



Konkurencja 19
30/11/2019 - 9:34

Kobiet, 400m dowolny

18 lat i młodszy
Wyniki

Punkty: FINA 2019

Pozycja	Rok ur.	Czas	Pkt.	Dru .
1. Paradowska Kinga	01 SMS Bydgoszcz	4:11.77	802	31,00
50m: 30.67 30.67	150m: 1:35.12 32.28	250m: 2:39.21 31.64	350m: 3:42.30 31.48	
100m: 1:02.84 32.17	200m: 2:07.57 32.45	300m: 3:10.82 31.61	400m: 4:11.77 29.47	
2. Tarasiewicz Klaudia	04 SMS Warszawa Konwiktorska	4:12.44	795	29,00
50m: 30.39 30.39	150m: 1:34.64 32.44	250m: 2:38.12 31.06	350m: 3:41.66 31.60	
100m: 1:02.20 31.81	200m: 2:07.06 32.42	300m: 3:10.06 31.94	400m: 4:12.44 30.78	
3. Nita Daria	01 SMS O wi cim	4:12.45	795	28,00
50m: 30.24 30.24	150m: 1:34.87 32.38	250m: 2:39.10 31.89	350m: 3:42.60 31.42	
100m: 1:02.49 32.25	200m: 2:07.21 32.34	300m: 3:11.18 32.08	400m: 4:12.45 29.85	
4. Klimek Marta	03 SMS O wi cim	4:19.95	728	27,00
50m: 29.35 29.35	150m: 1:34.21 32.52	250m: 2:40.14 33.22	350m: 3:47.01 33.46	
100m: 1:01.69 32.34	200m: 2:06.92 32.71	300m: 3:13.55 33.41	400m: 4:19.95 32.94	
5. Hellak Emilia	03 SMS Wrocław	4:21.45	716	26,00
50m: 30.06 30.06	150m: 1:35.45 32.97	250m: 2:41.54 33.15	350m: 3:48.33 33.37	
100m: 1:02.48 32.42	200m: 2:08.39 32.94	300m: 3:14.96 33.42	400m: 4:21.45 33.12	
6. Zieli ska Daria	03 SMS Warszawa Konwiktorska	4:22.13	710	25,00
50m: 30.81 30.81	150m: 1:37.13 33.34	250m: 2:43.50 32.98	350m: 3:49.69 33.31	
100m: 1:03.79 32.98	200m: 2:10.52 33.39	300m: 3:16.38 32.88	400m: 4:22.13 32.44	
7. D browska Tatiana	02 SMS Wrocław	4:24.29	693	24,00
50m: 30.53 30.53	150m: 1:36.90 33.34	250m: 2:44.02 33.47	350m: 3:51.82 33.94	
100m: 1:03.56 33.03	200m: 2:10.55 33.65	300m: 3:17.88 33.86	400m: 4:24.29 32.47	
8. Bociak Wiktoria	04 SMS O wi cim	4:24.46	692	-
50m: 30.85 30.85	150m: 1:37.96 33.62	250m: 2:45.17 33.50	350m: 3:52.46 33.75	
100m: 1:04.34 33.49	200m: 2:11.67 33.71	300m: 3:18.71 33.54	400m: 4:24.46 32.00	
9. Rabiniaak Zuzanna	01 SMS Lublin	4:24.65	690	23,00
50m: 30.55 30.55	150m: 1:37.55 33.46	250m: 2:44.73 33.66	350m: 3:52.15 33.66	
100m: 1:04.09 33.54	200m: 2:11.07 33.52	300m: 3:18.49 33.76	400m: 4:24.65 32.50	
10. Celmer Wiktoria	03 SMS Poznań	4:25.17	686	22,00
50m: 31.09 31.09	150m: 1:38.82 33.73	250m: 2:45.87 33.11	350m: 3:51.24 32.10	
100m: 1:05.09 34.00	200m: 2:12.76 33.94	300m: 3:19.14 33.27	400m: 4:25.17 33.93	
11. Łysakowska Julia	01 SMS Lublin	4:28.57	660	21,00
50m: 31.82 31.82	150m: 1:40.28 34.38	250m: 2:48.78 34.15	350m: 3:56.69 33.80	
100m: 1:05.90 34.08	200m: 2:14.63 34.35	300m: 3:22.89 34.11	400m: 4:28.57 31.88	
12. Szewczyk Zofia	02 SMS Lublin	4:28.67	660	-
50m: 31.47 31.47	150m: 1:39.66 34.37	250m: 2:48.28 33.99	350m: 3:56.77 33.97	
100m: 1:05.29 33.82	200m: 2:14.29 34.63	300m: 3:22.80 34.52	400m: 4:28.67 31.90	
13. Cioch-Gradzik Wiktoria	03 SMS Lublin	4:28.70	659	-
50m: 31.28 31.28	150m: 1:39.48 34.23	250m: 2:47.61 33.83	350m: 3:55.64 34.06	
100m: 1:05.25 33.97	200m: 2:13.78 34.30	300m: 3:21.58 33.97	400m: 4:28.70 33.06	
14. Zar ba-Paradowska Julia	02 SMS Warszawa Bielany	4:29.14	656	20,00
50m: 31.23 31.23	150m: 1:39.18 34.09	250m: 2:47.79 34.31	350m: 3:56.80 34.53	
100m: 1:05.09 33.86	200m: 2:13.48 34.30	300m: 3:22.27 34.48	400m: 4:29.14 32.34	
15. roda Dominika	02 SMS Szczecin	4:29.16	656	19,00
50m: 31.20 31.20	150m: 1:38.17 33.57	250m: 2:45.89 33.96	350m: 3:55.23 34.94	
100m: 1:04.60 33.40	200m: 2:11.93 33.76	300m: 3:20.29 34.40	400m: 4:29.16 33.93	
16. Miciak Agata	02 SMS Gorzów Wlkp.	4:29.17	656	18,00
50m: 30.84 30.84	150m: 1:37.71 33.72	250m: 2:46.10 34.69	350m: 3:55.50 34.68	
100m: 1:03.99 33.15	200m: 2:11.41 33.70	300m: 3:20.82 34.72	400m: 4:29.17 33.67	
17. Molenda Dominika	03 SMS Gdańsk	4:29.23	655	17,00
50m: 31.97 31.97	150m: 1:40.11 34.16	250m: 2:48.46 34.16	350m: 3:56.96 34.23	
100m: 1:05.95 33.98	200m: 2:14.30 34.19	300m: 3:22.73 34.27	400m: 4:29.23 32.27	



