



Arena Grand Prix Puchar Polski  
O wi cim, 26 - 27/10/2019



Konkurencja 34  
27/10/2019 - 10:30

M czyzn, 400m dowolny

14 lat i starsi  
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.					Czas	Pkt.
1.	Daszkiewicz Michał		03	Unia O wi cim				<b>3:51.00</b>	775
	50m:	26.77 26.77	150m:	1:24.79 29.11	250m:	2:23.52 29.54	350m:	3:22.49 29.28	
	100m:	55.68 28.91	200m:	1:53.98 29.19	300m:	2:53.21 29.69	400m:	3:51.00 28.51	
2.	Koziejko Bartłomiej		00	AZS UWM Olsztyn				<b>3:51.12</b>	774
	50m:	27.41 27.41	150m:	1:27.18 29.86	250m:	2:25.75 29.07	350m:	3:23.74 28.84	
	100m:	57.32 29.91	200m:	1:56.68 29.50	300m:	2:54.90 29.15	400m:	3:51.12 27.38	
3.	Werner Paweł		93	Juvenia Wrocław				<b>3:53.00</b>	755
	50m:	26.42 26.42	150m:	1:25.58 29.94	250m:	2:25.00 29.57	350m:	3:24.51 29.43	
	100m:	55.64 29.22	200m:	1:55.43 29.85	300m:	2:55.08 30.08	400m:	3:53.00 28.49	
4.	Malec Mikołaj		01	Trójka Łódź				<b>3:53.87</b>	747
	50m:	27.42 27.42	150m:	1:26.39 29.81	250m:	2:26.16 29.64	350m:	3:25.85 29.62	
	100m:	56.58 29.16	200m:	1:56.52 30.13	300m:	2:56.23 30.07	400m:	3:53.87 28.02	
5.	Kiszczak Jakub		00	I sk Wrocław				<b>3:57.18</b>	716
	50m:	27.47 27.47	150m:	1:28.07 30.25	250m:	2:28.15 29.74	350m:	3:28.19 29.92	
	100m:	57.82 30.35	200m:	1:58.41 30.34	300m:	2:58.27 30.12	400m:	3:57.18 28.99	
6.	Wysoczy ski Mateusz		93	AZS AGH Kraków				<b>3:58.46</b>	705
	50m:	26.49 26.49	150m:	1:27.44 30.75	250m:	2:29.10 30.83	350m:	3:29.20 30.03	
	100m:	56.69 30.20	200m:	1:58.27 30.83	300m:	2:59.17 30.07	400m:	3:58.46 29.26	
7.	Jackowski Tomasz		02	I sk Wrocław				<b>3:58.69</b>	703
	50m:	27.35 27.35	150m:	1:27.41 30.15	250m:	2:27.56 29.86	350m:	3:28.69 30.83	
	100m:	57.26 29.91	200m:	1:57.70 30.29	300m:	2:57.86 30.30	400m:	3:58.69 30.00	
8.	Jó ków Cezary		01	I sk Wrocław				<b>4:00.16</b>	690
	50m:	28.26 28.26	150m:	1:29.23 30.54	250m:	2:30.09 30.25	350m:	3:31.00 30.67	
	100m:	58.69 30.43	200m:	1:59.84 30.61	300m:	3:00.33 30.24	400m:	4:00.16 29.16	
9.	Jaworski Szymon		01	I sk Wrocław				<b>4:01.06</b>	682
	50m:	27.14 27.14	150m:	1:28.37 30.85	250m:	2:29.81 30.62	350m:	3:31.19 30.98	
	100m:	57.52 30.38	200m:	1:59.19 30.82	300m:	3:00.21 30.40	400m:	4:01.06 29.87	
10.	Ja kiewicz Adrian		02	G-8 Bielany Warszawa				<b>4:01.65</b>	677
	50m:	27.45 27.45	150m:	1:29.34 31.40	250m:	2:30.98 29.72	350m:	3:32.03 30.76	
	100m:	57.94 30.49	200m:	2:01.26 31.92	300m:	3:01.27 30.29	400m:	4:01.65 29.62	
11.	Grzegorzczak Wiktor		02	UKS MOS Ełk				<b>4:01.72</b>	677
	50m:	27.84 27.84	150m:	1:28.71 30.73	250m:	2:30.80 31.05	350m:	3:32.10 30.62	
	100m:	57.98 30.14	200m:	1:59.75 31.04	300m:	3:01.48 30.68	400m:	4:01.72 29.62	
12.	Bryła Kamil		99	AZS UMCS Lublin				<b>4:01.86</b>	675
	50m:	28.26 28.26	150m:	1:29.77 30.75	250m:	2:31.55 30.87	350m:	3:33.71 30.94	
	100m:	59.02 30.76	200m:	2:00.68 30.91	300m:	3:02.77 31.22	400m:	4:01.86 28.15	
	Sucha ski Przemysław		01	Unia O wi cim				<b>4:01.86</b>	675
	50m:	27.13 27.13	150m:	1:27.92 30.38	250m:	2:29.47 30.83	350m:	3:31.63 31.01	
	100m:	57.54 30.41	200m:	1:58.64 30.72	300m:	3:00.62 31.15	400m:	4:01.86 30.23	
14.	Wi zik Jan		03	Unia O wi cim				<b>4:01.91</b>	675
	50m:	27.29 27.29	150m:	1:28.26 30.93	250m:	2:30.07 30.75	350m:	3:32.37 31.13	
	100m:	57.33 30.04	200m:	1:59.32 31.06	300m:	3:01.24 31.17	400m:	4:01.91 29.54	
15.	Zieli ski Konrad		03	UKS 190 Łódź				<b>4:01.96</b>	675
	50m:	28.68 28.68	150m:	1:30.42 31.05	250m:	2:32.47 31.04	350m:	3:33.76 30.08	
	100m:	59.37 30.69	200m:	2:01.43 31.01	300m:	3:03.68 31.21	400m:	4:01.96 28.20	
16.	Szczerba Adam		02	AZS UMCS Lublin				<b>4:02.75</b>	668
	50m:	27.17 27.17	150m:	1:28.08 30.35	250m:	2:28.91 30.75	350m:	3:31.62 31.56	
	100m:	57.73 30.56	200m:	1:58.16 30.08	300m:	3:00.06 31.15	400m:	4:02.75 31.13	





