

Puchar Wszecstronno ci Stylowej
O wi cim, 10/10/2020

Konkurencja 11
10/10/2020 - 16:54

Kobiet, 400m zmienny

16 lat i starsi
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.					Czas	Pkt.
1.	Famulok Zuzanna		03	Unia O wi cim				4:43.93	758
	50m:	30.23 30.23	150m:	1:41.65 37.46	250m:	2:58.84 40.50	350m:	4:12.49 33.31	
	100m:	1:04.19 33.96	200m:	2:18.34 36.69	300m:	3:39.18 40.34	400m:	4:43.93 31.44	
2.	Kossakowska Dominika		01	AZS AWF Katowice				4:54.43	680
	50m:	30.29 30.29	150m:	1:42.99 38.68	250m:	3:05.17 43.60	350m:	4:22.20 33.05	
	100m:	1:04.31 34.02	200m:	2:21.57 38.58	300m:	3:49.15 43.98	400m:	4:54.43 32.23	
3.	Nowak Zuzanna		02	Unia O wi cim				4:59.13	648
	50m:	30.87 30.87	150m:	1:45.48 39.11	250m:	3:06.97 43.65	350m:	4:25.31 34.92	
	100m:	1:06.37 35.50	200m:	2:23.32 37.84	300m:	3:50.39 43.42	400m:	4:59.13 33.82	
4.	Klimek Marta		03	Unia O wi cim				4:59.23	648
	50m:	32.94 32.94	150m:	1:49.52 38.64	250m:	3:12.20 44.99	350m:	4:28.81 32.43	
	100m:	1:10.88 37.94	200m:	2:27.21 37.69	300m:	3:56.38 44.18	400m:	4:59.23 30.42	
5.	Lala Nadia		04	Unia O wi cim				5:06.86	600
	50m:	32.33 32.33	150m:	1:49.11 39.33	250m:	3:12.59 44.65	350m:	4:33.13 35.77	
	100m:	1:09.78 37.45	200m:	2:27.94 38.83	300m:	3:57.36 44.77	400m:	5:06.86 33.73	
6.	Gawron Paula		04	Galicja Kraków				5:07.82	595
	50m:	31.80 31.80	150m:	1:48.99 39.49	250m:	3:11.62 43.39	350m:	4:32.49 36.48	
	100m:	1:09.50 37.70	200m:	2:28.23 39.24	300m:	3:56.01 44.39	400m:	5:07.82 35.33	
7.	Cerlich Oliwia		02	Ikar Mielec				5:11.67	573
	50m:	32.58 32.58	150m:	1:49.58 40.23	250m:	3:12.78 44.06	350m:	4:35.52 37.00	
	100m:	1:09.35 36.77	200m:	2:28.72 39.14	300m:	3:58.52 45.74	400m:	5:11.67 36.15	
8.	ak Amelia		04	Unia O wi cim				5:12.30	570
	50m:	33.77 33.77	150m:	1:54.37 41.24	250m:	3:18.26 44.19	350m:	4:37.37 35.03	
	100m:	1:13.13 39.36	200m:	2:34.07 39.70	300m:	4:02.34 44.08	400m:	5:12.30 34.93	
9.	Marczak Marta		04	AZS AWF Katowice				5:12.80	567
	50m:	33.32 33.32	150m:	1:52.58 42.20	250m:	3:17.94 45.31	350m:	4:39.43 36.61	
	100m:	1:10.38 37.06	200m:	2:32.63 40.05	300m:	4:02.82 44.88	400m:	5:12.80 33.37	
10.	Budzi ska Paulina		03	MMKS K dzierzyn-Ko le				5:15.49	552
	50m:	34.89 34.89	150m:	1:56.17 40.78	250m:	3:18.44 42.75	350m:	4:38.94 37.62	
	100m:	1:15.39 40.50	200m:	2:35.69 39.52	300m:	4:01.32 42.88	400m:	5:15.49 36.55	
11.	Wilczek Renata		04	Unia O wi cim				5:15.64	552
	50m:	34.21 34.21	150m:	1:56.18 43.21	250m:	3:20.40 42.14	350m:	4:40.01 36.74	
	100m:	1:12.97 38.76	200m:	2:38.26 42.08	300m:	4:03.27 42.87	400m:	5:15.64 35.63	
12.	Pawłowska Julia		02	Unia O wi cim				5:15.90	550
	50m:	34.13 34.13	150m:	1:55.07 42.11	250m:	3:20.01 43.72	350m:	4:40.18 36.77	
	100m:	1:12.96 38.83	200m:	2:36.29 41.22	300m:	4:03.41 43.40	400m:	5:15.90 35.72	
13.	Malarz Maja		04	Victoria Kozy				5:17.96	540
	50m:	32.92 32.92	150m:	1:52.02 41.12	250m:	3:18.40 45.54	350m:	4:41.32 36.39	
	100m:	1:10.90 37.98	200m:	2:32.86 40.84	300m:	4:04.93 46.53	400m:	5:17.96 36.64	
14.	Malec Wiktoria		03	Ikar Mielec				5:19.93	530
	50m:	33.63 33.63	150m:	1:52.31 39.13	250m:	3:17.72 47.26	350m:	4:43.66 37.47	
	100m:	1:13.18 39.55	200m:	2:30.46 38.15	300m:	4:06.19 48.47	400m:	5:19.93 36.27	
15.	Horova Oksana		02	Galicja Kraków				5:19.95	530
	50m:	34.92 34.92	150m:	1:57.32 41.03	250m:	3:25.15 46.91	350m:	4:46.40 35.99	
	100m:	1:16.29 41.37	200m:	2:38.24 40.92	300m:	4:10.41 45.26	400m:	5:19.95 33.55	
16.	Rokita Hanna		03	Galicja Kraków				5:19.97	529
	50m:	33.01 33.01	150m:	1:54.17 43.00	250m:	3:19.65 43.51	350m:	4:43.06 38.98	
	100m:	1:11.17 38.16	200m:	2:36.14 41.97	300m:	4:04.08 44.43	400m:	5:19.97 36.91	
17.	Ptaszy ska Weronika		03	Unia O wi cim				5:20.03	529
	50m:	33.70 33.70	150m:	1:55.04 43.01	250m:	3:23.16 45.50	350m:	4:45.28 36.49	
	100m:	1:12.03 38.33	200m:	2:37.66 42.62	300m:	4:08.79 45.63	400m:	5:20.03 34.75	

