



Arena Grand Prix Puchar Polski
O wicim, 26 - 27/10/2019



Konkurencja 33
27/10/2019 - 10:14

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2019

Pozycja	Rok ur.	Czas	Pkt.
1. Tarasiewicz Klaudia	04 Polonia Warszawa	4:13.56	785
50m: 30.52 30.52	150m: 1:34.70 32.44	250m: 2:38.49 31.22	350m: 3:42.08 31.80
100m: 1:02.26 31.74	200m: 2:07.27 32.57	300m: 3:10.28 31.79	400m: 4:13.56 31.48
2. Knop Aleksandra	03 UKS 190 Łódź	4:16.11	761
50m: 30.13 30.13	150m: 1:34.54 32.51	250m: 2:39.33 32.22	350m: 3:43.86 31.72
100m: 1:02.03 31.90	200m: 2:07.11 32.57	300m: 3:12.14 32.81	400m: 4:16.11 32.25
3. W grzynowska Aleksandra	01 I sk Wrocław	4:19.93	728
50m: 30.62 30.62	150m: 1:36.66 33.10	250m: 2:43.15 33.31	350m: 3:49.09 32.60
100m: 1:03.56 32.94	200m: 2:09.84 33.18	300m: 3:16.49 33.34	400m: 4:19.93 30.84
4. Andrzejewska Kamila	99 AZS UMCS Lublin	4:20.06	727
50m: 30.63 30.63	150m: 1:36.36 33.04	250m: 2:43.14 33.38	350m: 3:48.94 32.53
100m: 1:03.32 32.69	200m: 2:09.76 33.40	300m: 3:16.41 33.27	400m: 4:20.06 31.12
5. Rabiniak Zuzanna	01 AZS UMCS Lublin	4:24.09	694
50m: 29.72 29.72	150m: 1:35.62 33.09	250m: 2:42.46 33.33	350m: 3:50.52 34.19
100m: 1:02.53 32.81	200m: 2:09.13 33.51	300m: 3:16.33 33.87	400m: 4:24.09 33.57
6. Piechota Karolina	01 UKS 190 Łódź	4:24.40	692
50m: 31.53 31.53	150m: 1:37.65 33.24	250m: 2:44.30 33.20	350m: 3:51.52 33.66
100m: 1:04.41 32.88	200m: 2:11.10 33.45	300m: 3:17.86 33.56	400m: 4:24.40 32.88
7. Hellak Emilia	03 I sk Wrocław	4:25.22	686
50m: 30.49 30.49	150m: 1:37.72 33.68	250m: 2:44.98 33.50	350m: 3:52.32 33.65
100m: 1:04.04 33.55	200m: 2:11.48 33.76	300m: 3:18.67 33.69	400m: 4:25.22 32.90
8. Lewandowska Natalia	01 AZS AWF Katowice	4:25.88	680
50m: 29.66 29.66	150m: 1:34.75 33.01	250m: 2:43.14 34.36	350m: 3:52.20 34.48
100m: 1:01.74 32.08	200m: 2:08.78 34.03	300m: 3:17.72 34.58	400m: 4:25.88 33.68
9. Bociek Wiktoria	04 Górnik Sosnowiec	4:27.05	672
50m: 31.03 31.03	150m: 1:38.20 33.75	250m: 2:46.76 34.58	350m: 3:54.72 33.99
100m: 1:04.45 33.42	200m: 2:12.18 33.98	300m: 3:20.73 33.97	400m: 4:27.05 32.33
10. Nowak Maja	03 AZS AWF Warszawa	4:27.61	667
50m: 31.14 31.14	150m: 1:38.20 33.54	250m: 2:45.84 34.06	350m: 3:54.29 34.24
100m: 1:04.66 33.52	200m: 2:11.78 33.58	300m: 3:20.05 34.21	400m: 4:27.61 33.32
11. Kawka Nina	03 G-8 Bielany Warszawa	4:27.91	665
50m: 30.06 30.06	150m: 1:37.13 34.00	250m: 2:45.78 34.45	350m: 3:55.15 34.65
100m: 1:03.13 33.07	200m: 2:11.33 34.20	300m: 3:20.50 34.72	400m: 4:27.91 32.76
12. Cioch-Gradzik Wiktoria	03 AZS UMCS Lublin	4:30.03	650
50m: 31.44 31.44	150m: 1:39.45 34.18	250m: 2:48.00 34.10	350m: 3:56.62 34.16
100m: 1:05.27 33.83	200m: 2:13.90 34.45	300m: 3:22.46 34.46	400m: 4:30.03 33.41
13. Zar ba-Paradowska Julia	02 G-8 Bielany Warszawa	4:30.36	647
50m: 30.89 30.89	150m: 1:38.35 34.12	250m: 2:47.26 34.61	350m: 3:56.40 34.55
100m: 1:04.23 33.34	200m: 2:12.65 34.30	300m: 3:21.85 34.59	400m: 4:30.36 33.96
14. Kosi ska Dominika	01 AZS AWF Katowice	4:30.37	647
50m: 32.14 32.14	150m: 1:42.13 34.93	250m: 2:51.00 33.51	350m: 3:58.56 33.67
100m: 1:07.20 35.06	200m: 2:17.49 35.36	300m: 3:24.89 33.89	400m: 4:30.37 31.81
15. Słabosz Emilia	05 Wodnik 29 Tychy	4:31.31	640
50m: 31.18 31.18	150m: 1:40.51 34.86	250m: 2:50.36 34.69	350m: 3:59.23 34.48
100m: 1:05.65 34.47	200m: 2:15.67 35.16	300m: 3:24.75 34.39	400m: 4:31.31 32.08
16. Szewczyk Zofia	02 Fala Kra nik	4:31.49	639
50m: 32.00 32.00	150m: 1:40.68 34.35	250m: 2:49.98 34.40	350m: 3:58.46 34.19
100m: 1:06.33 34.33	200m: 2:15.58 34.90	300m: 3:24.27 34.29	400m: 4:31.49 33.03