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Pozycja			Rok ur.					Czas	Pkt.	Dru .
18.	Mo d an Milena		03	SMS Szczecin				4:29.31	655	16,00
	50m: 31.35	31.35	150m: 1:39.09	34.15	250m: 2:47.34	34.03	350m: 3:55.53	34.12		
	100m: 1:04.94	33.59	200m: 2:13.31	34.22	300m: 3:21.41	34.07	400m: 4:29.31	33.78		
19.	Kawka Nina		03	SMS Warszawa Bielany				4:29.47	654	15,00
	50m: 30.93	30.93	150m: 1:39.94	34.74	250m: 2:48.89	34.24	350m: 3:57.67	34.32		
	100m: 1:05.20	34.27	200m: 2:14.65	34.71	300m: 3:23.35	34.46	400m: 4:29.47	31.80		
20.	Piepiórka Martyna		03	SMS Gda sk				4:29.80	651	14,00
	50m: 31.38	31.38	150m: 1:38.95	33.75	250m: 2:47.20	34.16	350m: 3:57.17	35.33		
	100m: 1:05.20	33.82	200m: 2:13.04	34.09	300m: 3:21.84	34.64	400m: 4:29.80	32.63		
21.	Skarwecka Wiktoria		02	SMS O wi cim				4:29.98	650	-
	50m: 30.44	30.44	150m: 1:37.52	34.02	250m: 2:46.79	34.81	350m: 3:56.66	35.18		
	100m: 1:03.50	33.06	200m: 2:11.98	34.46	300m: 3:21.48	34.69	400m: 4:29.98	33.32		
22.	Łuczak Dominika		02	SMS Zielona Góra				4:30.38	647	13,00
	50m: 31.23	31.23	150m: 1:38.53	33.95	250m: 2:47.13	34.46	350m: 3:56.53	34.66		
	100m: 1:04.58	33.35	200m: 2:12.67	34.14	300m: 3:21.87	34.74	400m: 4:30.38	33.85		
23.	Garbarczyk Weronika		03	SMS Szczecin				4:30.98	643	-
	50m: 31.67	31.67	150m: 1:40.31	34.37	250m: 2:48.63	33.72	350m: 3:57.47	34.57		
	100m: 1:05.94	34.27	200m: 2:14.91	34.60	300m: 3:22.90	34.27	400m: 4:30.98	33.51		
24.	Kaczor Natalia		01	SMS Racibórz				4:32.42	633	12,00
	50m: 30.78	30.78	150m: 1:38.54	34.49	250m: 2:48.44	34.92	350m: 3:59.08	35.37		
	100m: 1:04.05	33.27	200m: 2:13.52	34.98	300m: 3:23.71	35.27	400m: 4:32.42	33.34		
25.	Sujkowska Roksana		05	SMS Olsztyn				4:32.87	629	11,00
	50m: 31.67	31.67	150m: 1:41.35	35.04	250m: 2:50.15	34.56	350m: 4:00.11	34.84		
	100m: 1:06.31	34.64	200m: 2:15.59	34.24	300m: 3:25.27	35.12	400m: 4:32.87	32.76		
26.	Gawron Paula		04	SMS Kraków				4:33.55	625	10,00
	50m: 30.37	30.37	150m: 1:40.11	35.35	250m: 2:50.53	34.82	350m: 4:00.17	34.67		
	100m: 1:04.76	34.39	200m: 2:15.71	35.60	300m: 3:25.50	34.97	400m: 4:33.55	33.38		
27.	Frysiak Zuzanna		03	SMS Bydgoszcz				4:35.64	611	9,00
	50m: 31.08	31.08	150m: 1:38.66	34.13	250m: 2:48.62	35.08	350m: 4:00.69	36.38		
	100m: 1:04.53	33.45	200m: 2:13.54	34.88	300m: 3:24.31	35.69	400m: 4:35.64	34.95		
28.	Wiktorowicz Patrycja		04	SMS Racibórz				4:36.04	608	8,00
	50m: 31.42	31.42	150m: 1:40.70	35.15	250m: 2:51.31	35.12	350m: 4:02.00	35.32		
	100m: 1:05.55	34.13	200m: 2:16.19	35.49	300m: 3:26.68	35.37	400m: 4:36.04	34.04		
29.	Krzysztofiak Iga		03	SMS Pozna				4:36.84	603	7,00
	50m: 31.53	31.53	150m: 1:41.30	35.16	250m: 2:51.86	34.71	350m: 4:03.06	35.64		
	100m: 1:06.14	34.61	200m: 2:17.15	35.85	300m: 3:27.42	35.56	400m: 4:36.84	33.78		
30.	Wo nica Milena		04	SMS Gda sk				4:38.99	589	-
	50m: 31.08	31.08	150m: 1:41.02	35.34	250m: 2:51.89	35.56	350m: 4:03.62	36.00		
	100m: 1:05.68	34.60	200m: 2:16.33	35.31	300m: 3:27.62	35.73	400m: 4:38.99	35.37		
31.	Kozd ba Karolina		03	SMS Kraków				4:39.13	588	6,00
	50m: 31.88	31.88	150m: 1:41.88	35.30	250m: 2:53.33	36.00	350m: 4:04.90	35.64		
	100m: 1:06.58	34.70	200m: 2:17.33	35.45	300m: 3:29.26	35.93	400m: 4:39.13	34.23		
32.	Zarembik Katarzyna		02	SMS Racibórz				4:39.40	586	-
	50m: 31.93	31.93	150m: 1:42.90	35.65	250m: 2:53.83	35.34	350m: 4:05.08	35.61		
	100m: 1:07.25	35.32	200m: 2:18.49	35.59	300m: 3:29.47	35.64	400m: 4:39.40	34.32		
33.	Zmierczak Natalia		03	SMS Olsztyn				4:40.82	577	5,00
	50m: 31.22	31.22	150m: 1:40.46	35.41	250m: 2:52.27	36.25	350m: 4:05.66	36.74		
	100m: 1:05.05	33.83	200m: 2:16.02	35.56	300m: 3:28.92	36.65	400m: 4:40.82	35.16		
34.	Kurasi ska Oliwia		02	SMS Ostrowiec w.				4:41.25	575	4,00
	50m: 32.32	32.32	150m: 1:42.49	35.31	250m: 2:54.17	35.67	350m: 4:06.07	35.89		
	100m: 1:07.18	34.86	200m: 2:18.50	36.01	300m: 3:30.18	36.01	400m: 4:41.25	35.18		