Puchar Wszec stronno ci Stylowej
O wi cim, 10/10/2020

Konkurencja 11, Kobiet, 400m zmienny, 16 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.			
18.	Dyduch Martyna		04	Unia O wi cim				5:21.49	522			
	50m:	35.74	35.74	150m:	1:58.43	41.42	250m:	3:24.96	45.77	350m:	4:47.58	36.63
	100m:	1:17.01	41.27	200m:	2:39.19	40.76	300m:	4:10.95	45.99	400m:	5:21.49	33.91
19.	Widurska Kinga		02	Galicja Kraków				5:21.81	520			
	50m:	32.39	32.39	150m:	1:53.00	42.31	250m:	3:21.33	47.02	350m:	4:45.88	37.50
	100m:	1:10.69	38.30	200m:	2:34.31	41.31	300m:	4:08.38	47.05	400m:	5:21.81	35.93
20.	Miernik Wiktoria		04	Unia O wi cim				5:23.54	512			
	50m:	32.67	32.67	150m:	1:53.02	42.53	250m:	3:23.45	49.89	350m:	4:48.94	35.22
	100m:	1:10.49	37.82	200m:	2:33.56	40.54	300m:	4:13.72	50.27	400m:	5:23.54	34.60
21.	Fic Bo ena		04	Unia O wi cim				5:25.02	505			
	50m:	34.27	34.27	150m:	1:56.37	42.72	250m:	3:23.77	45.71	350m:	4:48.11	38.40
	100m:	1:13.65	39.38	200m:	2:38.06	41.69	300m:	4:09.71	45.94	400m:	5:25.02	36.91
22.	Dembowska Weronika		03	Unia O wi cim				5:26.17	500			
	50m:	34.47	34.47	150m:	1:56.40	41.85	250m:	3:26.06	49.57	350m:	4:51.19	36.06
	100m:	1:14.55	40.08	200m:	2:36.49	40.09	300m:	4:15.13	49.07	400m:	5:26.17	34.98
23.	Szkurat Martyna		03	Unia O wi cim				5:28.47	489			
	50m:	32.29	32.29	150m:	1:54.40	43.53	250m:	3:25.20	47.88	350m:	4:51.76	37.87
	100m:	1:10.87	38.58	200m:	2:37.32	42.92	300m:	4:13.89	48.69	400m:	5:28.47	36.71
24.	Blachura Julia		02	Unia O wi cim				5:29.81	483			
	50m:	35.12	35.12	150m:	1:55.04	40.62	250m:	3:24.02	48.88	350m:	4:52.02	39.09
	100m:	1:14.42	39.30	200m:	2:35.14	40.10	300m:	4:12.93	48.91	400m:	5:29.81	37.79
25.	Sobu Julia		04	Unia O wi cim				5:32.10	474			
	50m:	34.57	34.57	150m:	1:56.48	42.45	250m:	3:28.83	50.89	350m:	4:57.19	38.19
	100m:	1:14.03	39.46	200m:	2:37.94	41.46	300m:	4:19.00	50.17	400m:	5:32.10	34.91
26.	Zi ba Emilia		04	AZS AWF Katowice				5:32.61	471			
	50m:	35.09	35.09	150m:	1:58.75	42.03	250m:	3:30.08	49.80	350m:	4:57.41	36.88
	100m:	1:16.72	41.63	200m:	2:40.28	41.53	300m:	4:20.53	50.45	400m:	5:32.61	35.20
27.	Kowalska Julia		04	Unia O wi cim				5:43.77	427			
	50m:	36.37	36.37	150m:	2:04.27	44.68	250m:	3:37.09	50.16	350m:	5:07.66	39.96
	100m:	1:19.59	43.22	200m:	2:46.93	42.66	300m:	4:27.70	50.61	400m:	5:43.77	36.11
28.	Nowak Laura		04	Korona Kraków				5:54.51	389			
	50m:	37.66	37.66	150m:	2:08.34	45.29	250m:	3:44.09	52.32	350m:	5:16.55	39.38
	100m:	1:23.05	45.39	200m:	2:51.77	43.43	300m:	4:37.17	53.08	400m:	5:54.51	37.96

