

Event 32  
 16/11/2019 - 20:03

Women, 400m Medley

I  
 Results

Rank	YB								Time			
1.	Zimna-Walendzik Ewa								<b>8:47.72</b>			
	50m:	56.69	56.69	150m:	3:15.37	1:09.56	250m:	5:34.11	1:10.53	350m:	7:48.79	1:00.88
	100m:	2:05.81	1:09.12	200m:	4:23.58	1:08.21	300m:	6:47.91	1:13.80	400m:	8:47.72	58.93

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Women, 400m Medley

H  
 Results

Rank	YB								Time			
1.	Szala Ewa								<b>6:37.47</b>			
	50m:	46.24	46.24	150m:	2:26.94	49.81	250m:	4:12.06	56.48	350m:	5:53.93	45.51
	100m:	1:37.13	50.89	200m:	3:15.58	48.64	300m:	5:08.42	56.36	400m:	6:37.47	43.54
2.	Legutko Mirosława								<b>7:53.18</b>			
	50m:	51.35	51.35	150m:	2:55.84	1:02.36	250m:	4:21.98	23.99	350m:	6:04.88	1:02.70
	100m:	1:53.48	1:02.13	200m:	3:57.99	1:02.15	300m:	5:02.18	40.20	400m:	7:53.18	1:48.30
3.	Dabrowska Zofia								<b>9:18.26</b>			
	50m:	1:05.74	1:05.74	150m:	3:41.24	1:20.71	250m:	6:09.84	1:13.21	350m:	8:21.10	59.24
	100m:	2:20.53	1:14.79	200m:	4:56.63	1:15.39	300m:	7:21.86	1:12.02	400m:	9:18.26	57.16
4.	Benova Dana								<b>10:12.88</b>			
	50m:	1:15.41	1:15.41	150m:	4:06.68	1:19.80	250m:	6:40.72	1:17.75	350m:	9:05.53	1:08.79
	100m:	2:46.88	1:31.47	200m:	5:22.97	1:16.29	300m:	7:56.74	1:16.02	400m:	10:12.88	1:07.35

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Women, 400m Medley

G  
 Results

Rank	YB								Time			
1.	Macierzewska Agnieszka								<b>6:50.67</b>			
	50m:	43.22	43.22	150m:	2:29.91	54.11	250m:	4:20.23	58.08	350m:	6:06.59	45.84
	100m:	1:35.80	52.58	200m:	3:22.15	52.24	300m:	5:20.75	1:00.52	400m:	6:50.67	44.08
2.	Gudaniec Dorota								<b>7:19.40</b>			
	50m:	48.89	48.89	150m:	2:43.41	56.70	250m:	4:39.99	1:00.33	350m:	6:31.16	49.36
	100m:	1:46.71	57.82	200m:	3:39.66	56.25	300m:	5:41.80	1:01.81	400m:	7:19.40	48.24
3.	Putowska Malgorzata								<b>8:18.09</b>			
	50m:	52.80	52.80	150m:	3:03.41	1:03.02	250m:	5:09.88	1:03.23	350m:	7:16.74	1:01.22
	100m:	2:00.39	1:07.59	200m:	4:06.65	1:03.24	300m:	6:15.52	1:05.64	400m:	8:18.09	1:01.35
4.	Radkowiak Danuta								<b>8:56.79</b>			
	50m:	57.50	57.50	150m:	3:18.34	1:16.18	250m:	5:43.18	1:12.14	350m:	7:58.68	1:02.61
	100m:	2:02.16	1:04.66	200m:	4:31.04	1:12.70	300m:	6:56.07	1:12.89	400m:	8:56.79	58.11

Event 32, Women, 400m Medley

Event 32 Women, 400m Medley F  
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Rank			YB					Time				
1.	Gozdziejewska Anna		67	Aquasfera Masters Olsztyn				<b>7:01.14</b>				
	50m:	51.93	51.93	150m:	2:45.21	53.64	250m:	4:35.36	57.43	350m:	6:17.43	45.62
	100m:	1:51.57	59.64	200m:	3:37.93	52.72	300m:	5:31.81	56.45	400m:	7:01.14	43.71