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Pozycja			Rok ur.			Czas	Pkt.	
17.	Mencel Miłosz		02	I sk Wrocław		<b>4:03.02</b>	666	
	50m: 27.80	27.80	150m: 1:29.31	31.06	250m: 2:31.28	30.51	350m: 3:33.69	31.04
	100m: 58.25	30.45	200m: 2:00.77	31.46	300m: 3:02.65	31.37	400m: 4:03.02	29.33
18.	D browski Patryk		00	I sk Wrocław		<b>4:03.35</b>	663	
	50m: 27.83	27.83	150m: 1:28.91	30.72	250m: 2:31.03	31.24	350m: 3:33.68	31.58
	100m: 58.19	30.36	200m: 1:59.79	30.88	300m: 3:02.10	31.07	400m: 4:03.35	29.67
19.	Goraj Marcin		01	SMS Galicja Kraków		<b>4:03.58</b>	661	
	50m: 27.78	27.78	150m: 1:30.37	31.63	250m: 2:33.19	31.15	350m: 3:35.07	30.63
	100m: 58.74	30.96	200m: 2:02.04	31.67	300m: 3:04.44	31.25	400m: 4:03.58	28.51
20.	Ciasto Sebastian		99	AZS AWF Katowice		<b>4:04.11</b>	657	
	50m: 27.82	27.82	150m: 1:28.73	30.81	250m: 2:31.28	31.12	350m: 3:34.49	31.51
	100m: 57.92	30.10	200m: 2:00.16	31.43	300m: 3:02.98	31.70	400m: 4:04.11	29.62
21.	Trylski Wiktor		03	Tri-Team Rumia		<b>4:04.48</b>	654	
	50m: 28.93	28.93	150m: 1:30.84	30.95	250m: 2:33.13	31.02	350m: 3:34.80	30.60
	100m: 59.89	30.96	200m: 2:02.11	31.27	300m: 3:04.20	31.07	400m: 4:04.48	29.68
22.	Małyśka Bartosz		99	AZS UMCS Lublin		<b>4:04.73</b>	652	
	50m: 27.89	27.89	150m: 1:29.71	31.03	250m: 2:31.95	30.85	350m: 3:34.25	30.96
	100m: 58.68	30.79	200m: 2:01.10	31.39	300m: 3:03.29	31.34	400m: 4:04.73	30.48
23.	Szarpak Marcin		01	AZS AWF Katowice		<b>4:05.34</b>	647	
	50m: 27.60	27.60	150m: 1:28.65	31.24	250m: 2:31.16	31.06	350m: 3:34.52	31.43
	100m: 57.41	29.81	200m: 2:00.10	31.45	300m: 3:03.09	31.93	400m: 4:05.34	30.82
24.	Kuczak Adam		00	AZS AWF Katowice		<b>4:05.60</b>	645	
	50m: 27.92	27.92	150m: 1:30.04	31.24	250m: 2:32.64	31.14	350m: 3:35.45	31.31
	100m: 58.80	30.88	200m: 2:01.50	31.46	300m: 3:04.14	31.50	400m: 4:05.60	30.15
25.	Dołowy Grzegorz		02	Muszelka Warszawa		<b>4:06.05</b>	641	
	50m: 28.86	28.86	150m: 1:30.55	31.10	250m: 2:33.04	31.19	350m: 3:35.66	31.20
	100m: 59.45	30.59	200m: 2:01.85	31.30	300m: 3:04.46	31.42	400m: 4:06.05	30.39
26.	Urba ski Michał		01	Delfin Gdynia		<b>4:06.44</b>	638	
	50m: 28.41	28.41	150m: 1:29.53	30.91	250m: 2:31.37	30.63	350m: 3:34.70	31.71
	100m: 58.62	30.21	200m: 2:00.74	31.21	300m: 3:02.99	31.62	400m: 4:06.44	31.74
27.	Olczak Kacper		04	Trójka Łód		<b>4:06.68</b>	637	
	50m: 28.32	28.32	150m: 1:31.53	32.03	250m: 2:34.14	31.29	350m: 3:37.32	31.39
	100m: 59.50	31.18	200m: 2:02.85	31.32	300m: 3:05.93	31.79	400m: 4:06.68	29.36
28.	Sobieszuk Kacper		02	AZS UMCS Lublin		<b>4:07.16</b>	633	
	50m: 27.60	27.60	150m: 1:30.35	31.57	250m: 2:33.86	31.74	350m: 3:37.20	31.33
	100m: 58.78	31.18	200m: 2:02.12	31.77	300m: 3:05.87	32.01	400m: 4:07.16	29.96
29.	Gawron Oliwier		03	I sk Wrocław		<b>4:07.41</b>	631	
	50m: 28.38	28.38	150m: 1:31.86	32.02	250m: 2:35.90	31.78	350m: 3:38.07	30.61
	100m: 59.84	31.46	200m: 2:04.12	32.26	300m: 3:07.46	31.56	400m: 4:07.41	29.34
30.	Chmielewski Krzysztof		04	Muszelka Warszawa		<b>4:07.43</b>	631	
	50m: 27.79	27.79	150m: 1:29.50	31.18	250m: 2:32.43	31.47	350m: 3:36.51	32.22
	100m: 58.32	30.53	200m: 2:00.96	31.46	300m: 3:04.29	31.86	400m: 4:07.43	30.92
31.	Doroba Michał		02	I sk Wrocław		<b>4:08.03</b>	626	
	50m: 28.77	28.77	150m: 1:31.96	31.97	250m: 2:35.68	31.63	350m: 3:38.41	30.74
	100m: 59.99	31.22	200m: 2:04.05	32.09	300m: 3:07.67	31.99	400m: 4:08.03	29.62
32.	Jaworski Norbert		98	AZS UMCS Lublin		<b>4:08.64</b>	622	
	50m: 28.85	28.85	150m: 1:31.14	31.51	250m: 2:34.80	31.80	350m: 3:38.05	31.45
	100m: 59.63	30.78	200m: 2:03.00	31.86	300m: 3:06.60	31.80	400m: 4:08.64	30.59
33.	Siekaczy ski Artur		02	Fala Kra nik		<b>4:08.87</b>	620	
	50m: 28.20	28.20	150m: 1:31.96	31.96	250m: 2:35.86	31.91	350m: 3:39.60	31.75
	100m: 1:00.00	31.80	200m: 2:03.95	31.99	300m: 3:07.85	31.99	400m: 4:08.87	29.27

Obsługa zawodów: SMS SwimArt My lenice

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27/10/2019 13:16 - Strona 2



Ministerstwo  
Sportu i Turystyki



CAROLINA  
medical center  
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Konkurencja 34, M czynn, 400m dowolny, 14 lat i starsi

Pozycja					Rok ur.					Czas	Pkt.	
34.	Blachura Oskar				02	Unia O wi cim				<b>4:09.08</b>	618	
	50m:	28.94	28.94	150m:	1:32.86	32.18	250m:	2:35.81	31.11	350m:	3:38.93	31.33
	100m:	1:00.68	31.74	200m:	2:04.70	31.84	300m:	3:07.60	31.79	400m:	4:09.08	30.15
35.	Chmielewski Michał				04	Muszelka Warszawa				<b>4:09.30</b>	617	
	50m:	28.36	28.36	150m:	1:31.58	31.91	250m:	2:34.94	31.61	350m:	3:37.93	31.24
	100m:	59.67	31.31	200m:	2:03.33	31.75	300m:	3:06.69	31.75	400m:	4:09.30	31.37
36.	Walter Jakub				04	Unia O wi cim				<b>4:09.38</b>	616	
	50m:	28.72	28.72	150m:	1:32.40	32.18	250m:	2:36.59	32.14	350m:	3:40.43	31.69
	100m:	1:00.22	31.50	200m:	2:04.45	32.05	300m:	3:08.74	32.15	400m:	4:09.38	28.95
37.	Płoszka Kacper				05	Jedynka Łód				<b>4:09.40</b>	616	
	50m:	28.28	28.28	150m:	1:29.73	31.12	250m:	2:33.41	32.05	350m:	3:38.21	32.42
	100m:	58.61	30.33	200m:	2:01.36	31.63	300m:	3:05.79	32.38	400m:	4:09.40	31.19
38.	Barusi ski Kordian				01	G-8 Bielany Warszawa				<b>4:09.74</b>	613	
	50m:	27.66	27.66	150m:	1:29.47	30.97	250m:	2:33.19	31.83	350m:	3:37.98	32.49
	100m:	58.50	30.84	200m:	2:01.36	31.89	300m:	3:05.49	32.30	400m:	4:09.74	31.76
39.	Krzykała Emil				01	Avia widnik				<b>4:10.22</b>	610	
	50m:	27.70	27.70	150m:	1:30.34	31.50	250m:	2:34.09	31.84	350m:	3:38.54	32.61
	100m:	58.84	31.14	200m:	2:02.25	31.91	300m:	3:05.93	31.84	400m:	4:10.22	31.68
40.	Lech Filip				01	AZS UMCS Lublin				<b>4:10.35</b>	609	
	50m:	28.16	28.16	150m:	1:31.26	31.62	250m:	2:33.68	31.31	350m:	3:33.43	29.10
	100m:	59.64	31.48	200m:	2:02.37	31.11	300m:	3:04.33	30.65	400m:	4:10.35	36.92
41.	Boche Tomasz				99	AZS UMCS Lublin				<b>4:10.40</b>	609	
	50m:	28.41	28.41	150m:	1:33.35	32.53	250m:	2:37.18	31.38	350m:	3:40.13	31.04
	100m:	1:00.82	32.41	200m:	2:05.80	32.45	300m:	3:09.09	31.91	400m:	4:10.40	30.27
42.	Janiczuk Patryk				02	Lider Chełm				<b>4:10.41</b>	608	
	50m:	28.02	28.02	150m:	1:31.43	31.77	250m:	2:34.95	31.62	350m:	3:38.62	31.77
	100m:	59.66	31.64	200m:	2:03.33	31.90	300m:	3:06.85	31.90	400m:	4:10.41	31.79
43.	Sławacki Wojciech				05	Wodnik Krasnystaw				<b>4:10.60</b>	607	
	50m:	28.50	28.50	150m:	1:31.37	31.65	250m:	2:35.03	32.03	350m:	3:39.20	32.08
	100m:	59.72	31.22	200m:	2:03.00	31.63	300m:	3:07.12	32.09	400m:	4:10.60	31.40
44.	Zacharzy ski Norbert				03	Wodnik Krasnystaw				<b>4:10.73</b>	606	
	50m:	28.44	28.44	150m:	1:31.97	32.18	250m:	2:36.15	32.15	350m:	3:40.09	32.02
	100m:	59.79	31.35	200m:	2:04.00	32.03	300m:	3:08.07	31.92	400m:	4:10.73	30.64
45.	Czerwi ski Łukasz				01	G-8 Bielany Warszawa				<b>4:11.12</b>	603	
	50m:	27.58	27.58	150m:	1:29.85	31.52	250m:	2:33.59	31.93	350m:	3:38.99	32.98
	100m:	58.33	30.75	200m:	2:01.66	31.81	300m:	3:06.01	32.42	400m:	4:11.12	32.13
46.	Karpi ski Jakub				03	G-8 Bielany Warszawa				<b>4:11.15</b>	603	
	50m:	28.34	28.34	150m:	1:31.91	31.97	250m:	2:35.58	31.81	350m:	3:40.36	32.30
	100m:	59.94	31.60	200m:	2:03.77	31.86	300m:	3:08.06	32.48	400m:	4:11.15	30.79
47.	Krukowski Maciej				99	AZS AWF Katowice				<b>4:11.33</b>	602	
	50m:	28.78	28.78	150m:	1:31.64	31.60	250m:	2:34.55	31.38	350m:	3:39.19	32.49
	100m:	1:00.04	31.26	200m:	2:03.17	31.53	300m:	3:06.70	32.15	400m:	4:11.33	32.14
48.	Sieprawski Roch				03	G-8 Bielany Warszawa				<b>4:11.78</b>	599	
	50m:	28.96	28.96	150m:	1:31.70	31.42	250m:	2:35.29	32.12	350m:	3:40.21	32.97
	100m:	1:00.28	31.32	200m:	2:03.17	31.47	300m:	3:07.24	31.95	400m:	4:11.78	31.57
49.	Zdybel Adam				05	Delfin Gdynia				<b>4:12.25</b>	595	
	50m:	27.53	27.53	150m:	1:31.05	32.33	250m:	2:36.78	32.81	350m:	3:42.08	32.57
	100m:	58.72	31.19	200m:	2:03.97	32.92	300m:	3:09.51	32.73	400m:	4:12.25	30.17
50.	Szwedzki Jakub				00	Trójka Łód				<b>4:12.78</b>	591	
	50m:	29.17	29.17	150m:	1:33.63	32.74	250m:	2:38.22	32.31	350m:	3:42.61	31.94
	100m:	1:00.89	31.72	200m:	2:05.91	32.28	300m:	3:10.67	32.45	400m:	4:12.78	30.17