Konkurencja 11
10/10/2020 - 16:54

Dziewcz t, 400m zmienny

14 - 15 lat
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.					Czas	Pkt.			
1.	Miłek Alicja		06	Solne Miasto Wieliczka				4:58.59	652			
	50m:	31.18	31.18	150m:	1:42.14	36.81	250m:	3:03.42	45.16	350m:	4:24.88	34.92
	100m:	1:05.33	34.15	200m:	2:18.26	36.12	300m:	3:49.96	46.54	400m:	4:58.59	33.71
2.	Lubi ska Alicja		05	Unia O wi cim				5:01.44	633			
	50m:	31.07	31.07	150m:	1:45.45	38.66	250m:	3:05.87	42.86	350m:	4:26.06	36.50
	100m:	1:06.79	35.72	200m:	2:23.01	37.56	300m:	3:49.56	43.69	400m:	5:01.44	35.38
3.	Smurzy ska Julia		06	Galicja Kraków				5:04.83	612			
	50m:	31.70	31.70	150m:	1:46.38	37.84	250m:	3:08.32	44.85	350m:	4:29.45	37.03
	100m:	1:08.54	36.84	200m:	2:23.47	37.09	300m:	3:52.42	44.10	400m:	5:04.83	35.38
4.	Juda Aleksandra		06	Unia O wi cim				5:10.58	579			
	50m:	32.35	32.35	150m:	1:50.70	41.41	250m:	3:13.56	43.12	350m:	4:34.93	37.32
	100m:	1:09.29	36.94	200m:	2:30.44	39.74	300m:	3:57.61	44.05	400m:	5:10.58	35.65
5.	Gorczyca Gabriela		06	Solne Miasto Wieliczka				5:11.88	572			
	50m:	31.87	31.87	150m:	1:48.80	40.20	250m:	3:15.61	47.79	350m:	4:38.28	34.74
	100m:	1:08.60	36.73	200m:	2:27.82	39.02	300m:	4:03.54	47.93	400m:	5:11.88	33.60

