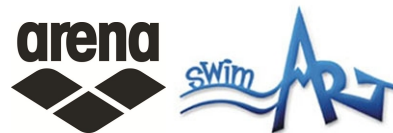




XXI Zawody o Puchar Rycerza Kmita
Zabierzów, 26/9/2026



Konkurencja 24
26/9/2026 - 18:16

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

Punkty: AQUA 2026

Pozycja	Rok ur.										Czas	Pkt.
1.	Mikoła Maria			12	SMS Galicja Kraków					4:44.87	528	
	50m:	31.84	31.84	150m:	1:43.60	36.36	250m:	2:57.24	36.86	350m:	4:10.91	36.78
	100m:	1:07.24	35.40	200m:	2:20.38	36.78	300m:	3:34.13	36.89	400m:	4:44.87	33.96
2.	Czudec Florentyna			12	Sokół Rzeszów					4:46.47	519	
	50m:	32.79	32.79	150m:	1:44.81	36.42	250m:	2:58.56	37.13	350m:	4:12.05	36.50
	100m:	1:08.39	35.60	200m:	2:21.43	36.62	300m:	3:35.55	36.99	400m:	4:46.47	34.42
3.	Bębas Lena			11	SMS Galicja Kraków					4:47.11	515	
	50m:	32.18	32.18	150m:	1:44.72	36.83	250m:	2:58.64	36.80	350m:	4:11.76	36.34
	100m:	1:07.89	35.71	200m:	2:21.84	37.12	300m:	3:35.42	36.78	400m:	4:47.11	35.35
4.	Molenda Ewa			12	Bieżanowianka Kraków					4:53.78	481	
	50m:	32.92	32.92	150m:	1:46.30	36.37	250m:	3:01.39	37.60	350m:	4:15.86	37.00
	100m:	1:09.93	37.01	200m:	2:23.79	37.49	300m:	3:38.86	37.47	400m:	4:53.78	37.92
5.	Dejana Laura			11	Bieżanowianka Kraków					4:57.75	462	
	50m:	32.55	32.55	150m:	1:45.83	37.37	250m:	3:02.86	38.80	350m:	4:20.70	39.19
	100m:	1:08.46	35.91	200m:	2:24.06	38.23	300m:	3:41.51	38.65	400m:	4:57.75	37.05
6.	Górny Weronika			11	Jasień Sucha Besk.					5:05.28	429	
	50m:	31.87	31.87	150m:	1:44.28	36.66	250m:	3:03.53	40.41	350m:	4:26.14	41.63
	100m:	1:07.62	35.75	200m:	2:23.12	38.84	300m:	3:44.51	40.98	400m:	5:05.28	39.14
7.	Trzop Oliwia			12	Jasień Sucha Besk.					5:10.22	408	
	50m:	35.32	35.32	150m:	1:53.89	39.58	250m:	3:13.63	39.20	350m:	4:33.31	40.27
	100m:	1:14.31	38.99	200m:	2:34.43	40.54	300m:	3:53.04	39.41	400m:	5:10.22	36.91
8.	Leśniowska Małgorzata			11	Olimpijczyk Kraków					5:12.29	400	
	50m:	34.76	34.76	150m:	1:51.48	38.89	250m:	3:11.46	40.20	350m:	4:33.09	40.32
	100m:	1:12.59	37.83	200m:	2:31.26	39.78	300m:	3:52.77	41.31	400m:	5:12.29	39.20
9.	Miklusiak Lidia			11	Jasień Sucha Besk.					5:22.05	365	
	50m:	35.17	35.17	150m:	1:55.26	41.23	250m:	3:18.37	41.12	350m:	4:42.00	41.48
	100m:	1:14.03	38.86	200m:	2:37.25	41.99	300m:	4:00.52	42.15	400m:	5:22.05	40.05
10.	Rakoczy Bogna			12	Wodnik 29 Katowice					5:31.67	334	
	50m:	37.39	37.39	150m:	2:02.32	42.77	250m:	3:28.60	43.05	350m:	4:53.07	41.83
	100m:	1:19.55	42.16	200m:	2:45.55	43.23	300m:	4:11.24	42.64	400m:	5:31.67	38.60