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Pozycja				Rok ur.				Czas	Pkt.
51.	Le niak Maksymilian			04	UKS 190 Łód			<b>4:12.81</b>	591
	50m:	28.36	28.36	150m:	1:32.19	32.35	250m:	2:37.36	32.72
	100m:	59.84	31.48	200m:	2:04.64	32.45	300m:	3:09.52	32.16
							350m:	3:41.66	32.14
							400m:	4:12.81	31.15
52.	Zaremba Adam			05	I sk Wrocław			<b>4:13.01</b>	590
	50m:	29.11	29.11	150m:	1:33.04	32.31	250m:	2:37.78	31.94
	100m:	1:00.73	31.62	200m:	2:05.84	32.80	300m:	3:10.37	32.59
							350m:	3:42.16	31.79
							400m:	4:13.01	30.85
53.	Danikiewicz Dawid			03	Unia O wi cim			<b>4:13.03</b>	590
	50m:	28.65	28.65	150m:	1:32.44	32.25	250m:	2:36.63	31.88
	100m:	1:00.19	31.54	200m:	2:04.75	32.31	300m:	3:08.90	32.27
							350m:	3:41.02	32.12
							400m:	4:13.03	32.01
54.	Stachurski Jerzy			04	I sk Wrocław			<b>4:13.24</b>	588
	50m:	28.57	28.57	150m:	1:32.63	32.26	250m:	2:38.27	32.77
	100m:	1:00.37	31.80	200m:	2:05.50	32.87	300m:	3:10.03	31.76
							350m:	3:41.67	31.64
							400m:	4:13.24	31.57
55.	Rodkiewicz Radosław			03	Muszelka Warszawa			<b>4:13.27</b>	588
	50m:	29.21	29.21	150m:	1:33.15	32.18	250m:	2:37.28	31.72
	100m:	1:00.97	31.76	200m:	2:05.56	32.41	300m:	3:08.90	31.62
							350m:	3:40.94	32.04
							400m:	4:13.27	32.33
56.	Juda Dominik			04	Unia O wi cim			<b>4:13.31</b>	588
	50m:	29.88	29.88	150m:	1:34.21	32.38	250m:	2:38.49	31.95
	100m:	1:01.83	31.95	200m:	2:06.54	32.33	300m:	3:10.88	32.39
							350m:	3:43.10	32.22
							400m:	4:13.31	30.21
57.	Nowak Jan			02	AZS UMCS Lublin			<b>4:13.40</b>	587
	50m:	29.07	29.07	150m:	1:32.47	32.06	250m:	2:37.05	32.21
	100m:	1:00.41	31.34	200m:	2:04.84	32.37	300m:	3:09.67	32.62
							350m:	3:42.33	32.66
							400m:	4:13.40	31.07
58.	Kowolik Alex			04	Unia O wi cim			<b>4:13.61</b>	586
	50m:	28.79	28.79	150m:	1:32.39	31.99	250m:	2:36.94	32.42
	100m:	1:00.40	31.61	200m:	2:04.52	32.13	300m:	3:08.99	32.05
							350m:	3:41.34	32.35
							400m:	4:13.61	32.27
59.	Płatek Maciej			02	Unia O wi cim			<b>4:13.77</b>	585
	50m:	28.96	28.96	150m:	1:33.17	32.31	250m:	2:37.94	32.40
	100m:	1:00.86	31.90	200m:	2:05.54	32.37	300m:	3:10.42	32.48
							350m:	3:42.65	32.23
							400m:	4:13.77	31.12
60.	Tomaszowski Michał			03	Wodnik Siemianowice l.			<b>4:14.16</b>	582
	50m:	28.31	28.31	150m:	1:32.56	32.26	250m:	2:37.68	32.52
	100m:	1:00.30	31.99	200m:	2:05.16	32.60	300m:	3:10.21	32.53
							350m:	3:42.63	32.42
							400m:	4:14.16	31.53
61.	Zaremba Jakub			01	G-8 Bielany Warszawa			<b>4:14.47</b>	580
	50m:	28.42	28.42	150m:	1:31.91	31.96	250m:	2:36.93	32.64
	100m:	59.95	31.53	200m:	2:04.29	32.38	300m:	3:09.27	32.34
							350m:	3:41.94	32.67
							400m:	4:14.47	32.53
62.	Dudkiewicz Kacper			02	Polonia Warszawa			<b>4:15.70</b>	571
	50m:	27.84	27.84	150m:	1:29.92	31.66	250m:	2:35.47	33.07
	100m:	58.26	30.42	200m:	2:02.40	32.48	300m:	3:08.87	33.40
							350m:	3:42.93	34.06
							400m:	4:15.70	32.77
63.	Adamczyk Jan			03	AZS UMCS Lublin			<b>4:16.25</b>	568
	50m:	29.55	29.55	150m:	1:34.69	32.85	250m:	2:40.18	32.95
	100m:	1:01.84	32.29	200m:	2:07.23	32.54	300m:	3:13.00	32.82
							350m:	3:45.20	32.20
							400m:	4:16.25	31.05
64.	Mróz Adam			03	AZS UMCS Lublin			<b>4:17.10</b>	562
	50m:	28.09	28.09	150m:	1:33.38	32.95	250m:	2:39.23	32.74
	100m:	1:00.43	32.34	200m:	2:06.49	33.11	300m:	3:12.24	33.01
							350m:	3:44.88	32.64
							400m:	4:17.10	32.22
65.	Para Mikołaj			03	Unia O wi cim			<b>4:18.02</b>	556
	50m:	28.88	28.88	150m:	1:32.81	32.07	250m:	2:38.09	32.63
	100m:	1:00.74	31.86	200m:	2:05.46	32.65	300m:	3:11.16	33.07
							350m:	3:44.65	33.49
							400m:	4:18.02	33.37
66.	Szymczykowski Jakub			03	UKS MOS Opole			<b>4:18.14</b>	555
	50m:	30.11	30.11	150m:	1:35.61	32.89	250m:	2:42.22	33.35
	100m:	1:02.72	32.61	200m:	2:08.87	33.26	300m:	3:14.87	32.65
							350m:	3:47.39	32.52
							400m:	4:18.14	30.75
67.	Klimczak Kacper			04	Jedynka Łód			<b>4:18.15</b>	555
	50m:	29.20	29.20	150m:	1:35.05	33.28	250m:	2:41.24	32.80
	100m:	1:01.77	32.57	200m:	2:08.44	33.39	300m:	3:14.24	33.00
							350m:	3:46.68	32.44
							400m:	4:18.15	31.47