Event 32 Women, 400m Medley E  
 16/11/2019 - 20:03 Results

Rank			YB					Time				
1.	Fajkowska Daria		73	Masters Zgierz				<b>5:44.04</b>				
	50m:	35.64	35.64	150m:	2:01.48	43.76	250m:	3:33.68	49.48	350m:	5:04.32	41.17
	100m:	1:17.72	42.08	200m:	2:44.20	42.72	300m:	4:23.15	49.47	400m:	5:44.04	39.72
2.	Szydłowska - Smetek Daria		72	Masters Zdzeszowice				<b>6:18.97</b>				
	50m:	41.38	41.38	150m:	2:20.20	50.87	250m:	4:02.38	53.09	350m:	5:37.86	42.65
	100m:	1:29.33	47.95	200m:	3:09.29	49.09	300m:	4:55.21	52.83	400m:	6:18.97	41.11
3.	Wozniak Dorota		73	Masters Zdzeszowice				<b>6:39.96</b>				
	50m:	44.49	44.49	150m:	2:27.99	52.13	250m:	4:15.36	57.36	350m:	5:57.18	45.16
	100m:	1:35.86	51.37	200m:	3:18.00	50.01	300m:	5:12.02	56.66	400m:	6:39.96	42.78
4.	Balajcza Timea		71	Mako Warszawa				<b>6:42.14</b>				
	50m:	43.88	43.88	150m:	2:33.43	56.37	250m:	4:18.36	52.09	350m:	5:57.87	46.69
	100m:	1:37.06	53.18	200m:	3:26.27	52.84	300m:	5:11.18	52.82	400m:	6:42.14	44.27
5.	Jaruga Kinga		74	Cityzen Poznan				<b>7:02.56</b>				
	50m:	45.50	45.50	150m:	2:34.99	55.27	250m:	4:27.34	58.42	350m:	6:15.70	48.25
	100m:	1:39.72	54.22	200m:	3:28.92	53.93	300m:	5:27.45	1:00.11	400m:	7:02.56	46.86
6.	Janeczko Anna		72	Korona Masters Krakow				<b>7:07.33</b>				
	50m:	47.27	47.27	150m:	2:36.98	56.32	250m:	4:32.77	59.08	350m:	6:21.44	49.18
	100m:	1:40.66	53.39	200m:	3:33.69	56.71	300m:	5:32.26	59.49	400m:	7:07.33	45.89
7.	Stankiewicz-Majkowska Joanna		72	TKKF Masters Koszalin				<b>7:15.21</b>				
	50m:	44.97	44.97	150m:	2:37.01	55.95	250m:	4:30.08	57.90	350m:	6:22.46	53.84
	100m:	1:41.06	56.09	200m:	3:32.18	55.17	300m:	5:28.62	58.54	400m:	7:15.21	52.75

Event 32 Women, 400m Medley D  
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Rank			YB					Time				
1.	Klusek Maja		75	Masters Zgierz				<b>6:15.37</b>				
	50m:	39.42	39.42	150m:	2:13.69	48.93	250m:	3:55.68		350m:	5:33.25	44.17
	100m:	1:24.76	45.34	200m:			300m:	4:49.08	53.40	400m:	6:15.37	42.12
2.	Rozmus Angelika		78	Delfin Masters Tarnobrzeg				<b>6:35.84</b>				
	50m:	44.73	44.73	150m:	2:26.56	50.47	250m:	4:12.55	55.84	350m:	5:54.28	45.86
	100m:	1:36.09	51.36	200m:	3:16.71	50.15	300m:	5:08.42	55.87	400m:	6:35.84	41.56
3.	Klarecka Monika		77	Masters Lodz				<b>8:14.68</b>				
	50m:	52.99	52.99	150m:	3:06.71	1:11.45	250m:	5:23.77	1:05.42	350m:	7:22.25	55.99
	100m:	1:55.26	1:02.27	200m:	4:18.35	1:11.64	300m:	6:26.26	1:02.49	400m:	8:14.68	52.43
DNF	Castoral Kamila		77	5 Styl Warszawa								