Obsługa zawodów: SMS SwimArt My lenice

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27/10/2019 13:16 - Strona 1



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Arena Grand Prix Puchar Polski
O wi cim, 26 - 27/10/2019



Konkurencja 33, Kobiet, 400m dowolny, 14 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.		
17.	Kwiatkowska Zofia			01	AZS UMCS Lublin				4:32.07	635		
	50m:	31.41	31.41	150m:	1:39.82	34.84	250m:	2:50.05	35.16	350m:	3:58.90	33.88
	100m:	1:04.98	33.57	200m:	2:14.89	35.07	300m:	3:25.02	34.97	400m:	4:32.07	33.17
18.	Serafin Barbara			02	G-8 Bielany Warszawa				4:32.22	634		
	50m:	31.17	31.17	150m:	1:39.79	34.74	250m:	2:49.11	34.71	350m:	3:58.47	34.72
	100m:	1:05.05	33.88	200m:	2:14.40	34.61	300m:	3:23.75	34.64	400m:	4:32.22	33.75
19.	Zarembik Katarzyna			02	SMS Victoria Racibórz				4:33.21	627		
	50m:	31.00	31.00	150m:	1:40.22	34.81	250m:	2:50.91	35.43	350m:	4:00.44	34.64
	100m:	1:05.41	34.41	200m:	2:15.48	35.26	300m:	3:25.80	34.89	400m:	4:33.21	32.77
20.	Siwko Natalia			04	AZS UMCS Lublin				4:33.33	626		
	50m:	31.52	31.52	150m:	1:40.07	34.51	250m:	2:49.90	34.94	350m:	4:00.26	35.15
	100m:	1:05.56	34.04	200m:	2:14.96	34.89	300m:	3:25.11	35.21	400m:	4:33.33	33.07
21.	Haładyn Karolina			03	UKS 190 Łódź				4:34.31	620		
	50m:	31.07	31.07	150m:	1:39.62	34.46	250m:	2:49.28	35.01	350m:	3:59.59	35.27
	100m:	1:05.16	34.09	200m:	2:14.27	34.65	300m:	3:24.32	35.04	400m:	4:34.31	34.72
22.	Lala Nadia			04	Unia O wi cim				4:34.97	615		
	50m:	31.29	31.29	150m:	1:40.67	35.21	250m:	2:51.66	35.89	350m:	4:01.99	35.31
	100m:	1:05.46	34.17	200m:	2:15.77	35.10	300m:	3:26.68	35.02	400m:	4:34.97	32.98
23.	Pogo Milena			03	Unia O wi cim				4:35.01	615		
	50m:	32.35	32.35	150m:	1:40.83	34.35	250m:	2:50.14	34.74	350m:	4:00.74	35.39
	100m:	1:06.48	34.13	200m:	2:15.40	34.57	300m:	3:25.35	35.21	400m:	4:35.01	34.27
24.	Kmošenova Lea			04	Matador Púchov				4:35.50	612		
	50m:	30.92	30.92	150m:	1:40.36	35.12	250m:	2:51.07	35.22	350m:	4:01.88	35.18
	100m:	1:05.24	34.32	200m:	2:15.85	35.49	300m:	3:26.70	35.63	400m:	4:35.50	33.62
25.	D browska Tatiana			02	I sk Wrocław				4:35.59	611		
	50m:	31.51	31.51	150m:	1:40.17	34.73	250m:	2:50.06	34.87	350m:	4:00.86	35.33
	100m:	1:05.44	33.93	200m:	2:15.19	35.02	300m:	3:25.53	35.47	400m:	4:35.59	34.73
26.	Dadej Julia			05	BOSiR Brzesko				4:37.65	598		
	50m:	31.90	31.90	150m:	1:41.99	35.33	250m:	2:53.15	35.37	350m:	4:03.91	35.21
	100m:	1:06.66	34.76	200m:	2:17.78	35.79	300m:	3:28.70	35.55	400m:	4:37.65	33.74
27.	Kaczorowska Alicja			04	G-8 Bielany Warszawa				4:37.71	597		
	50m:	31.46	31.46	150m:	1:40.94	35.05	250m:	2:51.98	35.72	350m:	4:02.94	35.53
	100m:	1:05.89	34.43	200m:	2:16.26	35.32	300m:	3:27.41	35.43	400m:	4:37.71	34.77
28.	Fira Weronika			04	Sikret Gliwice				4:37.83	596		
	50m:	31.99	31.99	150m:	1:41.80	35.33	250m:	2:52.22	35.17	350m:	4:03.65	35.77
	100m:	1:06.47	34.48	200m:	2:17.05	35.25	300m:	3:27.88	35.66	400m:	4:37.83	34.18
29.	ak Amelia			04	Unia O wi cim				4:38.74	591		
	50m:	31.65	31.65	150m:	1:42.23	35.45	250m:	2:53.18	35.60	350m:	4:04.20	35.57
	100m:	1:06.78	35.13	200m:	2:17.58	35.35	300m:	3:28.63	35.45	400m:	4:38.74	34.54
30.	Adamska Maria			03	G-8 Bielany Warszawa				4:39.19	588		
	50m:	31.86	31.86	150m:	1:41.19	35.16	250m:	2:53.07	35.99	350m:	4:04.84	35.86
	100m:	1:06.03	34.17	200m:	2:17.08	35.89	300m:	3:28.98	35.91	400m:	4:39.19	34.35
31.	Wiktorowicz Patrycja			04	SMS Victoria Racibórz				4:40.07	582		
	50m:	32.20	32.20	150m:	1:42.71	35.65	250m:	2:53.95	35.56	350m:	4:05.83	36.10
	100m:	1:07.06	34.86	200m:	2:18.39	35.68	300m:	3:29.73	35.78	400m:	4:40.07	34.24
32.	Borys Zofia			04	G-8 Bielany Warszawa				4:40.17	582		
	50m:	32.81	32.81	150m:	1:42.93	35.37	250m:	2:54.64	35.80	350m:	4:05.21	35.27
	100m:	1:07.56	34.75	200m:	2:18.84	35.91	300m:	3:29.94	35.30	400m:	4:40.17	34.96
33.	Sobu Julia			04	Unia O wi cim				4:41.23	575		
	50m:	32.40	32.40	150m:	1:45.05	36.74	250m:	2:57.75	36.49	350m:	4:08.46	34.96
	100m:	1:08.31	35.91	200m:	2:21.26	36.21	300m:	3:33.50	35.75	400m:	4:41.23	32.77