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Konkurencja 34, M czyzn, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
68.	Leszega Szymon		01	Delfin Gdynia				<b>4:18.20</b>	555
	50m:	27.31 27.31	150m:	1:30.61 32.31	250m:	2:36.12 32.82	350m:	3:44.77 34.65	
	100m:	58.30 30.99	200m:	2:03.30 32.69	300m:	3:10.12 34.00	400m:	4:18.20 33.43	
69.	Popiołek Dawid		02	AZS UMCS Lublin				<b>4:18.23</b>	555
	50m:	28.98 28.98	150m:	1:34.04 32.94	250m:	2:40.17 32.84	350m:	3:45.90 32.65	
	100m:	1:01.10 32.12	200m:	2:07.33 33.29	300m:	3:13.25 33.08	400m:	4:18.23 32.33	
70.	Czerniak Konrad		98	AZS UMCS Lublin				<b>4:18.34</b>	554
	50m:	29.37 29.37	150m:	1:35.16 33.20	250m:	2:39.77 31.08	350m:	3:46.51 33.12	
	100m:	1:01.96 32.59	200m:	2:08.69 33.53	300m:	3:13.39 33.62	400m:	4:18.34 31.83	
71.	Majewski Maksym		04	Unia O wi cim				<b>4:20.13</b>	543
	50m:	28.51 28.51	150m:	1:34.08 33.13	250m:	2:41.19 33.87	350m:	3:45.69 32.46	
	100m:	1:00.95 32.44	200m:	2:07.32 33.24	300m:	3:13.23 32.04	400m:	4:20.13 34.44	
72.	Ogorzałek Alan		03	I sk Wrocław				<b>4:20.19</b>	542
	50m:	28.36 28.36	150m:	1:32.64 32.84	250m:	2:39.25 33.41	350m:	3:46.91 33.92	
	100m:	59.80 31.44	200m:	2:05.84 33.20	300m:	3:12.99 33.74	400m:	4:20.19 33.28	
73.	Kramarczyk Jakub		01	Unia O wi cim				<b>4:20.42</b>	541
	50m:	29.16 29.16	150m:	1:35.20 33.31	250m:	2:41.37 33.13	350m:	3:47.81 33.14	
	100m:	1:01.89 32.73	200m:	2:08.24 33.04	300m:	3:14.67 33.30	400m:	4:20.42 32.61	
74.	Skalski Konrad		04	Unia O wi cim				<b>4:20.63</b>	540
	50m:	29.41 29.41	150m:	1:34.28 32.62	250m:	2:40.16 33.00	350m:	3:47.73 33.59	
	100m:	1:01.66 32.25	200m:	2:07.16 32.88	300m:	3:14.14 33.98	400m:	4:20.63 32.90	
75.	Piekaru Dawid		02	Avia widnik				<b>4:22.80</b>	526
	50m:	30.27 30.27	150m:	1:36.40 33.06	250m:	2:42.91 33.12	350m:	3:50.13 33.56	
	100m:	1:03.34 33.07	200m:	2:09.79 33.39	300m:	3:16.57 33.66	400m:	4:22.80 32.67	
76.	Borzemek Hubert		02	Warszawianka Wodny Park W-wa				<b>4:22.91</b>	526
	50m:	29.49 29.49	150m:	1:34.46 32.76	250m:	2:41.09 33.55	350m:	3:49.32 34.13	
	100m:	1:01.70 32.21	200m:	2:07.54 33.08	300m:	3:15.19 34.10	400m:	4:22.91 33.59	
77.	Zwadło Piotr		02	SMS Victoria Racibórz				<b>4:23.68</b>	521
	50m:	28.92 28.92	150m:	1:34.41 33.60	250m:	2:42.47 34.20	350m:	3:50.68 34.37	
	100m:	1:00.81 31.89	200m:	2:08.27 33.86	300m:	3:16.31 33.84	400m:	4:23.68 33.00	
78.	Guzy Marcel		01	Vega Dobrodzie				<b>4:23.82</b>	520
	50m:	30.17 30.17	150m:	1:36.95 33.63	250m:	2:44.28 33.21	350m:	3:50.39 33.23	
	100m:	1:03.32 33.15	200m:	2:11.07 34.12	300m:	3:17.16 32.88	400m:	4:23.82 33.43	
79.	Fałek Szymon		05	G-8 Bielany Warszawa				<b>4:24.93</b>	514
	50m:	29.99 29.99	150m:	1:38.25 34.29	250m:	2:45.80 33.69	350m:	3:52.84 33.07	
	100m:	1:03.96 33.97	200m:	2:12.11 33.86	300m:	3:19.77 33.97	400m:	4:24.93 32.09	
80.	Szwiec Jakub		03	UKS MOS Opole				<b>4:26.75</b>	503
	50m:	31.01 31.01	150m:	1:38.43 33.58	250m:	2:45.80 33.63	350m:	3:53.71 33.93	
	100m:	1:04.85 33.84	200m:	2:12.17 33.74	300m:	3:19.78 33.98	400m:	4:26.75 33.04	
81.	Wo niak Piotr		05	Kormoran Olsztyn				<b>4:26.77</b>	503
	50m:	30.82 30.82	150m:	1:39.18 34.32	250m:	2:47.71 34.26	350m:	3:55.19 33.41	
	100m:	1:04.86 34.04	200m:	2:13.45 34.27	300m:	3:21.78 34.07	400m:	4:26.77 31.58	
82.	Tyrka Igor		05	Kormoran Olsztyn				<b>4:27.29</b>	500
	50m:	31.43 31.43	150m:	1:40.20 34.24	250m:	2:48.38 34.00	350m:	3:55.80 33.41	
	100m:	1:05.96 34.53	200m:	2:14.38 34.18	300m:	3:22.39 34.01	400m:	4:27.29 31.49	
83.	Nowacki Jacek		05	Kormoran Olsztyn				<b>4:29.26</b>	489
	50m:	31.00 31.00	150m:	1:39.58 34.48	250m:	2:49.44 35.19	350m:	3:57.35 33.47	
	100m:	1:05.10 34.10	200m:	2:14.25 34.67	300m:	3:23.88 34.44	400m:	4:29.26 31.91	
84.	Adamczyk Maksymilian		03	I sk Wrocław				<b>4:29.38</b>	489
	50m:	28.88 28.88	150m:	1:35.49 34.18	250m:	2:45.16 34.74	350m:	3:55.85 35.57	
	100m:	1:01.31 32.43	200m:	2:10.42 34.93	300m:	3:20.28 35.12	400m:	4:29.38 33.53	

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27/10/2019 13:16 - Strona 5



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Arena Grand Prix Puchar Polski  
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Konkurencja 34, M czynn, 400m dowolny, 14 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.
85.	Lewtak Szymon			04	AZS UMCS Lublin				<b>4:31.45</b>	478
	50m: 30.80	30.80	150m: 1:38.91	34.36	250m: 2:48.20	34.46	350m: 3:57.50	34.59		
	100m: 1:04.55	33.75	200m: 2:13.74	34.83	300m: 3:22.91	34.71	400m: 4:31.45	33.95		
86.	Jarczewski Franciszek			05	UKS 190 Łódź				<b>4:32.15</b>	474
	50m: 31.03	31.03	150m: 1:39.38	34.62	250m: 2:49.19	34.81	350m: 3:58.31	34.37		
	100m: 1:04.76	33.73	200m: 2:14.38	35.00	300m: 3:23.94	34.75	400m: 4:32.15	33.84		
87.	Ryszka Kacper			04	Unia O wi cim				<b>4:32.80</b>	470
	50m: 30.40	30.40	150m: 1:38.97	34.87	250m: 2:49.19	35.00	350m: 3:59.54	35.61		
	100m: 1:04.10	33.70	200m: 2:14.19	35.22	300m: 3:23.93	34.74	400m: 4:32.80	33.26		
88.	Kubiniec Mikołaj			04	AZS UMCS Lublin				<b>4:34.09</b>	464
	50m: 30.37	30.37	150m: 1:38.92	34.76	250m: 2:49.00	35.10	350m: 3:59.16	35.11		
	100m: 1:04.16	33.79	200m: 2:13.90	34.98	300m: 3:24.05	35.05	400m: 4:34.09	34.93		
89.	Marszałek Stanisław			04	Unia O wi cim				<b>4:34.62</b>	461
	50m: 29.32	29.32	150m: 1:37.48	34.56	250m: 2:49.02	36.46	350m: 4:01.26	36.51		
	100m: 1:02.92	33.60	200m: 2:12.56	35.08	300m: 3:24.75	35.73	400m: 4:34.62	33.36		
90.	Krysiak Kacper			04	Trójka Łódź				<b>4:36.53</b>	452
	50m: 31.90	31.90	150m: 1:41.97	35.39	250m: 2:53.02	35.41	350m: 4:02.93	34.82		
	100m: 1:06.58	34.68	200m: 2:17.61	35.64	300m: 3:28.11	35.09	400m: 4:36.53	33.60		
91.	Stanek Jakub			05	SMS Galicja Kraków				<b>4:37.41</b>	447
	50m: 31.59	31.59	150m: 1:40.44	34.63	250m: 2:51.67	35.51	350m: 4:02.45	35.11		
	100m: 1:05.81	34.22	200m: 2:16.16	35.72	300m: 3:27.34	35.67	400m: 4:37.41	34.96		
92.	Ptaszy ski Stanisław			05	Unia O wi cim				<b>4:39.04</b>	440
	50m: 31.86	31.86	150m: 1:42.80	35.34	250m: 2:54.01	35.55	350m: 4:04.93	35.05		
	100m: 1:07.46	35.60	200m: 2:18.46	35.66	300m: 3:29.88	35.87	400m: 4:39.04	34.11		
93.	Kurdelski Filip			04	Warszawianka Wodny Park W-wa				<b>4:47.04</b>	404
	50m: 32.28	32.28	150m: 1:44.09	36.60	250m: 2:56.71	36.77	350m: 4:10.63	36.98		
	100m: 1:07.49	35.21	200m: 2:19.94	35.85	300m: 3:33.65	36.94	400m: 4:47.04	36.41		
94.	Kapała Szymon			03	Kormoran Olsztyn				<b>4:49.40</b>	394
	50m: 31.59	31.59	150m: 1:45.38	37.16	250m: 3:00.13	37.00	350m: 4:13.59	36.61		
	100m: 1:08.22	36.63	200m: 2:23.13	37.75	300m: 3:36.98	36.85	400m: 4:49.40	35.81		
95.	Wiekiera Dawid			02	Wodnik 29 Tychy				<b>4:53.14</b>	379
	50m: 33.47	33.47	150m: 1:50.77	38.71	250m: 3:05.17	36.54	350m: 4:17.70	36.13		
	100m: 1:12.06	38.59	200m: 2:28.63	37.86	300m: 3:41.57	36.40	400m: 4:53.14	35.44		
96.	Konieczny Mateusz			05	Nika Sport Team Kraków				<b>4:54.90</b>	372
	50m: 31.92	31.92	150m: 1:47.05	39.02	250m: 3:03.46	38.09	350m: 4:20.03	37.74		
	100m: 1:08.03	36.11	200m: 2:25.37	38.32	300m: 3:42.29	38.83	400m: 4:54.90	34.87		
97.	Kochanowicz Karol			05	Unia O wi cim				<b>5:02.21</b>	346
	50m: 34.29	34.29	150m: 1:51.66	39.12	250m: 3:09.75	38.77	350m: 4:26.47	37.82		
	100m: 1:12.54	38.25	200m: 2:30.98	39.32	300m: 3:48.65	38.90	400m: 5:02.21	35.74		