Puchar Wszechstronno ci Stylowej
O wi cim, 10/10/2020

Konkurencja 11, Dziewcz t, 400m zmienny, 14 - 15 lat

Pozycja			Rok ur.					Czas	Pkt.		
6.	Wrona Ewa		06	Jasie Sucha Besk.				5:12.18	570		
	50m:	33.61 33.61	150m:	1:54.72	41.23	250m:	3:16.61	41.85	350m:	4:36.90	37.37
	100m:	1:13.49 39.88	200m:	2:34.76	40.04	300m:	3:59.53	42.92	400m:	5:12.18	35.28
7.	Cicha Aleksandra		05	Galicja Kraków				5:12.99	566		
	50m:	34.33 34.33	150m:	1:51.78	38.66	250m:	3:16.66	46.66	350m:	4:39.21	36.05
	100m:	1:13.12 38.79	200m:	2:30.00	38.22	300m:	4:03.16	46.50	400m:	5:12.99	33.78
8.	Jarosz Helena		06	Omega Olkusz				5:18.72	536		
	50m:	32.72 32.72	150m:	1:53.64	41.11	250m:	3:17.80	43.57	350m:	4:42.28	39.41
	100m:	1:12.53 39.81	200m:	2:34.23	40.59	300m:	4:02.87	45.07	400m:	5:18.72	36.44
9.	Dadej Julia		05	BOSiR Brzesko				5:19.22	533		
	50m:	33.65 33.65	150m:	1:54.72	41.81	250m:	3:22.47	47.20	350m:	4:45.16	34.81
	100m:	1:12.91 39.26	200m:	2:35.27	40.55	300m:	4:10.35	47.88	400m:	5:19.22	34.06
10.	Wi cek Weronika		05	Victoria Kozy				5:20.83	525		
	50m:	34.29 34.29	150m:	1:54.52	41.16	250m:	3:18.40	43.57	350m:	4:43.23	40.57
	100m:	1:13.36 39.07	200m:	2:34.83	40.31	300m:	4:02.66	44.26	400m:	5:20.83	37.60
11.	Jakubik Julia		05	Unia O wi cim				5:26.87	497		
	50m:	34.22 34.22	150m:	1:57.54	41.66	250m:	3:24.74	47.14	350m:	4:50.87	37.88
	100m:	1:15.88 41.66	200m:	2:37.60	40.06	300m:	4:12.99	48.25	400m:	5:26.87	36.00
12.	Kusion Judyta		06	Unia O wi cim				5:30.86	479		
	50m:	35.13 35.13	150m:	2:00.63	43.44	250m:	3:31.23	49.48	350m:	4:56.51	36.42
	100m:	1:17.19 42.06	200m:	2:41.75	41.12	300m:	4:20.09	48.86	400m:	5:30.86	34.35
13.	Volkert Julia		05	Unia O wi cim				5:33.15	469		
	50m:	34.90 34.90	150m:	1:59.45	43.10	250m:	3:31.79	49.83	350m:	4:57.53	36.24
	100m:	1:16.35 41.45	200m:	2:41.96	42.51	300m:	4:21.29	49.50	400m:	5:33.15	35.62
14.	Trojanowska Julia		06	STP Nowy S cz				5:34.29	464		
	50m:	35.40 35.40	150m:	2:00.40	42.64	250m:	3:31.20	48.21	350m:	4:57.84	39.01
	100m:	1:17.76 42.36	200m:	2:42.99	42.59	300m:	4:18.83	47.63	400m:	5:34.29	36.45
15.	Janik Julia		06	Omega Olkusz				5:35.64	459		
	50m:	33.41 33.41	150m:	1:54.51	41.05	250m:	3:25.42	51.07	350m:	4:56.89	39.53
	100m:	1:13.46 40.05	200m:	2:34.35	39.84	300m:	4:17.36	51.94	400m:	5:35.64	38.75
16.	Tchórzewska Sabina		05	Galicja Kraków				5:35.93	457		
	50m:	34.67 34.67	150m:	1:56.74	41.30	250m:	3:27.30	50.31	350m:	4:58.38	39.72
	100m:	1:15.44 40.77	200m:	2:36.99	40.25	300m:	4:18.66	51.36	400m:	5:35.93	37.55
17.	Janik Anna		05	Unia O wi cim				5:37.49	451		
	50m:	35.75 35.75	150m:	2:00.32	41.89	250m:	3:30.27	49.34	350m:	4:59.92	39.65
	100m:	1:18.43 42.68	200m:	2:40.93	40.61	300m:	4:20.27	50.00	400m:	5:37.49	37.57
18.	Zieli ska Zuzanna		06	Ikar Mielec				5:39.14	445		
	50m:	36.78 36.78	150m:	2:02.58	43.97	250m:	3:32.66	47.48	350m:	5:01.16	40.24
	100m:	1:18.61 41.83	200m:	2:45.18	42.60	300m:	4:20.92	48.26	400m:	5:39.14	37.98
19.	Trojnacka Oliwia		05	Ikar Mielec				5:40.56	439		
	50m:	34.07 34.07	150m:	1:58.61	44.09	250m:	3:34.45	52.37	350m:	5:04.22	37.53
	100m:	1:14.52 40.45	200m:	2:42.08	43.47	300m:	4:26.69	52.24	400m:	5:40.56	36.34
20.	Miklos Julia		05	Juvenia Wrocław				5:40.80	438		
	50m:	35.30 35.30	150m:	2:00.34	44.40	250m:	3:33.79	50.02	350m:	5:04.02	39.10
	100m:	1:15.94 40.64	200m:	2:43.77	43.43	300m:	4:24.92	51.13	400m:	5:40.80	36.78
21.	Kaszuba Maja		06	Omega Olkusz				5:41.00	437		
	50m:	34.94 34.94	150m:	2:02.63	44.35	250m:	3:35.62	49.36	350m:	5:04.15	39.60
	100m:	1:18.28 43.34	200m:	2:46.26	43.63	300m:	4:24.55	48.93	400m:	5:41.00	36.85
22.	Kryza Maja		05	Unia O wi cim				5:44.27	425		
	50m:	37.52 37.52	150m:	2:07.62	45.20	250m:	3:40.58	48.26	350m:	5:07.18	39.33
	100m:	1:22.42 44.90	200m:	2:52.32	44.70	300m:	4:27.85	47.27	400m:	5:44.27	37.09
23.	Pancerz Oliwia		06	Unia O wi cim				5:45.51	420		
	50m:	36.20 36.20	150m:	2:02.42	44.68	250m:	3:36.66	49.93	350m:	5:07.14	39.88
	100m:	1:17.74 41.54	200m:	2:46.73	44.31	300m:	4:27.26	50.60	400m:	5:45.51	38.37