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Konkurencja 33, Kobiet, 400m dowolny, 14 lat i starsi

Pozycja					Rok ur.					Czas	Pkt.	
34.	Miernik Wiktoria				04	Unia O wi cim				4:41.56	573	
	50m:	32.19	32.19	150m:	1:42.64	35.86	250m:	2:55.08	36.20	350m:	4:07.35	36.04
	100m:	1:06.78	34.59	200m:	2:18.88	36.24	300m:	3:31.31	36.23	400m:	4:41.56	34.21
35.	Gawedzka Natalia				05	UKS MOS Ełk				4:42.43	568	
	50m:	32.05	32.05	150m:	1:43.30	36.22	250m:	2:55.92	36.39	350m:	4:08.00	36.20
	100m:	1:07.08	35.03	200m:	2:19.53	36.23	300m:	3:31.80	35.88	400m:	4:42.43	34.43
36.	Burdyn Dominika				05	AZS UMCS Lublin				4:43.55	561	
	50m:	32.09	32.09	150m:	1:43.01	35.64	250m:	2:56.04	36.27	350m:	4:08.84	36.61
	100m:	1:07.37	35.28	200m:	2:19.77	36.76	300m:	3:32.23	36.19	400m:	4:43.55	34.71
37.	Chyra Julia				03	I sk Wrocław				4:43.73	560	
	50m:	32.28	32.28	150m:	1:43.19	35.67	250m:	2:55.50	36.40	350m:	4:08.61	36.54
	100m:	1:07.52	35.24	200m:	2:19.10	35.91	300m:	3:32.07	36.57	400m:	4:43.73	35.12
38.	Hrapkowicz Klaudia				04	Unia O wi cim				4:44.13	558	
	50m:	32.09	32.09	150m:	1:43.71	36.16	250m:	2:55.93	35.82	350m:	4:08.57	36.15
	100m:	1:07.55	35.46	200m:	2:20.11	36.40	300m:	3:32.42	36.49	400m:	4:44.13	35.56
39.	Tofil Emilia				05	Delfin Gdynia				4:44.16	557	
	50m:	32.04	32.04	150m:	1:43.39	35.67	250m:	2:55.32	36.27	350m:	4:08.50	36.60
	100m:	1:07.72	35.68	200m:	2:19.05	35.66	300m:	3:31.90	36.58	400m:	4:44.16	35.66
40.	Jakubik Julia				05	Unia O wi cim				4:44.91	553	
	50m:	31.81	31.81	150m:	1:43.20	36.13	250m:	2:56.16	36.73	350m:	4:10.00	37.28
	100m:	1:07.07	35.26	200m:	2:19.43	36.23	300m:	3:32.72	36.56	400m:	4:44.91	34.91
41.	Ptaszy ska Weronika				03	Unia O wi cim				4:48.11	535	
	50m:	32.37	32.37	150m:	1:42.91	35.60	250m:	2:56.70	37.19	350m:	4:11.38	37.32
	100m:	1:07.31	34.94	200m:	2:19.51	36.60	300m:	3:34.06	37.36	400m:	4:48.11	36.73
42.	Dwojak Wiktoria				04	AZS UMCS Lublin				4:49.63	526	
	50m:	32.23	32.23	150m:	1:45.03	36.62	250m:	2:59.28	37.38	350m:	4:13.82	37.14
	100m:	1:08.41	36.18	200m:	2:21.90	36.87	300m:	3:36.68	37.40	400m:	4:49.63	35.81
43.	Dyduch Martyna				04	Unia O wi cim				4:50.99	519	
	50m:	32.41	32.41	150m:	1:44.61	36.58	250m:	2:59.76	37.85	350m:	4:15.52	37.88