Arena Grand Prix Puchar Polski  
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Konkurencja 34, M czynn, 400m dowolny

Konkurencja 34  
27/10/2019 - 10:30

Chłopców, 400m dowolny

17 - 18 lat  
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.					Czas	Pkt.
1.	Malec Mikołaj		01	Trójka Łód				<b>3:53.87</b>	747
	50m:	27.42 27.42	150m:	1:26.39 29.81	250m:	2:26.16 29.64	350m:	3:25.85 29.62	
	100m:	56.58 29.16	200m:	1:56.52 30.13	300m:	2:56.23 30.07	400m:	3:53.87 28.02	
2.	Jackowski Tomasz		02	I sk Wrocław				<b>3:58.69</b>	703
	50m:	27.35 27.35	150m:	1:27.41 30.15	250m:	2:27.56 29.86	350m:	3:28.69 30.83	
	100m:	57.26 29.91	200m:	1:57.70 30.29	300m:	2:57.86 30.30	400m:	3:58.69 30.00	
3.	Jó ków Cezary		01	I sk Wrocław				<b>4:00.16</b>	690
	50m:	28.26 28.26	150m:	1:29.23 30.54	250m:	2:30.09 30.25	350m:	3:31.00 30.67	
	100m:	58.69 30.43	200m:	1:59.84 30.61	300m:	3:00.33 30.24	400m:	4:00.16 29.16	
4.	Jaworski Szymon		01	I sk Wrocław				<b>4:01.06</b>	682
	50m:	27.14 27.14	150m:	1:28.37 30.85	250m:	2:29.81 30.62	350m:	3:31.19 30.98	
	100m:	57.52 30.38	200m:	1:59.19 30.82	300m:	3:00.21 30.40	400m:	4:01.06 29.87	
5.	Ja kiewicz Adrian		02	G-8 Bielany Warszawa				<b>4:01.65</b>	677
	50m:	27.45 27.45	150m:	1:29.34 31.40	250m:	2:30.98 29.72	350m:	3:32.03 30.76	
	100m:	57.94 30.49	200m:	2:01.26 31.92	300m:	3:01.27 30.29	400m:	4:01.65 29.62	
6.	Grzegorzcyk Wiktor		02	UKS MOS Ełk				<b>4:01.72</b>	677
	50m:	27.84 27.84	150m:	1:28.71 30.73	250m:	2:30.80 31.05	350m:	3:32.10 30.62	
	100m:	57.98 30.14	200m:	1:59.75 31.04	300m:	3:01.48 30.68	400m:	4:01.72 29.62	
7.	Sucha ski Przemysław		01	Unia O wi cim				<b>4:01.86</b>	675
	50m:	27.13 27.13	150m:	1:27.92 30.38	250m:	2:29.47 30.83	350m:	3:31.63 31.01	
	100m:	57.54 30.41	200m:	1:58.64 30.72	300m:	3:00.62 31.15	400m:	4:01.86 30.23	
8.	Szczërba Adam		02	AZS UMCS Lublin				<b>4:02.75</b>	668
	50m:	27.17 27.17	150m:	1:28.08 30.35	250m:	2:28.91 30.75	350m:	3:31.62 31.56	
	100m:	57.73 30.56	200m:	1:58.16 30.08	300m:	3:00.06 31.15	400m:	4:02.75 31.13	
9.	Mencel Miłosz		02	I sk Wrocław				<b>4:03.02</b>	666
	50m:	27.80 27.80	150m:	1:29.31 31.06	250m:	2:31.28 30.51	350m:	3:33.69 31.04	
	100m:	58.25 30.45	200m:	2:00.77 31.46	300m:	3:02.65 31.37	400m:	4:03.02 29.33	
10.	Goraj Marcin		01	SMS Galicja Kraków				<b>4:03.58</b>	661
	50m:	27.78 27.78	150m:	1:30.37 31.63	250m:	2:33.19 31.15	350m:	3:35.07 30.63	
	100m:	58.74 30.96	200m:	2:02.04 31.67	300m:	3:04.44 31.25	400m:	4:03.58 28.51	
11.	Szarpak Marcin		01	AZS AWF Katowice				<b>4:05.34</b>	647
	50m:	27.60 27.60	150m:	1:28.65 31.24	250m:	2:31.16 31.06	350m:	3:34.52 31.43	
	100m:	57.41 29.81	200m:	2:00.10 31.45	300m:	3:03.09 31.93	400m:	4:05.34 30.82	
12.	Dołowy Grzegorz		02	Muszelka Warszawa				<b>4:06.05</b>	641
	50m:	28.86 28.86	150m:	1:30.55 31.10	250m:	2:33.04 31.19	350m:	3:35.66 31.20	
	100m:	59.45 30.59	200m:	2:01.85 31.30	300m:	3:04.46 31.42	400m:	4:06.05 30.39	
13.	Urba ski Michał		01	Delfin Gdynia				<b>4:06.44</b>	638
	50m:	28.41 28.41	150m:	1:29.53 30.91	250m:	2:31.37 30.63	350m:	3:34.70 31.71	
	100m:	58.62 30.21	200m:	2:00.74 31.21	300m:	3:02.99 31.62	400m:	4:06.44 31.74	
14.	Sobieszuk Kacper		02	AZS UMCS Lublin				<b>4:07.16</b>	633
	50m:	27.60 27.60	150m:	1:30.35 31.57	250m:	2:33.86 31.74	350m:	3:37.20 31.33	
	100m:	58.78 31.18	200m:	2:02.12 31.77	300m:	3:05.87 32.01	400m:	4:07.16 29.96	
15.	Doroba Michał		02	I sk Wrocław				<b>4:08.03</b>	626
	50m:	28.77 28.77	150m:	1:31.96 31.97	250m:	2:35.68 31.63	350m:	3:38.41 30.74	
	100m:	59.99 31.22	200m:	2:04.05 32.09	300m:	3:07.67 31.99	400m:	4:08.03 29.62	