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35.	Zi ba Emilia		04	SMS Kraków				4:42.65	566	-		
	50m:	30.86	30.86	150m:	1:40.43	35.49	250m:	2:52.73	36.32	350m:	4:06.96	36.92
	100m:	1:04.94	34.08	200m:	2:16.41	35.98	300m:	3:30.04	37.31	400m:	4:42.65	35.69
36.	Kowal Emilia		02	SMS Kraków				4:45.37	550	-		
	50m:	31.54	31.54	150m:	1:41.72	35.68	250m:	2:54.76	36.75	350m:	4:08.66	37.47
	100m:	1:06.04	34.50	200m:	2:18.01	36.29	300m:	3:31.19	36.43	400m:	4:45.37	36.71
37.	Ste Oliwia		04	SMS Ostrowiec w.				4:49.69	526	3,00		
	50m:	33.18	33.18	150m:	1:45.77	37.06	250m:	3:00.26	37.00	350m:	4:13.77	36.49
	100m:	1:08.71	35.53	200m:	2:23.26	37.49	300m:	3:37.28	37.02	400m:	4:49.69	35.92
38.	Falfus Julia		04	SMS Ostrowiec w.				4:50.10	524	-		
	50m:	32.60	32.60	150m:	1:46.29	37.13	250m:	3:00.72	37.20	350m:	4:15.32	37.24
	100m:	1:09.16	36.56	200m:	2:23.52	37.23	300m:	3:38.08	37.36	400m:	4:50.10	34.78
NIE UK.	Jagoda Patrycja		05	SMS Gorzów Wlkp.						-		
PK	Hrapkowicz Klaudia		04	SMS O wi cim				4:43.37	562	-		
	50m:	31.98	31.98	150m:	1:42.99	35.87	250m:	2:56.53	36.89	350m:	4:09.28	36.29
	100m:	1:07.12	35.14	200m:	2:19.64	36.65	300m:	3:32.99	36.46	400m:	4:43.37	34.09