52.69	40.14	250m: 3:17.45	46.71	350m: 4:37.83	33.09	
100m: 1:12.55	38.88	200m: 2:30.74	38.05	300m: 4:04.74	47.29	400m: 5:09.64	31.81	
9. Pawlica Mateusz	05 Pi tka Chorzów						<b>5:14.36</b>	420
50m: 32.98	32.98	150m: 1:53.43	40.19	250m: 3:17.51	45.38	350m: 4:39.55	35.74	
100m: 1:13.24	40.26	200m: 2:32.13	38.70	300m: 4:03.81	46.30	400m: 5:14.36	34.81	
10. aba Mateusz	05 UKS MOS Opole						<b>5:16.89</b>	410
50m: 33.13	33.13	150m: 1:53.60	40.88	250m: 3:17.10	44.17	350m: 4:40.93	38.57	
100m: 1:12.72	39.59	200m: 2:32.93	39.33	300m: 4:02.36	45.26	400m: 5:16.89	35.96	
11. Pawłowski Jan	05 Unia O wi cim						<b>5:17.97</b>	406
50m: 35.08	35.08	150m: 1:58.37	42.36	250m: 3:21.53	42.00	350m: 4:43.09	36.12	
100m: 1:16.01	40.93	200m: 2:39.53	41.16	300m: 4:06.97	45.44	400m: 5:17.97	34.88	
12. Magner Szymon	05 UKP Ruda l ska						<b>5:34.60</b>	348
50m: 35.38	35.38	150m: 2:01.26	43.53	250m: 3:29.82	45.84	350m: 4:56.82	39.31	
100m: 1:17.73	42.35	200m: 2:43.98	42.72	300m: 4:17.51	47.69	400m: 5:34.60	37.78	
DYSKW. Wo niak Piotr	05 Kormoran Olsztyn						<b>5:10.24</b>	
<i>K16 - Pływak dotkn ł cian nierównocze nie dwiema dło mi przy nawrocie lub na zako czenie wy cigu. (Czas: 19:13)</i>								
50m: 32.83	32.83	150m: 1:51.92	40.62	250m: 3:16.94	46.03	350m: 4:37.60	34.04	
100m: 1:11.30	38.47	200m: 2:30.91	38.99	300m: 4:03.56	46.62	400m: 5:10.24	32.64	