Arena Grand Prix Puchar Polski  
O wi cim, 26 - 27/10/2019



Konkurencja 34, Chłopców, 400m dowolny, 17 - 18 lat

Pozycja			Rok ur.						Czas	Pkt.
16.	Siekaczy ski Artur		02	Fala Kra nik					<b>4:08.87</b>	620
	50m:	28.20 28.20	150m:	1:31.96 31.96	250m:	2:35.86 31.91	350m:	3:39.60 31.75		
	100m:	1:00.00 31.80	200m:	2:03.95 31.99	300m:	3:07.85 31.99	400m:	4:08.87 29.27		
17.	Blachura Oskar		02	Unia O wi cim					<b>4:09.08</b>	618
	50m:	28.94 28.94	150m:	1:32.86 32.18	250m:	2:35.81 31.11	350m:	3:38.93 31.33		
	100m:	1:00.68 31.74	200m:	2:04.70 31.84	300m:	3:07.60 31.79	400m:	4:09.08 30.15		
18.	Barusi ski Kordian		01	G-8 Bielany Warszawa					<b>4:09.74</b>	613
	50m:	27.66 27.66	150m:	1:29.47 30.97	250m:	2:33.19 31.83	350m:	3:37.98 32.49		
	100m:	58.50 30.84	200m:	2:01.36 31.89	300m:	3:05.49 32.30	400m:	4:09.74 31.76		
19.	Krzykała Emil		01	Avia widnik					<b>4:10.22</b>	610
	50m:	27.70 27.70	150m:	1:30.34 31.50	250m:	2:34.09 31.84	350m:	3:38.54 32.61		
	100m:	58.84 31.14	200m:	2:02.25 31.91	300m:	3:05.93 31.84	400m:	4:10.22 31.68		
20.	Lech Filip		01	AZS UMCS Lublin					<b>4:10.35</b>	609
	50m:	28.16 28.16	150m:	1:31.26 31.62	250m:	2:33.68 31.31	350m:	3:33.43 29.10		
	100m:	59.64 31.48	200m:	2:02.37 31.11	300m:	3:04.33 30.65	400m:	4:10.35 36.92		
21.	Janiczuk Patryk		02	Lider Chełm					<b>4:10.41</b>	608
	50m:	28.02 28.02	150m:	1:31.43 31.77	250m:	2:34.95 31.62	350m:	3:38.62 31.77		
	100m:	59.66 31.64	200m:	2:03.33 31.90	300m:	3:06.85 31.90	400m:	4:10.41 31.79		
22.	Czerwi ski Łukasz		01	G-8 Bielany Warszawa					<b>4:11.12</b>	603
	50m:	27.58 27.58	150m:	1:29.85 31.52	250m:	2:33.59 31.93	350m:	3:38.99 32.98		
	100m:	58.33 30.75	200m:	2:01.66 31.81	300m:	3:06.01 32.42	400m:	4:11.12 32.13		
23.	Nowak Jan		02	AZS UMCS Lublin					<b>4:13.40</b>	587
	50m:	29.07 29.07	150m:	1:32.47 32.06	250m:	2:37.05 32.21	350m:	3:42.33 32.66		
	100m:	1:00.41 31.34	200m:	2:04.84 32.37	300m:	3:09.67 32.62	400m:	4:13.40 31.07		
24.	Płatek Maciej		02	Unia O wi cim					<b>4:13.77</b>	585
	50m:	28.96 28.96	150m:	1:33.17 32.31	250m:	2:37.94 32.40	350m:	3:42.65 32.23		
	100m:	1:00.86 31.90	200m:	2:05.54 32.37	300m:	3:10.42 32.48	400m:	4:13.77 31.12		
25.	Zaremba Jakub		01	G-8 Bielany Warszawa					<b>4:14.47</b>	580
	50m:	28.42 28.42	150m:	1:31.91 31.96	250m:	2:36.93 32.64	350m:	3:41.94 32.67		
	100m:	59.95 31.53	200m:	2:04.29 32.38	300m:	3:09.27 32.34	400m:	4:14.47 32.53		
26.	Dudkiewicz Kacper		02	Polonia Warszawa					<b>4:15.70</b>	571
	50m:	27.84 27.84	150m:	1:29.92 31.66	250m:	2:35.47 33.07	350m:	3:42.93 34.06		
	100m:	58.26 30.42	200m:	2:02.40 32.48	300m:	3:08.87 33.40	400m:	4:15.70 32.77		
27.	Leszega Szymon		01	Delfin Gdynia					<b>4:18.20</b>	555
	50m:	27.31 27.31	150m:	1:30.61 32.31	250m:	2:36.12 32.82	350m:	3:44.77 34.65		
	100m:	58.30 30.99	200m:	2:03.30 32.69	300m:	3:10.12 34.00	400m:	4:18.20 33.43		
28.	Popiołek Dawid		02	AZS UMCS Lublin					<b>4:18.23</b>	555
	50m:	28.98 28.98	150m:	1:34.04 32.94	250m:	2:40.17 32.84	350m:	3:45.90 32.65		
	100m:	1:01.10 32.12	200m:	2:07.33 33.29	300m:	3:13.25 33.08	400m:	4:18.23 32.33		
29.	Kramarczyk Jakub		01	Unia O wi cim					<b>4:20.42</b>	541
	50m:	29.16 29.16	150m:	1:35.20 33.31	250m:	2:41.37 33.13	350m:	3:47.81 33.14		
	100m:	1:01.89 32.73	200m:	2:08.24 33.04	300m:	3:14.67 33.30	400m:	4:20.42 32.61		
30.	Piekaru Dawid		02	Avia widnik					<b>4:22.80</b>	526
	50m:	30.27 30.27	150m:	1:36.40 33.06	250m:	2:42.91 33.12	350m:	3:50.13 33.56		
	100m:	1:03.34 33.07	200m:	2:09.79 33.39	300m:	3:16.57 33.66	400m:	4:22.80 32.67		
31.	Borzemek Hubert		02	Warszawianka Wodny Park W-wa					<b>4:22.91</b>	526
	50m:	29.49 29.49	150m:	1:34.46 32.76	250m:	2:41.09 33.55	350m:	3:49.32 34.13		
	100m:	1:01.70 32.21	200m:	2:07.54 33.08	300m:	3:15.19 34.10	400m:	4:22.91 33.59		
32.	Zwań Piotr		02	SMS Victoria Racibórz					<b>4:23.68</b>	521
	50m:	28.92 28.92	150m:	1:34.41 33.60	250m:	2:42.47 34.20	350m:	3:50.68 34.37		
	100m:	1:00.81 31.89	200m:	2:08.27 33.86	300m:	3:16.31 33.84	400m:	4:23.68 33.00		







Arena Grand Prix Puchar Polski  
O wi cim, 26 - 27/10/2019



Konkurencja 34, Chłopców, 400m dowolny, 17 - 18 lat

Pozycja			Rok ur.			Czas	Pkt.	
33.	Guzy Marcel		01	Vega Dobrodzie		<b>4:23.82</b>	520	
	50m:	30.17 30.17	150m:	1:36.95 33.63	250m:	2:44.28 33.21	350m:	3:50.39 33.23
	100m:	1:03.32 33.15	200m:	2:11.07 34.12	300m:	3:17.16 32.88	400m:	4:23.82 33.43
34.	Wiekiera Dawid		02	Wodnik 29 Tychy		<b>4:53.14</b>	379	
	50m:	33.47 33.47	150m:	1:50.77 38.71	250m:	3:05.17 36.54	350m:	4:17.70 36.13
	100m:	1:12.06 38.59	200m:	2:28.63 37.86	300m:	3:41.57 36.40	400m:	4:53.14 35.44