	100m:	1:08.03	35.62	200m:	2:21.91	37.30	300m:	3:37.64	37.88	400m:	4:50.99	35.47
44.	Surmiak Klara				04	UKP Ruda I ska				4:53.77	504	
	50m:	32.36	32.36	150m:	1:44.89	37.28	250m:	3:00.71	37.94	350m:	4:16.86	37.81
	100m:	1:07.61	35.25	200m:	2:22.77	37.88	300m:	3:39.05	38.34	400m:	4:53.77	36.91
45.	Bukowska Olga				05	Pałac Młodzie y Katowice				4:58.62	480	
	50m:	33.81	33.81	150m:	1:49.87	38.30	250m:	3:06.93	37.82	350m:	4:22.75	37.76
	100m:	1:11.57	37.76	200m:	2:29.11	39.24	300m:	3:44.99	38.06	400m:	4:58.62	35.87
46.	Marczy ska Eliza				05	I sk Wrocław				4:59.95	474	
	50m:	32.81	32.81	150m:	1:48.59	38.40	250m:	3:05.47	38.04	350m:	4:22.58	38.86
	100m:	1:10.19	37.38	200m:	2:27.43	38.84	300m:	3:43.72	38.25	400m:	4:59.95	37.37
47.	Matwin Julia				05	Unia O wi cim				5:00.80	470	
	50m:	32.75	32.75	150m:	1:49.02	38.56	250m:	3:06.38	38.89	350m:	4:24.13	38.61
	100m:	1:10.46	37.71	200m:	2:27.49	38.47	300m:	3:45.52	39.14	400m:	5:00.80	36.67
48.	Polasik Natalia				02	Medyk Gi ycko				5:05.56	448	
	50m:	33.61	33.61	150m:	1:49.03	38.33	250m:	3:07.05	39.15	350m:	4:26.53	39.74
	100m:	1:10.70	37.09	200m:	2:27.90	38.87	300m:	3:46.79	39.74	400m:	5:05.56	39.03
49.	Kryza Maja				05	Unia O wi cim				5:07.40	440	
	50m:	34.16	34.16	150m:	1:50.79	39.06	250m:	3:10.37	39.62	350m:	4:29.76	39.49
	100m:	1:11.73	37.57	200m:	2:30.75	39.96	300m:	3:50.27	39.90	400m:	5:07.40	37.64
50.	Ryba Monika				05	Płetwal Zakopane				5:18.38	396	
	50m:	34.60	34.60	150m:	1:53.79	40.06	250m:	3:16.50	41.82	350m:	4:38.46	40.52
	100m:	1:13.73	39.13	200m:	2:34.68	40.89	300m:	3:57.94	41.44	400m:	5:18.38	39.92





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Konkurencja 33, Kobiet, 400m dowolny, 14 lat i starsi

Pozycja	Rok ur.	Czas	Pkt.
51. Grzybek Zofia	05 Victoria Kozy	5:29.63	357
50m: 36.75 36.75	150m: 2:00.04 42.58	250m: 3:25.16 42.65	350m: 4:50.29 42.32
100m: 1:17.46 40.71	200m: 2:42.51 42.47	300m: 4:07.97 42.81	400m: 5:29.63 39.34
DYSKW. Siejak Patrycja	05 Kormoran Olsztyn	4:49.27	
<i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej, a przed sygnałem startu.</i>			
<i>(Czas: 12:00)</i>			
50m: 33.13 33.13	150m: 1:45.66 36.39	250m: 3:00.20 37.27	350m: 4:13.82 36.83
100m: 1:09.27 36.14	200m: 2:22.93 37.27	300m: 3:36.99 36.79	400m: 4:49.27 35.45