Konkurencja 24
26/9/2026 - 18:16

Dziewcząt, 400m dowolny

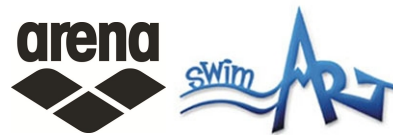
13 lat
Wyniki

Punkty: AQUA 2026

Pozycja	Rok ur.								Czas	Pkt.		
1.	Stradomska Aleksandra			13	Olimpijczyk Kraków				4:58.78	457		
	50m:	31.91	31.91	150m:	1:45.96	37.69	250m:	3:03.66	39.48	350m:	4:24.64	40.70
	100m:	1:08.27	36.36	200m:	2:24.18	38.22	300m:	3:43.94	40.28	400m:	4:58.78	34.14
2.	Opoka Antonina			13	STP Nowy Sącz				4:59.45	454		
	50m:	33.50	33.50	150m:	1:47.50	37.47	250m:	3:03.19	37.94	350m:	4:21.97	39.63
	100m:	1:10.03	36.53	200m:	2:25.25	37.75	300m:	3:42.34	39.15	400m:	4:59.45	37.48
3.	Mielech Blanka			13	Olimpijczyk Kraków				5:10.76	406		
	50m:	34.96	34.96	150m:	1:54.09	39.88	250m:	3:15.17	40.66	350m:	4:34.71	39.45
	100m:	1:14.21	39.25	200m:	2:34.51	40.42	300m:	3:55.26	40.09	400m:	5:10.76	36.05
4.	Swat Lena			13	Park Wodny Tarn. Góry				5:10.91	406		
	50m:	34.40	34.40	150m:	1:51.86	39.14	250m:	3:11.57	39.75	350m:	4:32.77	39.83
	100m:	1:12.72	38.32	200m:	2:31.82	39.96	300m:	3:52.94	41.37	400m:	5:10.91	38.14
5.	Hrynczuk Maja			13	Olimpijczyk Kraków				5:11.36	404		
	50m:	34.27	34.27	150m:	1:53.39	40.47	250m:	3:13.89	41.37	350m:	4:34.04	39.48
	100m:	1:12.92	38.65	200m:	2:32.52	39.13	300m:	3:54.56	40.67	400m:	5:11.36	37.32



XXI Zawody o Puchar Rycerza Kmita
Zabierzów, 26/9/2026



Konkurencja 24, Dziewcząt, 400m dowolny, 13 lat

Pozycja	Rok ur.								Czas		Pkt.	
6.	Dąbrowa Aleksandra			13	Wodnik 29 Katowice					5:48.23	289	
	50m:	37.82	37.82	150m:	2:07.32	45.54	250m:	3:38.44	45.48	350m:	5:08.33	44.22
	100m:	1:21.78	43.96	200m:	2:52.96	45.64	300m:	4:24.11	45.67	400m:	5:48.23	39.90
7.	Jopek Maja			13	Jasień Sucha Besk.					5:56.35	269	
	50m:	37.17	37.17	150m:	2:04.86	45.42	250m:	3:38.15	46.41	350m:	5:12.50	46.79
	100m:	1:19.44	42.27	200m:	2:51.74	46.88	300m:	4:25.71	47.56	400m:	5:56.35	43.85
8.	Herbutowicz Kamila			13	Kmita Zabierzów					5:56.87	268	
	50m:	39.28	39.28	150m:	2:08.11	45.28	250m:	3:41.07	46.46	350m:	5:14.03	46.06
	100m:	1:22.83	43.55	200m:	2:54.61	46.50	300m:	4:27.97	46.90	400m:	5:56.87	42.84
9.	Prus Martyna			13	Jasień Sucha Besk.					5:58.40	265	
	50m:	39.02	39.02	150m:	2:08.29	45.23	250m:	3:41.22	46.32	350m:	5:13.83	45.83
	100m:	1:23.06	44.04	200m:	2:54.90	46.61	300m:	4:28.00	46.78	400m:	5:58.40	44.57