Konkurencja 34  
27/10/2019 - 10:30

Chłopców, 400m dowolny

16 lat  
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.			Czas	Pkt.	
1.	Daszkiewicz Michał		03	Unia O wi cim		<b>3:51.00</b>	775	
	50m:	26.77 26.77	150m:	1:24.79 29.11	250m:	2:23.52 29.54	350m:	3:22.49 29.28
	100m:	55.68 28.91	200m:	1:53.98 29.19	300m:	2:53.21 29.69	400m:	3:51.00 28.51
2.	Wi zik Jan		03	Unia O wi cim		<b>4:01.91</b>	675	
	50m:	27.29 27.29	150m:	1:28.26 30.93	250m:	2:30.07 30.75	350m:	3:32.37 31.13
	100m:	57.33 30.04	200m:	1:59.32 31.06	300m:	3:01.24 31.17	400m:	4:01.91 29.54
3.	Zieli ski Konrad		03	UKS 190 Łód		<b>4:01.96</b>	675	
	50m:	28.68 28.68	150m:	1:30.42 31.05	250m:	2:32.47 31.04	350m:	3:33.76 30.08
	100m:	59.37 30.69	200m:	2:01.43 31.01	300m:	3:03.68 31.21	400m:	4:01.96 28.20
4.	Trylski Wiktor		03	Tri-Team Rumia		<b>4:04.48</b>	654	
	50m:	28.93 28.93	150m:	1:30.84 30.95	250m:	2:33.13 31.02	350m:	3:34.80 30.60
	100m:	59.89 30.96	200m:	2:02.11 31.27	300m:	3:04.20 31.07	400m:	4:04.48 29.68
5.	Gawron Oliwier		03	I sk Wrocław		<b>4:07.41</b>	631	
	50m:	28.38 28.38	150m:	1:31.86 32.02	250m:	2:35.90 31.78	350m:	3:38.07 30.61
	100m:	59.84 31.46	200m:	2:04.12 32.26	300m:	3:07.46 31.56	400m:	4:07.41 29.34
6.	Zacharzy ski Norbert		03	Wodnik Krasnystaw		<b>4:10.73</b>	606	
	50m:	28.44 28.44	150m:	1:31.97 32.18	250m:	2:36.15 32.15	350m:	3:40.09 32.02
	100m:	59.79 31.35	200m:	2:04.00 32.03	300m:	3:08.07 31.92	400m:	4:10.73 30.64
7.	Karpi ski Jakub		03	G-8 Bielany Warszawa		<b>4:11.15</b>	603	
	50m:	28.34 28.34	150m:	1:31.91 31.97	250m:	2:35.58 31.81	350m:	3:40.36 32.30
	100m:	59.94 31.60	200m:	2:03.77 31.86	300m:	3:08.06 32.48	400m:	4:11.15 30.79
8.	Sieprawski Roch		03	G-8 Bielany Warszawa		<b>4:11.78</b>	599	
	50m:	28.96 28.96	150m:	1:31.70 31.42	250m:	2:35.29 32.12	350m:	3:40.21 32.97
	100m:	1:00.28 31.32	200m:	2:03.17 31.47	300m:	3:07.24 31.95	400m:	4:11.78 31.57
9.	Danikiewicz Dawid		03	Unia O wi cim		<b>4:13.03</b>	590	
	50m:	28.65 28.65	150m:	1:32.44 32.25	250m:	2:36.63 31.88	350m:	3:41.02 32.12
	100m:	1:00.19 31.54	200m:	2:04.75 32.31	300m:	3:08.90 32.27	400m:	4:13.03 32.01
10.	Rodkiewicz Radosław		03	Muszelka Warszawa		<b>4:13.27</b>	588	
	50m:	29.21 29.21	150m:	1:33.15 32.18	250m:	2:37.28 31.72	350m:	3:40.94 32.04
	100m:	1:00.97 31.76	200m:	2:05.56 32.41	300m:	3:08.90 31.62	400m:	4:13.27 32.33
11.	Tomaszowski Michał		03	Wodnik Siemianowice l.		<b>4:14.16</b>	582	
	50m:	28.31 28.31	150m:	1:32.56 32.26	250m:	2:37.68 32.52	350m:	3:42.63 32.42
	100m:	1:00.30 31.99	200m:	2:05.16 32.60	300m:	3:10.21 32.53	400m:	4:14.16 31.53
12.	Adamczyk Jan		03	AZS UMCS Lublin		<b>4:16.25</b>	568	
	50m:	29.55 29.55	150m:	1:34.69 32.85	250m:	2:40.18 32.95	350m:	3:45.20 32.20
	100m:	1:01.84 32.29	200m:	2:07.23 32.54	300m:	3:13.00 32.82	400m:	4:16.25 31.05
13.	Mróz Adam		03	AZS UMCS Lublin		<b>4:17.10</b>	562	
	50m:	28.09 28.09	150m:	1:33.38 32.95	250m:	2:39.23 32.74	350m:	3:44.88 32.64
	100m:	1:00.43 32.34	200m:	2:06.49 33.11	300m:	3:12.24 33.01	400m:	4:17.10 32.22

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Arena Grand Prix Puchar Polski  
O wi cim, 26 - 27/10/2019



Konkurencja 34, Chłopców, 400m dowolny, 16 lat

Pozycja			Rok ur.					Czas	Pkt.
14.	Para Mikołaj		03	Unia O wi cim				<b>4:18.02</b>	556
	50m:	28.88 28.88	150m:	1:32.81 32.07	250m:	2:38.09 32.63	350m:	3:44.65 33.49	
	100m:	1:00.74 31.86	200m:	2:05.46 32.65	300m:	3:11.16 33.07	400m:	4:18.02 33.37	
15.	Szymczykowski Jakub		03	UKS MOS Opole				<b>4:18.14</b>	555
	50m:	30.11 30.11	150m:	1:35.61 32.89	250m:	2:42.22 33.35	350m:	3:47.39 32.52	
	100m:	1:02.72 32.61	200m:	2:08.87 33.26	300m:	3:14.87 32.65	400m:	4:18.14 30.75	
16.	Ogorzałek Alan		03	I sk Wrocław				<b>4:20.19</b>	542
	50m:	28.36 28.36	150m:	1:32.64 32.84	250m:	2:39.25 33.41	350m:	3:46.91 33.92	
	100m:	59.80 31.44	200m:	2:05.84 33.20	300m:	3:12.99 33.74	400m:	4:20.19 33.28	
17.	Szwiec Jakub		03	UKS MOS Opole				<b>4:26.75</b>	503
	50m:	31.01 31.01	150m:	1:38.43 33.58	250m:	2:45.80 33.63	350m:	3:53.71 33.93	
	100m:	1:04.85 33.84	200m:	2:12.17 33.74	300m:	3:19.78 33.98	400m:	4:26.75 33.04	
18.	Adamczyk Maksymilian		03	I sk Wrocław				<b>4:29.38</b>	489
	50m:	28.88 28.88	150m:	1:35.49 34.18	250m:	2:45.16 34.74	350m:	3:55.85 35.57	
	100m:	1:01.31 32.43	200m:	2:10.42 34.93	300m:	3:20.28 35.12	400m:	4:29.38 33.53	
19.	Kapała Szymon		03	Kormoran Olsztyn				<b>4:49.40</b>	394
	50m:	31.59 31.59	150m:	1:45.38 37.16	250m:	3:00.13 37.00	350m:	4:13.59 36.61	
	100m:	1:08.22 36.63	200m:	2:23.13 37.75	300m:	3:36.98 36.85	400m:	4:49.40 35.81	

Konkurencja 34  
27/10/2019 - 10:30

Chłopców, 400m dowolny

15 lat  
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.					Czas	Pkt.
1.	Olczak Kacper		04	Trójka Łód				<b>4:06.68</b>	637
	50m:	28.32 28.32	150m:	1:31.53 32.03	250m:	2:34.14 31.29	350m:	3:37.32 31.39	
	100m:	59.50 31.18	200m:	2:02.85 31.32	300m:	3:05.93 31.79	400m:	4:06.68 29.36	
2.	Chmielewski Krzysztof		04	Muszelka Warszawa				<b>4:07.43</b>	631
	50m:	27.79 27.79	150m:	1:29.50 31.18	250m:	2:32.43 31.47	350m:	3:36.51 32.22	
	100m:	58.32 30.53	200m:	2:00.96 31.46	300m:	3:04.29 31.86	400m:	4:07.43 30.92	
3.	Chmielewski Michał		04	Muszelka Warszawa				<b>4:09.30</b>	617
	50m:	28.36 28.36	150m:	1:31.58 31.91	250m:	2:34.94 31.61	350m:	3:37.93 31.24	
	100m:	59.67 31.31	200m:	2:03.33 31.75	300m:	3:06.69 31.75	400m:	4:09.30 31.37	
4.	Walter Jakub		04	Unia O wi cim				<b>4:09.38</b>	616
	50m:	28.72 28.72	150m:	1:32.40 32.18	250m:	2:36.59 32.14	350m:	3:40.43 31.69	
	100m:	1:00.22 31.50	200m:	2:04.45 32.05	300m:	3:08.74 32.15	400m:	4:09.38 28.95	
5.	Le niak Maksymilian		04	UKS 190 Łód				<b>4:12.81</b>	591
	50m:	28.36 28.36	150m:	1:32.19 32.35	250m:	2:37.36 32.72	350m:	3:41.66 32.14	
	100m:	59.84 31.48	200m:	2:04.64 32.45	300m:	3:09.52 32.16	400m:	4:12.81 31.15	
6.	Stachurski Jerzy		04	I sk Wrocław				<b>4:13.24</b>	588
	50m:	28.57 28.57	150m:	1:32.63 32.26	250m:	2:38.27 32.77	350m:	3:41.67 31.64	
	100m:	1:00.37 31.80	200m:	2:05.50 32.87	300m:	3:10.03 31.76	400m:	4:13.24 31.57	
7.	Juda Dominik		04	Unia O wi cim				<b>4:13.31</b>	588
	50m:	29.88 29.88	150m:	1:34.21 32.38	250m:	2:38.49 31.95	350m:	3:43.10 32.22	
	100m:	1:01.83 31.95	200m:	2:06.54 32.33	300m:	3:10.88 32.39	400m:	4:13.31 30.21	
8.	Kowolik Alex		04	Unia O wi cim				<b>4:13.61</b>	586
	50m:	28.79 28.79	150m:	1:32.39 31.99	250m:	2:36.94 32.42	350m:	3:41.34 32.35	
	100m:	1:00.40 31.61	200m:	2:04.52 32.13	300m:	3:08.99 32.05	400m:	4:13.61 32.27	
9.	Klimczak Kacper		04	Jedynka Łód				<b>4:18.15</b>	555
	50m:	29.20 29.20	150m:	1:35.05 33.28	250m:	2:41.24 32.80	350m:	3:46.68 32.44	
	100m:	1:01.77 32.57	200m:	2:08.44 33.39	300m:	3:14.24 33.00	400m:	4:18.15 31.47	