Konkurencja 33
27/10/2019 - 10:14

Kobiet, 400m dowolny

17 - 18 lat
Wyniki

Punkty: FINA 2019

Pozycja	Rok ur.	Czas	Pkt.
1. W grzynowska Aleksandra	01 I sk Wrocław	4:19.93	728
50m: 30.62 30.62	150m: 1:36.66 33.10	250m: 2:43.15 33.31	350m: 3:49.09 32.60
100m: 1:03.56 32.94	200m: 2:09.84 33.18	300m: 3:16.49 33.34	400m: 4:19.93 30.84
2. Rabiniaak Zuzanna	01 AZS UMCS Lublin	4:24.09	694
50m: 29.72 29.72	150m: 1:35.62 33.09	250m: 2:42.46 33.33	350m: 3:50.52 34.19
100m: 1:02.53 32.81	200m: 2:09.13 33.51	300m: 3:16.33 33.87	400m: 4:24.09 33.57
3. Piechota Karolina	01 UKS 190 Łód	4:24.40	692
50m: 31.53 31.53	150m: 1:37.65 33.24	250m: 2:44.30 33.20	350m: 3:51.52 33.66
100m: 1:04.41 32.88	200m: 2:11.10 33.45	300m: 3:17.86 33.56	400m: 4:24.40 32.88
4. Lewandowska Natalia	01 AZS AWF Katowice	4:25.88	680
50m: 29.66 29.66	150m: 1:34.75 33.01	250m: 2:43.14 34.36	350m: 3:52.20 34.48
100m: 1:01.74 32.08	200m: 2:08.78 34.03	300m: 3:17.72 34.58	400m: 4:25.88 33.68
5. Zar ba-Paradowska Julia	02 G-8 Bielany Warszawa	4:30.36	647
50m: 30.89 30.89	150m: 1:38.35 34.12	250m: 2:47.26 34.61	350m: 3:56.40 34.55
100m: 1:04.23 33.34	200m: 2:12.65 34.30	300m: 3:21.85 34.59	400m: 4:30.36 33.96
6. Kosi ska Dominika	01 AZS AWF Katowice	4:30.37	647
50m: 32.14 32.14	150m: 1:42.13 34.93	250m: 2:51.00 33.51	350m: 3:58.56 33.67
100m: 1:07.20 35.06	200m: 2:17.49 35.36	300m: 3:24.89 33.89	400m: 4:30.37 31.81
7. Szewczyk Zofia	02 Fala Kra nik	4:31.49	639
50m: 32.00 32.00	150m: 1:40.68 34.35	250m: 2:49.98 34.40	350m: 3:58.46 34.19
100m: 1:06.33 34.33	200m: 2:15.58 34.90	300m: 3:24.27 34.29	400m: 4:31.49 33.03
8. Kwiatkowska Zofia	01 AZS UMCS Lublin	4:32.07	635
50m: 31.41 31.41	150m: 1:39.82 34.84	250m: 2:50.05 35.16	350m: 3:58.90 33.88
100m: 1:04.98 33.57	200m: 2:14.89 35.07	300m: 3:25.02 34.97	400m: 4:32.07 33.17
9. Serafin Barbara	02 G-8 Bielany Warszawa	4:32.22	634
50m: 31.17 31.17	150m: 1:39.79 34.74	250m: 2:49.11 34.71	350m: 3:58.47 34.72
100m: 1:05.05 33.88	200m: 2:14.40 34.61	300m: 3:23.75 34.64	400m: 4:32.22 33.75
10. Zarembik Katarzyna	02 SMS Victoria Racibórz	4:33.21	627
50m: 31.00 31.00	150m: 1:40.22 34.81	250m: 2:50.91 35.43	350m: 4:00.44 34.64
100m: 1:05.41 34.41	200m: 2:15.48 35.26	300m: 3:25.80 34.89	400m: 4:33.21 32.77
11. D browska Tatiana	02 I sk Wrocław	4:35.59	611
50m: 31.51 31.51	150m: 1:40.17 34.73	250m: 2:50.06 34.87	350m: 4:00.86 35.33
100m: 1:05.44 33.93	200m: 2:15.19 35.02	300m: 3:25.53 35.47	400m: 4:35.59 34.73
12. Polasik Natalia	02 Medyk Gi ycko	5:05.56	448
50m: 33.61 33.61	150m: 1:49.03 38.33	250m: 3:07.05 39.15	350m: 4:26.53 39.74
100m: 1:10.70 37.09	200m: 2:27.90 38.87	300m: 3:46.79 39.74	400m: 5:05.56 39.03

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Arena Grand Prix Puchar Polski
O wi cim, 26 - 27/10/2019