Event 32, Women, 400m Medley

Event 32 Women, 400m Medley C  
Results  
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Rank			YB					Time				
1.	Jahnz Karolina		84	Rekin Swiebodzice				<b>6:05.36</b>				
	50m:	40.47	40.47	150m:	2:14.25	46.21	250m:	3:50.19	49.92	350m:	5:24.59	43.29
	100m:	1:28.04	47.57	200m:	3:00.27	46.02	300m:	4:41.30	51.11	400m:	6:05.36	40.77
2.	Markowska Ewa		81	Iswim Bialystok				<b>8:04.06</b>				
	50m:	55.80	55.80	150m:	3:12.38	1:06.13	250m:	5:11.38	55.37	350m:	7:08.83	58.45
	100m:	2:06.25	1:10.45	200m:	4:16.01	1:03.63	300m:	6:10.38	59.00	400m:	8:04.06	55.23

Event 32 Women, 400m Medley B  
Results  
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Rank			YB					Time				
1.	Kaczmarek Agnieszka		85	Legia Warszawa				<b>5:37.40</b>				
	50m:	34.92	34.92	150m:	1:57.92	40.97	250m:	3:27.58	47.03	350m:	4:57.55	41.67
	100m:	1:16.95	42.03	200m:	2:40.55	42.63	300m:	4:15.88	48.30	400m:	5:37.40	39.85
2.	Zaleska Anna		88	Aquasfera Masters Olsztyn				<b>6:06.09</b>				
	50m:	36.90	36.90	150m:	2:08.25	48.23	250m:	3:47.57	52.21	350m:	5:23.37	43.18
	100m:	1:20.02	43.12	200m:	2:55.36	47.11	300m:	4:40.19	52.62	400m:	6:06.09	42.72
3.	Dziedzic Katarzyna		85	Warsaw Masters Team				<b>6:30.58</b>				
	50m:	40.24	40.24	150m:	2:21.02	50.46	250m:	4:04.34	54.60	350m:	5:46.35	46.58
	100m:	1:30.56	50.32	200m:	3:09.74	48.72	300m:	4:59.77	55.43	400m:	6:30.58	44.23

Event 32 Women, 400m Medley A  
Results  
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Rank			YB					Time				
1.	Kaczmarek Magdalena		92	LC Gorzow Wilkp.				<b>5:16.46</b>				
	50m:	34.45	34.45	150m:	1:54.19	40.40	250m:	3:18.92	44.02	350m:	4:40.90	37.03
	100m:	1:13.79	39.34	200m:	2:34.90	40.71	300m:	4:03.87	44.95	400m:	5:16.46	35.56

Event 32 Women, 400m Medley 0  
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Rank			YB					Time				
1.	Wisniewska Natalia		97	Warta Masters Poznan				<b>5:20.27</b>				
	50m:	32.47	32.47	150m:	1:53.38	42.07	250m:	3:18.19	43.52	350m:	4:42.34	39.94
	100m:	1:11.31	38.84	200m:	2:34.67	41.29	300m:	4:02.40	44.21	400m:	5:20.27	37.93
2.	Szlachcic Wiktoria		99	CSiR MOS Dabrowa Grn.				<b>6:26.13</b>				
	50m:	39.35	39.35	150m:	2:15.55	50.04	250m:	4:00.61	55.38	350m:	5:41.04	45.11
	100m:	1:25.51	46.16	200m:	3:05.23	49.68	300m:	4:55.93	55.32	400m:	6:26.13	45.09