Konkurencja 24
26/9/2026 - 18:16

Dziewcząt, 400m dowolny

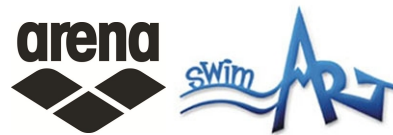
12 lat
Wyniki

Punkty: AQUA 2026

Pozycja	Rok ur.										Czas	Pkt.
1.	Cholewa Hanna				14	BOSiR Brzesko					5:05.40	428
	50m:	33.58	33.58	150m:	1:50.68	39.58	250m:	3:09.59	39.36	350m:	4:28.39	39.30
	100m:	1:11.10	37.52	200m:	2:30.23	39.55	300m:	3:49.09	39.50	400m:	5:05.40	37.01
2.	Mordarska Lilianna				14	STP Nowy Sącz					5:06.17	425
	50m:	33.83	33.83	150m:	1:49.82	38.39	250m:	3:08.87	39.33	350m:	4:29.11	40.27
	100m:	1:11.43	37.60	200m:	2:29.54	39.72	300m:	3:48.84	39.97	400m:	5:06.17	37.06
3.	Tarczoń Zofia				14	SMS Galicja Kraków					5:07.19	421
	50m:	34.67	34.67	150m:	1:53.31	39.40	250m:	3:12.55	40.32	350m:	4:31.34	37.95
	100m:	1:13.91	39.24	200m:	2:32.23	38.92	300m:	3:53.39	40.84	400m:	5:07.19	35.85
4.	Podsiadło Ada				14	CSiR MOS Dąbrowa Grn.					5:14.51	392
	50m:	34.64	34.64	150m:			250m:			350m:	4:37.15	
	100m:	1:13.62	38.98	200m:			300m:			400m:	5:14.51	37.36
5.	Jurkiewicz Laura				14	Wodnik 29 Katowice					5:27.62	347
	50m:	37.48	37.48	150m:	3:26.96	1:25.05	250m:	4:49.58	41.37	350m:		
	100m:	2:01.91	1:24.43	200m:	4:08.21	41.25	300m:			400m:	5:27.62	
6.	Czesak Alicja				14	Biezanowianka Kraków					5:34.12	327
	50m:	34.97	34.97	150m:	1:57.60	42.70	250m:	3:25.68	44.26	350m:		
	100m:	1:14.90	39.93	200m:	2:41.42	43.82	300m:	4:09.98	44.30	400m:	5:34.12	
7.	Napierska Ada				14	SMS Galicja Kraków					5:37.23	318
	50m:	37.86	37.86	150m:	2:03.83	43.11	250m:	3:30.94	43.55	350m:	4:56.20	41.54
	100m:	1:20.72	42.86	200m:	2:47.39	43.56	300m:	4:14.66	43.72	400m:	5:37.23	41.03
8.	Polishchuk Maria				14	Biezanowianka Kraków					5:38.24	315
	50m:	38.92	38.92	150m:	2:04.85	43.97	250m:	3:30.73	43.45	350m:		
	100m:	1:20.88	41.96	200m:	2:47.28	42.43	300m:	4:14.66	43.93	400m:	5:38.24	
9.	Woźniak Zofia				14	SMS Galicja Kraków					5:54.99	272
	50m:	38.22	38.22	150m:	2:08.43	45.48	250m:	3:40.34	45.92	350m:	5:11.66	45.01
	100m:	1:22.95	44.73	200m:	2:54.42	45.99	300m:	4:26.65	46.31	400m:	5:54.99	43.33
10.	Hardek Julia				14	Olimpijczyk Kraków					5:57.23	267
	50m:	37.96	37.96	150m:	2:08.37	45.73	250m:	3:41.39	46.66	350m:	5:13.38	45.83
	100m:	1:22.64	44.68	200m:	2:54.73	46.36	300m:	4:27.55	46.16	400m:	5:57.23	43.85
11.	Eluwodin Hanna				14	SMS Galicja Kraków					5:57.68	266
	50m:	38.68	38.68	150m:	2:09.40	46.69	250m:	3:43.24	46.07	350m:	5:16.89	46.78
	100m:	1:22.71	44.03	200m:	2:57.17	47.77	300m:	4:30.11	46.87	400m:	5:57.68	40.79



XXI Zawody o Puchar Rycerza Kmita
Zabierzów, 26/9/2026



Konkurencja 24, Dziewcząt, 400m dowolny, 12 lat

Pozycja	Rok ur.								Czas	Pkt.		
12.	Chruzik Zuzanna		14	SMS Galicja Kraków					6:02.67	255		
	50m:	39.48	39.48	150m:	2:11.78	47.28	250m:	3:46.14	47.52	350m:	5:19.92	46.71
	100m:	1:24.50	45.02	200m:	2:58.62	46.84	300m:	4:33.21	47.07	400m:	6:02.67	42.75
13.	Mierzwińska Barbara		14	SMS Galicja Kraków					6:08.23	244		
	50m:	40.61	40.61	150m:	2:15.25	47.70	250m:	3:51.63	48.81	350m:	5:27.40	47.12
	100m:	1:27.55	46.94	200m:	3:02.82	47.57	300m:	4:40.28	48.65	400m:	6:08.23	40.83
14.	Pieniądz Amelia		14	SMS Galicja Kraków					6:12.69	235		
	50m:	37.66	37.66	150m:	2:10.34	47.73	250m:	3:46.73	48.86	350m:	5:25.79	49.75
	100m:	1:22.61	44.95	200m:	2:57.87	47.53	300m:	4:36.04	49.31	400m:	6:12.69	46.90
15.	Biłska Lena		14	SMS Galicja Kraków					6:18.21	225		
	50m:	41.23	41.23	150m:	2:18.31	48.98	250m:	3:56.31	48.24	350m:	5:34.69	49.08
	100m:	1:29.33	48.10	200m:	3:08.07	49.76	300m:	4:45.61	49.30	400m:	6:18.21	43.52
16.	Marek Emilia		14	SMS Galicja Kraków					6:27.06	210		
	50m:	40.99	40.99	150m:	2:17.09	49.44	250m:	3:57.85	50.26	350m:	5:38.73	50.26
	100m:	1:27.65	46.66	200m:	3:07.59	50.50	300m:	4:48.47	50.62	400m:	6:27.06	48.33