Konkurencja 33, Kobiety, 400m dowolny

Konkurencja 33
27/10/2019 - 10:14

Dziewcz t, 400m dowolny

16 lat
Wyniki

Punkty: FINA 2019

Pozycja	Rok ur.	Czas	Pkt.
1. Knop Aleksandra	03 UKS 190 Łód	4:16.11	761
50m: 30.13 30.13	150m: 1:34.54 32.51	250m: 2:39.33 32.22	350m: 3:43.86 31.72
100m: 1:02.03 31.90	200m: 2:07.11 32.57	300m: 3:12.14 32.81	400m: 4:16.11 32.25
2. Hellak Emilia	03 I sk Wrocław	4:25.22	686
50m: 30.49 30.49	150m: 1:37.72 33.68	250m: 2:44.98 33.50	350m: 3:52.32 33.65
100m: 1:04.04 33.55	200m: 2:11.48 33.76	300m: 3:18.67 33.69	400m: 4:25.22 32.90
3. Nowak Maja	03 AZS AWF Warszawa	4:27.61	667
50m: 31.14 31.14	150m: 1:38.20 33.54	250m: 2:45.84 34.06	350m: 3:54.29 34.24
100m: 1:04.66 33.52	200m: 2:11.78 33.58	300m: 3:20.05 34.21	400m: 4:27.61 33.32
4. Kawka Nina	03 G-8 Bielany Warszawa	4:27.91	665
50m: 30.06 30.06	150m: 1:37.13 34.00	250m: 2:45.78 34.45	350m: 3:55.15 34.65
100m: 1:03.13 33.07	200m: 2:11.33 34.20	300m: 3:20.50 34.72	400m: 4:27.91 32.76
5. Cioch-Gradzik Wiktoria	03 AZS UMCS Lublin	4:30.03	650
50m: 31.44 31.44	150m: 1:39.45 34.18	250m: 2:48.00 34.10	350m: 3:56.62 34.16
100m: 1:05.27 33.83	200m: 2:13.90 34.45	300m: 3:22.46 34.46	400m: 4:30.03 33.41
6. Haładyn Karolina	03 UKS 190 Łód	4:34.31	620
50m: 31.07 31.07	150m: 1:39.62 34.46	250m: 2:49.28 35.01	350m: 3:59.59 35.27
100m: 1:05.16 34.09	200m: 2:14.27 34.65	300m: 3:24.32 35.04	400m: 4:34.31 34.72
7. Pogo Milena	03 Unia O wi cim	4:35.01	615
50m: 32.35 32.35	150m: 1:40.83 34.35	250m: 2:50.14 34.74	350m: 4:00.74 35.39
100m: 1:06.48 34.13	200m: 2:15.40 34.57	300m: 3:25.35 35.21	400m: 4:35.01 34.27
8. Adamska Maria	03 G-8 Bielany Warszawa	4:39.19	588
50m: 31.86 31.86	150m: 1:41.19 35.16	250m: 2:53.07 35.99	350m: 4:04.84 35.86
100m: 1:06.03 34.17	200m: 2:17.08 35.89	300m: 3:28.98 35.91	400m: 4:39.19 34.35
9. Chyra Julia	03 I sk Wrocław	4:43.73	560
50m: 32.28 32.28	150m: 1:43.19 35.67	250m: 2:55.50 36.40	350m: 4:08.61 36.54
100m: 1:07.52 35.24	200m: 2:19.10 35.91	300m: 3:32.07 36.57	400m: 4:43.73 35.12
10. Ptaszy ska Weronika	03 Unia O wi cim	4:48.11	535
50m: 32.37 32.37	150m: 1:42.91 35.60	250m: 2:56.70 37.19	350m: 4:11.38 37.32
100m: 1:07.31 34.94	200m: 2:19.51 36.60	300m: 3:34.06 37.36	400m: 4:48.11 36.73

Konkurencja 33
27/10/2019 - 10:14

Dziewcz t, 400m dowolny

15 lat
Wyniki

Punkty: FINA 2019

Pozycja	Rok ur.	Czas	Pkt.
1. Tarasiewicz Klaudia	04 Polonia Warszawa	4:13.56	785
50m: 30.52 30.52	150m: 1:34.70 32.44	250m: 2:38.49 31.22	350m: 3:42.08 31.80
100m: 1:02.26 31.74	200m: 2:07.27 32.57	300m: 3:10.28 31.79	400m: 4:13.56 31.48
2. Bociek Wiktoria	04 Górnik Sosnowiec	4:27.05	672
50m: 31.03 31.03	150m: 1:38.20 33.75	250m: 2:46.76 34.58	350m: 3:54.72 33.99
100m: 1:04.45 33.42	200m: 2:12.18 33.98	300m: 3:20.73 33.97	400m: 4:27.05 32.33
3. Siwko Natalia	04 AZS UMCS Lublin	4:33.33	626
50m: 31.52 31.52	150m: 1:40.07 34.51	250m: 2:49.90 34.94	350m: 4:00.26 35.15
100m: 1:05.56 34.04	200m: 2:14.96 34.89	300m: 3:25.11 35.21	400m: 4:33.33 33.07
4. Lala Nadia	04 Unia O wi cim	4:34.97	615
50m: 31.29 31.29	150m: 1:40.67 35.21	250m: 2:51.66 35.89	350m: 4:01.99 35.31
100m: 1:05.46 34.17	200m: 2:15.77 35.10	300m: 3:26.68 35.02	400m: 4:34.97 32.98