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Ministerstwo  
Sportu i Turystyki





Arena Grand Prix Puchar Polski  
O wi cim, 26 - 27/10/2019



Konkurencja 34, Chłopców, 400m dowolny, 15 lat

Pozycja	Rok ur.				Czas	Pkt.
10. Majewski Maksym	04	Unia O wi cim		<b>4:20.13</b>	543	
50m: 28.51 28.51	150m: 1:34.08 33.13	250m: 2:41.19 33.87	350m: 3:45.69 32.46			
100m: 1:00.95 32.44	200m: 2:07.32 33.24	300m: 3:13.23 32.04	400m: 4:20.13 34.44			
11. Skalski Konrad	04	Unia O wi cim		<b>4:20.63</b>	540	
50m: 29.41 29.41	150m: 1:34.28 32.62	250m: 2:40.16 33.00	350m: 3:47.73 33.59			
100m: 1:01.66 32.25	200m: 2:07.16 32.88	300m: 3:14.14 33.98	400m: 4:20.63 32.90			
12. Lewtak Szymon	04	AZS UMCS Lublin		<b>4:31.45</b>	478	
50m: 30.80 30.80	150m: 1:38.91 34.36	250m: 2:48.20 34.46	350m: 3:57.50 34.59			
100m: 1:04.55 33.75	200m: 2:13.74 34.83	300m: 3:22.91 34.71	400m: 4:31.45 33.95			
13. Ryszka Kacper	04	Unia O wi cim		<b>4:32.80</b>	470	
50m: 30.40 30.40	150m: 1:38.97 34.87	250m: 2:49.19 35.00	350m: 3:59.54 35.61			
100m: 1:04.10 33.70	200m: 2:14.19 35.22	300m: 3:23.93 34.74	400m: 4:32.80 33.26			
14. Kubiniec Mikołaj	04	AZS UMCS Lublin		<b>4:34.09</b>	464	
50m: 30.37 30.37	150m: 1:38.92 34.76	250m: 2:49.00 35.10	350m: 3:59.16 35.11			
100m: 1:04.16 33.79	200m: 2:13.90 34.98	300m: 3:24.05 35.05	400m: 4:34.09 34.93			
15. Marszałek Stanisław	04	Unia O wi cim		<b>4:34.62</b>	461	
50m: 29.32 29.32	150m: 1:37.48 34.56	250m: 2:49.02 36.46	350m: 4:01.26 36.51			
100m: 1:02.92 33.60	200m: 2:12.56 35.08	300m: 3:24.75 35.73	400m: 4:34.62 33.36			
16. Krysiak Kacper	04	Trójka Łód		<b>4:36.53</b>	452	
50m: 31.90 31.90	150m: 1:41.97 35.39	250m: 2:53.02 35.41	350m: 4:02.93 34.82			
100m: 1:06.58 34.68	200m: 2:17.61 35.64	300m: 3:28.11 35.09	400m: 4:36.53 33.60			
17. Kurdelski Filip	04	Warszawianka Wodny Park W-wa		<b>4:47.04</b>	404	
50m: 32.28 32.28	150m: 1:44.09 36.60	250m: 2:56.71 36.77	350m: 4:10.63 36.98			
100m: 1:07.49 35.21	200m: 2:19.94 35.85	300m: 3:33.65 36.94	400m: 4:47.04 36.41			

Konkurencja 34  
27/10/2019 - 10:30

Chłopców, 400m dowolny

14 lat  
Wyniki

Punkty: FINA 2019

Pozycja	Rok ur.				Czas	Pkt.
1. Płoszka Kacper	05	Jedynka Łód		<b>4:09.40</b>	616	
50m: 28.28 28.28	150m: 1:29.73 31.12	250m: 2:33.41 32.05	350m: 3:38.21 32.42			
100m: 58.61 30.33	200m: 2:01.36 31.63	300m: 3:05.79 32.38	400m: 4:09.40 31.19			
2. Sławacki Wojciech	05	Wodnik Krasnystaw		<b>4:10.60</b>	607	
50m: 28.50 28.50	150m: 1:31.37 31.65	250m: 2:35.03 32.03	350m: 3:39.20 32.08			
100m: 59.72 31.22	200m: 2:03.00 31.63	300m: 3:07.12 32.09	400m: 4:10.60 31.40			
3. Zdybel Adam	05	Delfin Gdynia		<b>4:12.25</b>	595	
50m: 27.53 27.53	150m: 1:31.05 32.33	250m: 2:36.78 32.81	350m: 3:42.08 32.57			
100m: 58.72 31.19	200m: 2:03.97 32.92	300m: 3:09.51 32.73	400m: 4:12.25 30.17			
4. Zaremba Adam	05	I sk Wrocław		<b>4:13.01</b>	590	
50m: 29.11 29.11	150m: 1:33.04 32.31	250m: 2:37.78 31.94	350m: 3:42.16 31.79			
100m: 1:00.73 31.62	200m: 2:05.84 32.80	300m: 3:10.37 32.59	400m: 4:13.01 30.85			
5. Fałek Szymon	05	G-8 Bielany Warszawa		<b>4:24.93</b>	514	
50m: 29.99 29.99	150m: 1:38.25 34.29	250m: 2:45.80 33.69	350m: 3:52.84 33.07			
100m: 1:03.96 33.97	200m: 2:12.11 33.86	300m: 3:19.77 33.97	400m: 4:24.93 32.09			
6. Wo niak Piotr	05	Kormoran Olsztyn		<b>4:26.77</b>	503	
50m: 30.82 30.82	150m: 1:39.18 34.32	250m: 2:47.71 34.26	350m: 3:55.19 33.41			
100m: 1:04.86 34.04	200m: 2:13.45 34.27	300m: 3:21.78 34.07	400m: 4:26.77 31.58			
7. Tyrka Igor	05	Kormoran Olsztyn		<b>4:27.29</b>	500	
50m: 31.43 31.43	150m: 1:40.20 34.24	250m: 2:48.38 34.00	350m: 3:55.80 33.41			
100m: 1:05.96 34.53	200m: 2:14.38 34.18	300m: 3:22.39 34.01	400m: 4:27.29 31.49			

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Arena Grand Prix Puchar Polski  
O wi cim, 26 - 27/10/2019



Konkurencja 34, Chłopców, 400m dowolny, 14 lat

Pozycja				Rok ur.					Czas	Pkt.		
8.	Nowacki Jacek			05	Kormoran Olsztyn				<b>4:29.26</b>	489		
	50m:	31.00	31.00	150m:	1:39.58	34.48	250m:	2:49.44	35.19	350m:	3:57.35	33.47
	100m:	1:05.10	34.10	200m:	2:14.25	34.67	300m:	3:23.88	34.44	400m:	4:29.26	31.91
9.	Jarczewski Franciszek			05	UKS 190 Łódź				<b>4:32.15</b>	474		
	50m:	31.03	31.03	150m:	1:39.38	34.62	250m:	2:49.19	34.81	350m:	3:58.31	34.37
	100m:	1:04.76	33.73	200m:	2:14.38	35.00	300m:	3:23.94	34.75	400m:	4:32.15	33.84
10.	Stanek Jakub			05	SMS Galicja Kraków				<b>4:37.41</b>	447		
	50m:	31.59	31.59	150m:	1:40.44	34.63	250m:	2:51.67	35.51	350m:	4:02.45	35.11
	100m:	1:05.81	34.22	200m:	2:16.16	35.72	300m:	3:27.34	35.67	400m:	4:37.41	34.96
11.	Ptaszy ski Stanisław			05	Unia O wi cim				<b>4:39.04</b>	440		
	50m:	31.86	31.86	150m:	1:42.80	35.34	250m:	2:54.01	35.55	350m:	4:04.93	35.05
	100m:	1:07.46	35.60	200m:	2:18.46	35.66	300m:	3:29.88	35.87	400m:	4:39.04	34.11
12.	Konieczny Mateusz			05	Nika Sport Team Kraków				<b>4:54.90</b>	372		
	50m:	31.92	31.92	150m:	1:47.05	39.02	250m:	3:03.46	38.09	350m:	4:20.03	37.74
	100m:	1:08.03	36.11	200m:	2:25.37	38.32	300m:	3:42.29	38.83	400m:	4:54.90	34.87
13.	Kochanowicz Karol			05	Unia O wi cim				<b>5:02.21</b>	346		
	50m:	34.29	34.29	150m:	1:51.66	39.12	250m:	3:09.75	38.77	350m:	4:26.47	37.82
	100m:	1:12.54	38.25	200m:	2:30.98	39.32	300m:	3:48.65	38.90	400m:	5:02.21	35.74