Puchar Wszechstronno ci Stylowej
O wi cim, 10/10/2020

Konkurencja 11, Dziewcz t, 400m zmienny, 14 - 15 lat

Pozycja	Rok ur.								Czas	Pkt.	
24. Permus Aleksandra	06 Solne Miasto Wieliczka								5:45.94	419	
50m:	35.97	35.97	150m:	2:03.20	42.29	250m:	3:37.52	51.87	350m:	5:07.84	38.18
100m:	1:20.91	44.94	200m:	2:45.65	42.45	300m:	4:29.66	52.14	400m:	5:45.94	38.10
25. Tomsia Oliwia	06 Omega Olkusz								5:46.94	415	
50m:	36.96	36.96	150m:	2:09.62	45.81	250m:	3:43.00	49.88	350m:	5:10.61	38.57
100m:	1:23.81	46.85	200m:	2:53.12	43.50	300m:	4:32.04	49.04	400m:	5:46.94	36.33
26. Wa ko Faustyna	06 Omega Olkusz								5:54.08	391	
50m:	36.23	36.23	150m:	2:08.84	45.66	250m:	3:42.94	49.47	350m:	5:15.03	40.91
100m:	1:23.18	46.95	200m:	2:53.47	44.63	300m:	4:34.12	51.18	400m:	5:54.08	39.05
27. Łata Weronika	06 Korona Kraków								5:56.04	384	
50m:	38.40	38.40	150m:	2:09.02	44.28	250m:	3:44.90	53.10	350m:	5:19.37	40.89
100m:	1:24.74	46.34	200m:	2:51.80	42.78	300m:	4:38.48	53.58	400m:	5:56.04	36.67
28. Góra Amelia	06 STP Nowy S cz								6:05.68	355	
50m:	37.82	37.82	150m:	2:12.49	46.77	250m:	3:51.53	53.08	350m:	5:25.40	41.69
100m:	1:25.72	47.90	200m:	2:58.45	45.96	300m:	4:43.71	52.18	400m:	6:05.68	40.28
29. Kl czar Natalia	06 Unia O wi cim								6:15.74	327	
50m:	42.03	42.03	150m:	2:19.58	49.19	250m:	4:03.17	56.39	350m:	5:38.35	40.04
100m:	1:30.39	48.36	200m:	3:06.78	47.20	300m:	4:58.31	55.14	400m:	6:15.74	37.39
30. W sik Martyna	06 Unia O wi cim								6:15.86	326	
50m:	38.97	38.97	150m:			250m:	3:56.60	49.89	350m:	5:33.12	45.63
100m:	1:27.59	48.62	200m:	3:06.71		300m:	4:47.49	50.89	400m:	6:15.86	42.74
DYSKW. Miodo ska Wiktoria	06 Unia O wi cim										
<i>M8 - Pływak wykonał ruchy nóg jak do stylu klasycznego - stopy zwrócone na zewn trz (nie dotyczy pływania Masters). (Czas: 17:16)</i>											