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O wi cim, 26 - 27/10/2019



Konkurencja 33, Dziewcz t, 400m dowolny, 15 lat

Pozycja					Rok ur.					Czas	Pkt.	
5.	Kmošenova Lea				04	Matador Púchov				4:35.50	612	
	50m:	30.92	30.92	150m:	1:40.36	35.12	250m:	2:51.07	35.22	350m:	4:01.88	35.18
	100m:	1:05.24	34.32	200m:	2:15.85	35.49	300m:	3:26.70	35.63	400m:	4:35.50	33.62
6.	Kaczorowska Alicja				04	G-8 Bielany Warszawa				4:37.71	597	
	50m:	31.46	31.46	150m:	1:40.94	35.05	250m:	2:51.98	35.72	350m:	4:02.94	35.53
	100m:	1:05.89	34.43	200m:	2:16.26	35.32	300m:	3:27.41	35.43	400m:	4:37.71	34.77
7.	Fira Weronika				04	Sikret Gliwice				4:37.83	596	
	50m:	31.99	31.99	150m:	1:41.80	35.33	250m:	2:52.22	35.17	350m:	4:03.65	35.77
	100m:	1:06.47	34.48	200m:	2:17.05	35.25	300m:	3:27.88	35.66	400m:	4:37.83	34.18
8.	ak Amelia				04	Unia O wi cim				4:38.74	591	
	50m:	31.65	31.65	150m:	1:42.23	35.45	250m:	2:53.18	35.60	350m:	4:04.20	35.57
	100m:	1:06.78	35.13	200m:	2:17.58	35.35	300m:	3:28.63	35.45	400m:	4:38.74	34.54
9.	Wiktorowicz Patrycja				04	SMS Victoria Racibórz				4:40.07	582	
	50m:	32.20	32.20	150m:	1:42.71	35.65	250m:	2:53.95	35.56	350m:	4:05.83	36.10
	100m:	1:07.06	34.86	200m:	2:18.39	35.68	300m:	3:29.73	35.78	400m:	4:40.07	34.24
10.	Borys Zofia				04	G-8 Bielany Warszawa				4:40.17	582	
	50m:	32.81	32.81	150m:	1:42.93	35.37	250m:	2:54.64	35.80	350m:	4:05.21	35.27
	100m:	1:07.56	34.75	200m:	2:18.84	35.91	300m:	3:29.94	35.30	400m:	4:40.17	34.96
11.	Sobu Julia				04	Unia O wi cim				4:41.23	575	
	50m:	32.40	32.40	150m:	1:45.05	36.74	250m:	2:57.75	36.49	350m:	4:08.46	34.96
	100m:	1:08.31	35.91	200m:	2:21.26	36.21	300m:	3:33.50	35.75	400m:	4:41.23	32.77
12.	Miernik Wiktoria				04	Unia O wi cim				4:41.56	573	
	50m:	32.19	32.19	150m:	1:42.64	35.86	250m:	2:55.08	36.20	350m:	4:07.35	36.04
	100m:	1:06.78	34.59	200m:	2:18.88	36.24	300m:	3:31.31	36.23	400m:	4:41.56	34.21
13.	Hrapkowicz Klaudia				04	Unia O wi cim				4:44.13	558	
	50m:	32.09	32.09	150m:	1:43.71	36.16	250m:	2:55.93	35.82	350m:	4:08.57	36.15
	100m:	1:07.55	35.46	200m:	2:20.11	36.40	300m:	3:32.42	36.49	400m:	4:44.13	35.56
14.	Dwojak Wiktoria				04	AZS UMCS Lublin				4:49.63	526	
	50m:	32.23	32.23	150m:	1:45.03	36.62	250m:	2:59.28	37.38	350m:	4:13.82	37.14
	100m:	1:08.41	36.18	200m:	2:21.90	36.87	300m:	3:36.68	37.40	400m:	4:49.63	35.81
15.	Dyduch Martyna				04	Unia O wi cim				4:50.99	519	
	50m:	32.41	32.41	150m:	1:44.61	36.58	250m:	2:59.76	37.85	350m:	4:15.52	37.88
	100m:	1:08.03	35.62	200m:	2:21.91	37.30	300m:	3:37.64	37.88	400m:	4:50.99	35.47
16.	Surmiak Klara				04	UKP Ruda l ska				4:53.77	504	
	50m:	32.36	32.36	150m:	1:44.89	37.28	250m:	3:00.71	37.94	350m:	4:16.86	37.81
	100m:	1:07.61	35.25	200m:	2:22.77	37.88	300m:	3:39.05	38.34	400m:	4:53.77	36.91

Konkurencja 33
27/10/2019 - 10:14

Dziewcz t, 400m dowolny

14 lat
Wyniki

Punkty: FINA 2019

Pozycja					Rok ur.					Czas	Pkt.	
1.	Słabosz Emilia				05	Wodnik 29 Tychy				4:31.31	640	
	50m:	31.18	31.18	150m:	1:40.51	34.86	250m:	2:50.36	34.69	350m:	3:59.23	34.48
	100m:	1:05.65	34.47	200m:	2:15.67	35.16	300m:	3:24.75	34.39	400m:	4:31.31	32.08
2.	Dadej Julia				05	BOSiR Brzesko				4:37.65	598	
	50m:	31.90	31.90	150m:	1:41.99	35.33	250m:	2:53.15	35.37	350m:	4:03.91	35.21
	100m:	1:06.66	34.76	200m:	2:17.78	35.79	300m:	3:28.70	35.55	400m:	4:37.65	33.74
3.	Gawedzka Natalia				05	UKS MOS Ełk				4:42.43	568	
	50m:	32.05	32.05	150m:	1:43.30	36.22	250m:	2:55.92	36.39	350m:	4:08.00	36.20
	100m:	1:07.08	35.03	200m:	2:19.53	36.23	300m:	3:31.80	35.88	400m:	4:42.43	34.43

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O wi cim, 26 - 27/10/2019



Konkurencja 33, Dziewcz t, 400m dowolny, 14 lat

Pozycja					Rok ur.					Czas	Pkt.	
4.	Burdyn Dominika				05	AZS UMCS Lublin				4:43.55	561	
	50m:	32.09	32.09	150m:	1:43.01	35.64	250m:	2:56.04	36.27	350m:	4:08.84	36.61
	100m:	1:07.37	35.28	200m:	2:19.77	36.76	300m:	3:32.23	36.19	400m:	4:43.55	34.71
5.	Tofil Emilia				05	Delfin Gdynia				4:44.16	557	
	50m:	32.04	32.04	150m:	1:43.39	35.67	250m:	2:55.32	36.27	350m:	4:08.50	36.60
	100m:	1:07.72	35.68	200m:	2:19.05	35.66	300m:	3:31.90	36.58	400m:	4:44.16	35.66
6.	Jakubik Julia				05	Unia O wi cim				4:44.91	553	
	50m:	31.81	31.81	150m:	1:43.20	36.13	250m:	2:56.16	36.73	350m:	4:10.00	37.28
	100m:	1:07.07	35.26	200m:	2:19.43	36.23	300m:	3:32.72	36.56	400m:	4:44.91	34.91
7.	Bukowska Olga				05	Pałac Młodzie y Katowice				4:58.62	480	
	50m:	33.81	33.81	150m:	1:49.87	38.30	250m:	3:06.93	37.82	350m:	4:22.75	37.76
	100m:	1:11.57	37.76	200m:	2:29.11	39.24	300m:	3:44.99	38.06	400m:	4:58.62	35.87
8.	Marczy ska Eliza				05	I sk Wrocław				4:59.95	474	
	50m:	32.81	32.81	150m:	1:48.59	38.40	250m:	3:05.47	38.04	350m:	4:22.58	38.86
	100m:	1:10.19	37.38	200m:	2:27.43	38.84	300m:	3:43.72	38.25	400m:	4:59.95	37.37
9.	Matwin Julia				05	Unia O wi cim				5:00.80	470	
	50m:	32.75	32.75	150m:	1:49.02	38.56	250m:	3:06.38	38.89	350m:	4:24.13	38.61
	100m:	1:10.46	37.71	200m:	2:27.49	38.47	300m:	3:45.52	39.14	400m:	5:00.80	36.67
10.	Kryza Maja				05	Unia O wi cim				5:07.40	440	
	50m:	34.16	34.16	150m:	1:50.79	39.06	250m:	3:10.37	39.62	350m:	4:29.76	39.49
	100m:	1:11.73	37.57	200m:	2:30.75	39.96	300m:	3:50.27	39.90	400m:	5:07.40	37.64
11.	Ryba Monika				05	Płetwal Zakopane				5:18.38	396	
	50m:	34.60	34.60	150m:	1:53.79	40.06	250m:	3:16.50	41.82	350m:	4:38.46	40.52
	100m:	1:13.73	39.13	200m:	2:34.68	40.89	300m:	3:57.94	41.44	400m:	5:18.38	39.92
12.	Grzybek Zofia				05	Victoria Kozy				5:29.63	357	
	50m:	36.75	36.75	150m:	2:00.04	42.58	250m:	3:25.16	42.65	350m:	4:50.29	42.32
	100m:	1:17.46	40.71	200m:	2:42.51	42.47	300m:	4:07.97	42.81	400m:	5:29.63	39.34
DYSKW.	Siejak Patrycja				05	Kormoran Olsztyn				4:49.27		
	<i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej, a przed sygnałem startu.</i>											
	<i>(Czas: 12:00)</i>											
	50m:	33.13	33.13	150m:	1:45.66	36.39	250m:	3:00.20	37.27	350m:	4:13.82	36.83
	100m:	1:09.27	36.14	200m:	2:22.93	37.27	300m:	3:36.99	36.79	400m:	4:49.27	35.45

